

# Time Course Effect of R-Alpha-Lipoic Acid on Cellular Metabolomics in Cultured Hepatoma Cells

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# **Time-course Effect of R-Alpha-Lipoic Acid on Cellular Metabolomics in Cultured Hepatoma Cells**

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**Abstract:** Alpha-lipoic acid (LA) is a powerful antioxidant. LA has two enantiomers, R(+)-LA (R-LA) and S(-)-LA (S-LA). Of these, R-LA is naturally occurring and an essential cofactor in energy metabolism. R-LA treatment has been reported to affect glucose metabolism in rat hepatoma cells. This study analyzed the time-course of metabolite levels in LA-treated cultured H4IIEC3 rat hepatoma cells, including a specific evaluation of the effect of R-LA and the enantioselectivity of LA. Principal component analysis showed that this experiment was well designed to observe enantioselectivity. R-LA treatment was found to inhibit the glycolysis and Thr-Gly-Ser pathways, as well as lactic acid production, leading to the inhibition of gluconeogenesis in starved H4IIEC3 cells. Present data may provide mechanistic insight by which R-LA induces apoptosis in hepatoma cells.

**Keywords:** lipoic acid; metabolomics; enantioselectivity; gluconeogenesis; H4IIEC3; hepatoma cells; amino acids;

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## 1. Introduction

Alpha-lipoic acid (LA) is a powerful antioxidant, leading to its use in pharmaceuticals and nutraceuticals. The C<sub>6</sub> carbon of LA exhibits a chiral center (*Appendix* figure A1(a), (b)), resulting in two enantiomers, R(+)-LA (R-LA) and S(-)-LA (S-LA). R-LA occurs naturally and is a cofactor for mitochondrial enzymes, such as pyruvate,  $\alpha$ -ketoglutarate, and branched-chain  $\alpha$ -ketoacid dehydrogenases<sup>1</sup>, thereby playing an important role in energy metabolism. Pure R-LA is sensitive to physical stimuli such as light and heat. Recently it has been reported that the stabilized R-LA affects energy expenditure in laboratory mice.<sup>2,3</sup> Nevertheless, commercially available LA is mainly a racemate.

Many studies on LA have been done in cells<sup>4,5</sup> and animals<sup>2</sup> because of its antioxidant properties, and particularly the prevention and/or treatment of diabetic complications.<sup>6</sup> LA has been shown to stimulate glucose uptake, via both GLUT4 translocation and GLUT4 activation, in 3T3-L1 adipocytes and L6 myotubes<sup>7</sup>. In both cell types, R-LA was more effective than S-LA or the racemic mixture and was comparable with insulin-induced.<sup>8</sup> In tumor cell lines, however, R-LA can reduce cell viability/proliferation, uptake of [18F]-FDG and lactate production and increase apoptosis.<sup>9</sup> LA induces apoptosis by increasing mitochondrial respiration, along with the concomitant generation of superoxide anion free radicals (O<sub>2</sub><sup>•-</sup>), in human colon cancer<sup>10</sup>, lung cancer<sup>11</sup> and hepatoma<sup>12</sup> cells. Exposure of primary cultured rat hepatocytes to therapeutically relevant concentrations of R-LA for 3 hours was found to increase pyruvate oxidation, apparently by activation of the PDH complex, and to decrease gluconeogenesis and free fatty acid (FFA) oxidation.<sup>13</sup> Another study reported that the anti-apoptotic effect of R-LA was due to its activation of the insulin receptor/PI3-kinase/Akt pathway.<sup>14</sup> In that study, R-LA was shown to bind directly to the tyrosine kinase domain of insulin receptor, blocking the hepatocyte apoptosis induced by actinomycin D/TNF-R. Our investigation of the effects of enantiometric pure R-LA on signaling pathways and oxidative stress in cancer cell lines showed that R-LA inhibited human lung cancer cell proliferation and inhibited apoptosis of human neuroblastoma cell lines by protecting against buthionine sulfoximine (BSO)-induced glutathione depletion.<sup>15,16</sup>

Because R-LA is found in liver and is an essential cofactor in energy metabolism, it should affect the concentrations of various metabolites in hepatocytes. Our group reported that intercellular ROS may affect insulin signaling in the H4IIEC rat hepatoma cell line.<sup>17</sup> Although we found that treatment with R-LA for 24 h had a little effect on intercellular metabolite concentrations, probably due to the very rapid metabolism of R-LA (data not shown). The concentrations of some metabolites tended to be higher in DL-LA treated than in R-LA treated cells. Pharmacokinetic investigations showed that the time to reach maximum concentration (T<sub>max</sub>) of plasma LA concentration was around 30 min after oral administration of LA to humans<sup>18</sup> and around 10 min in rats.<sup>19</sup> Plasma LA concentrations returned to baseline 2 h after LA administration, indicating that LA metabolism is very rapid and that these metabolites are used or stored mainly in the liver. The aims of this study were to assess the time-course of metabolite concentrations in LA-treated rat hepatoma cells and especially to compare the effects of pure R-LA with the racemate.

## 2. Materials and Methods

### 2.1. Chemicals

R(+)-alpha-lipoic acid (R-LA) was purchased from Toyo Hakko Co., Ltd (Obu, Japan) and DL-alpha-lipoic acid (DL-LA) was purchased from Sigma-Aldrich Japan K.K. (Osaka, Japan). Dulbecco's modified Eagle medium (D-MEM), L-glutamic acid, penicillin, streptomycin and phosphate buffered saline (PBS) were purchased from Wako Pure Chemical Ind., Ltd. (Osaka, Japan). Fetal bovine serum (FBS Gibco®) was purchased from Thermo Fisher Scientific K.K. (Yokohama, Japan), methoxyamine hydrochloride was purchased from Sigma-Aldrich Japan Co. LLC. (Tokyo, Japan), and N-methyl-N-TMS-trifluoroacetamide (MSTFA) was purchased from GL Science Inc. (Tokyo, Japan). All reagents used in this study were of analytical grade or higher. Water was purified using a Milli-Q® water purification system (Merck Millipore, Billerica, MA, USA). All chemicals were used as supplied without further purification.

### 2.2. Cell culture

H4IIEC3 cells (American Type Culture Collection, Manassas, VA, USA) were cultured in DMEM supplemented with 10% FBS, penicillin (100 U/mL) and streptomycin (0.1 mg/mL) at 37°C in a humidified atmosphere containing 5% CO<sub>2</sub>. The cells (7<sup>th</sup> passage cells) were cultured to 80–90% confluence in 10 cm dishes. After removal of the culture medium and washing with PBS, the cells were subjected to the serum starvation for 16 h by culturing in DMEM alone. To assess the effects of R-LA and DL-LA on hepatic metabolism, these cells were treated with the 10 mL DMEM medium containing 100 µM R-LA or DL-LA and ethanol (maximum 0.002 vol%) for 0.5, 1, 3, 6, 12 and 24 h. Control samples were treated identically, but without addition of R-LA or DL-LA. The medium was removed, the cells in dishes were washed twice with PBS, and 800 µL of 80% methanol was added to each dish. The cells were transferred into clean 1.5 mL tubes using a cell scraper and stored at -80°C.

### 2.3. Analysis of Aqueous Metabolites

Aqueous metabolites were analyzed using GC/MS. Metabolites were extracted and derivatized as described<sup>20</sup>, with the following modifications. A 5 µL aliquot of 0.5 mg/mL 2-isopropylmalic acid (internal standard) was added to each defrosted cell sample. The samples were sonicated for 20 s (UR-21P, Tomy Seiko Co., Ltd., Tokyo, Japan) to break the cellular membrane, and the mixtures were incubated for 30 min at 37°C and centrifuged at 15,000 ×g for 3 min at 4°C. An 800 µL aliquot of each supernatant was transferred to a clean 2.0-mL tube; and the residual solid sample was evaporated in a vacuum centrifuge dryer for 1 h. To each tube containing supernatant was added 500 µL of chloroform, followed by vortexing and centrifugation at 15,000 ×g for 3 min at 4°C. Each supernatant (800 µL) was transferred to clear 1.5 mL tubes, to which was added 200 µL of Milli-Q water. The tubes were vortexed and centrifuged at 15,000 ×g for 3 min at 4°C. Each supernatant (1000 µL) was transferred to a clear 1.5 mL tube and evaporated in a vacuum centrifuge dryer for 1 h. These samples were subsequently freeze-dried overnight.

For oximation, 50 µL of methoxyamine hydrochloride in pyridine (20 mg/mL) was added to each sample, followed by vortexing, sonication in a water bath for 20 min, and incubation for 90 min at 30°C. For trimethyl silylation, 25 µL of MSTFA was added to each sample, followed by incubation at 37°C for 30 min and centrifugation at 15,000 ×g for 5 min. The resulting supernatant was transferred to an amber GC/MS vial, followed by analysis on a GCMS-QP 2010 Ultra (Shimadzu, Kyoto, Japan), using the following parameters. The column was a 30 m×0.25 mm i.d. fused silica capillary column coated with 0.25 µm CP-SIL 8 CB low bleed/MS (Agilent Technologies, CA, USA). The front inlet temperature was 230°C. The helium gas flow rate through the column was 1.12 mL/min. The column temperature was held at 80°C for 2 min isothermally, increased 15°C/min to 330°C and held at 330°C for 6 min isothermally. The interface and ion source temperatures were 250°C and 200°C, respectively. The MS scan started at 3.55 min and ended at 24.00 min, with scans recorded over a mass range 85–500 m/z at a scan speed of 10,000 amu/sec. Injection volume was 1 µL and split mode was 25/1 (v/v).

### 2.4. GC/MS data analysis

Data were pre-processed using MetAlign (RIKILT, Wageningen University and Research Centre, Netherland).<sup>21</sup> A1output was used for peak identification, prediction, and data integration from results exported from MetAlign, user defined retention times and a library of spectra.<sup>22</sup> A1output is an analysis tool for GC/MS based metabolomics written in visual basic for application (VBA, excel macro) and available in

Microsoft Excel Windows. Peak intensity data were calculated by Aloutput based on the results of protein assays.

### 2.5. Protein Assay

Cellular proteins were assayed using the Pierce<sup>®</sup> BCA protein assay kit (Thermo Fisher Scientific K.K., Yokohama, Japan). Briefly, each residual solid sample following extraction was resuspended in 1 mL of 20 mM HEPES (pH 7.4), 20 mM NaCl, 1% NP40 and 1% SDS. After 1 min of sonication, 10 µL of sample was mixed with 200 µL of reaction solution (a mixture of reagents A and B prepared as described in the user guide) in 96 well plates. The sample mixtures and standard solutions (0, 250, 500, 1000 and 2000 µg/mL) were incubated at 37°C for 30 min, and the absorbance at 570 nm were measured using a Microplate Reader (Multiskan FC, Thermo Fisher Scientific K.K., Yokohama, Japan). GC/MS peak intensities were adjusted based on calculated protein concentrations.

### 2.6. Statistics

Data were expressed as means  $\pm$  SD. Dunnet's test was used to compare findings in R-LA and DL-LA treated cells with those in control cells, and Tukey's test was used to compare findings in R-LA and DL-LA treated cells. All statistical analyses were performed using Pharmaco Analyst (Three S Japan Corporation, Tokyo, Japan), with p values <0.05 considered statistically significant.

## 3. Results

After excluding metabolites over the upper limit of detection (e.g. phosphate), a total of 59 metabolites were detected (Table 1). Starvation of the H4IIEC3 hepatoma cell line can result in the generation of glucose through gluconeogenesis. In this study, H4IIEC3 cells were starved for 16 h before treatment with LA. Control cells, which were not treated with LA, should carry out gluconeogenesis and glucose consumption at the same time. (The metabolic pathway of glucose is depicted in *appendix* figure A1(c)).

### 3.1. LA-induced hepatic central carbon profile

#### 3.1.1. Glycolysis pathway

LA has been reported to stimulate glucose uptake via both GLUT4 translocation and GLUT4 activation in hepatocytes, adipocytes and myotubes.<sup>7</sup> Because protein-bound R-LA is a cofactor of the enzyme, pyruvate dehydrogenase, LA may affect both the beginning and end of glycolysis. We therefore evaluated the effects of R-LA and DL-LA on the cellular levels of five glycolysis metabolites (Figure 1(a) to (e)). Glucose levels did not differ significantly among the two LA-treated cells and the control cell, but tended to be lower in LA-treated than in control cells after 3 h. The cellular level of fructose-6-phosphate was significantly lower in R-LA-treated than in DL-LA-treated and control cells at 12 and 24 h and tended to be lower in DL-LA-treated than in control cells. Cellular concentrations of phosphoenolpyruvate were significantly lower in LA-treated than in control cells at 12 h, and were significantly lower in R-LA treated than in control cells at 24 h. Because the methodology used detected pyruvate and oxaloacetic acid as the same component, they could not be distinguished. The level of pyruvate plus oxaloacetic acid was significantly lower in LA treated than in control cells at 12 h and tended to be lower after 3–24 h. The levels of all these central carbon metabolites changed drastically at 0.5 h, indicating that cellular energy metabolism was very rapid and that LA affected the cellular glycolysis pathway quickly (Figure 2).

LA also affected the profile of lactic acid, which is produced from pyruvate under anaerobic conditions. Lactic acid levels were significantly lower in R-LA treated than in control cells at 6 and 24 h and were significantly lower in DL-LA treated than in control cells at 12 h. Lactic acid levels tended to be lower in LA treated than in controls throughout the test period.

### 3.1.2. TCA cycle

Protein-bound R-LA is a cofactor of the enzymes pyruvate dehydrogenase and  $\alpha$ -ketoacid dehydrogenase, thereby affecting the initiation and middle of the tricarboxylic acid cycle (TCA) cycle (*Appendix* figure A1(c)). Four metabolites of the TCA cycle were detected (Figure 1(e), (f) to (h)), the combination of citric acid and isocitric acid, fumaric acid, malic acid and the combination of pyruvate and oxaloacetic acid. Cellular citric acid and isocitric acid levels were significantly lower in cells treated with LA than in control cells at 12 and 24 h. In control cells, citric and isocitric acid levels were significantly higher after 3 h than at base line (0 h), whereas, in LA treated cells, citric acid and isocitric acid levels did not increase. Fumaric acid levels showed a similar pattern, increasing gradually but significantly in the control group after 0 h and decreasing slightly at 24 h. Fumaric acid levels in LA-treated cells were unchanged and were significantly lower than in control cells at 6, 12 and 24 h. Cellular malic acid levels showed a similar pattern, except that malic acid level at 24 h was significantly lower in R-LA than in DL-LA treated cells.

## Figure 1.

### 3.2. Enantioselective influence on amino acid profile

#### 3.2.1. Asn and Asp (converted to oxaloacetic acid)

Aspartic acid (Asp) is a metabolite in the urea cycle and participates in gluconeogenesis. It carries reducing equivalents in the malate-aspartate shuttle, involving the ready interconversion between aspartate and oxaloacetate, the oxidized (dehydrogenated) derivative of malic acid. Aspartate provides one nitrogen atom in the biosynthesis of inosine, the precursor to the purine bases. In addition to its uses in the synthesis of pyrimidine and purine, aspartic acid acts as a hydrogen acceptor in ATP synthase. LA treatment reduced Asp level at 0.5 h, whereas control, untreated cells showed a slight increase at 0.5 h. At every measurement point in this experiment, cellular Asp level was lower in LA-treated than in control cells (Figure 2(a)). At 12 and 24 h, the cellular Asp level was significantly lower in R-LA treated than in DL-LA treated cells. Asparagine (Asn) was not detected in these experiments.

#### 3.2.2. Ala, Gly, Ser, Thr, and Cys (utilized by pyruvate)

Amino acids such as alanine (Ala) and glycine (Gly), which are components of skeletal muscle proteins, are transported to the liver and stored or used there. A part of the amino acid threonine (Thr) is transformed to succinyl-CoA via propionyl-CoA. Enzymes mediate the transformations of threonine to glycine and to serine (Ser). Ser is biosynthesized from 3-phosphoglycerate, one of the intermediate products in the glycolysis pathway, and is transformed enzymatically into pyruvate during gluconeogenesis. The serine levels of LA-treated cells decreased at 0.5 h, whereas those of control cells did not. Throughout treatment, serine levels remained higher in the control than in LA-treated cells. Levels of glycine and threonine, which are upstream of in gluconeogenesis, decreased at 0.5 h in all tested groups, but were significantly lower in R-LA-treated than in control and DL-LA-treated cells at 1, 3, 6, 12 and 24 h. Ala concentrations decreased in all three groups at 0.5 h and remained lower at subsequent time points in LA-treated than in control cells. Alanine levels recovered to baseline in the control, but not in the R-LA treated, group at 24 h (Figure 2(b) to (e)).

#### 3.2.3. Pro, Arg, His, Glu, and Gln (transformed to $\alpha$ -ketoglutaric acid)

Proline (Pro), arginine (Arg), histidine (His) and glutamic acid (Glu) are transformed to glutamine (Gln) and then enzymatically converted to  $\alpha$ -ketoglutaric acid, which enters the TCA cycle of gluconeogenesis.

Proline concentrations after 1 h were significantly lower in R-LA than in control and DL-LA-treated cells and also differed significantly in R-LA and DL-LA treated cells at 12 and 24 h. Glutamic acid level increased at 0.5 h in control and DL-LA-treated cells, but remained unchanged in R-LA-treated cells, being much lower in the latter than in the other two groups. After 1 h, glutamic acid levels in the control and DL-LA-treated cells decreased to baseline; after 3 h, glutamic acid level increased slightly in control cells, but remained lower (near zero) in R-LA-treated cells. After 12 h, glutamic acid level was lower in DL-LA-treated than in control cells (Figure 2(f), (g)).

#### 3.2.4. Val, Ile, and Met (converted to succinyl-CoA)

Valine (Val), isoleucine (Ile) and methionine (Met) are converted to propionate-CoA, transformed to succinyl-CoA, and enter the TCA cycle; through oxaloacetic acid, they are used in gluconeogenesis. Beginning after 0.5 h, and throughout the duration of exposure, valine and isoleucine levels were lower in cells treated with R-LA and DL-LA than in control cells (Figure 2(h), (i)).

#### 3.2.5. Leu, Lys, and Trp

Leucine (Leu) and lysine (Lys) are ketogenic amino acids that can be degraded directly to acetyl-CoA. In contrast to the glucogenic amino acids, which are converted to glucose, these ketogenic amino acids are not converted to glucose. In humans, Leu and Lys are exclusively ketogenic. Tryptophan (Trp) is an essential  $\alpha$ -amino acid in humans. Trp is metabolized in the cytoplasm and converted to alanine, a glucogenic amino acid. In the mitochondria, Trp, like Lys, is metabolized to acetyl-CoA. Trp levels were significantly lower in R-LA-treated than in DL-LA-treated and control cells at 1 h and were significantly lower in DL-LA-treated than in control cells at 12 and 24 h. The cellular Lys level and the Trp level showed the different profiles, that is because Lys is one of the ketogeneic amino acids (Figure 2(j), (k)).

### Figure 2.

**Table 1.** Levels of metabolites in H4IIEC cells treated with R-LA, DL-LA, or untreated (control).

Values are expressed as mean of relative abundance (n=3). \* $p < 0.05$ , \*\* $p < 0.01$  vs. control. # $p < 0.05$ , ## $p < 0.01$  vs. DL-LA.

### 3.3. PCA analysis

Principal component analysis (PCA) is a statistical procedure, which is currently one of the most widely used methodologies to analyze metabolomic data. PCA analysis of metabolomic data using SIMCA (Umetrics, Malmö, Sweden) software showed that the cells treated with DL-LA and R-LA could be clearly segregated from the non-treated control cells at 0.5, 6 and 12 h (Figure 3). At these three time points, the performance parameters of R2X[1] were 0.469, 0.681, and 0.738, respectively, and the parameters at R2X[2] were 0.323, 0.185, and 0.190, respectively, indicating that the model was reliable and highly predictive. This analysis identified 32 metabolites at 6 h and 35 at 12 h with  $R^2 > 0.8$ . Their Q2 values were also high, further indicating that the PCA model could well explain the data set and have good predictive ability.

### Figure 3.

## 4. Discussion

Intracellular glucose is phosphorylated to glucose 6-phosphate; isomerization of glucose 6-phosphate yields fructose 6-phosphate (F6P), which lies within the glycolysis metabolic pathway. In untreated (control) H4IIEC3 cells, F6P levels were higher at 0.5 h than at baseline, decreasing at 6 h, and increasing at 12 and 24 h. R-LA treatment kept the cellular F6P level significantly lower than in control cells at 12 and 24 h. Phosphoenolpyruvate (PEP) is another intermediate metabolite in the glycolysis metabolic pathway. Metabolism of PEP to pyruvate by pyruvate kinase generates one molecule of adenosine triphosphate (ATP) via substrate-level phosphorylation. In contrast to most normal cells, in which energy is produced by a comparatively low rate of glycolysis followed by oxidation of pyruvate in mitochondria, energy in most cancer cells results from the Warburg effect, in which energy is produced predominantly by a high rate of glycolysis followed by lactic acid fermentation in the cytosol.<sup>23-26</sup> The metabolic profiles of F6P, PEP and lactic acid in these H4IIEC3 cells are consistent with the Warburg effect. Although the profile of pyruvate should be similar to that of lactic acid, the methodology we used could not distinguish between pyruvate and oxaloacetic acid. LA has been reported to reduce cell viability/proliferation, glucose uptake and lactate production, and to increase apoptosis, in tumor cell lines.<sup>9</sup> We found that R-LA treatment of H4IIEC3 cells reduced glucose uptake, ultimately reducing the production of lactic acid. These results indicate that R-LA inhibited the glycolysis metabolic pathway in these H4IIEC3 cells.

The intermediate metabolites of the TCA cycle, including pyruvate and oxaloacetic acid, citric acid and isocitric acid, fumaric acid, and malic acid, showed lower relative abundance than the metabolites of the glycolysis pathway, such as lactic acid, in H4IIEC3 cells. These results indicate that a greater amount of pyruvate was converted to lactic acid than taken up by the mitochondria. This was due to the Warburg effect, which resulted in a change from the oxidative (pyruvate/acetylCoA) to the non-oxidative (pyruvate/lactate) metabolic pathway. Next, we focused our attention on the level of pantothenate. Pantothenate is well known to be involved in the synthesis of coenzyme A (CoA) and CoA is also the cofactor of pyruvate dehydrogenase and  $\alpha$ -ketoglutaric acid in the TCA cycle. The results of pantothenate are also consistent with this observation. R-LA treated cellular pantothenate level is significantly lower than those of control and DL-LA treated cell, which means the predominance of the non-oxidative pathway (pyruvate/lactate) by R-LA treatment (Figure 2(1)).

Assessment of amino acid metabolism showed that LA treatment reduced the amounts of amino acids in these cells, beginning at 0.5 h. Serine and alanine, which are biosynthesized in the body and converted to pyruvate, were significantly decreased by LA treatment. Glycerate 3-phosphate (GP), one of the intermediate metabolites in the glycolysis pathway, is a precursor of serine. Because LA treatment inhibited the glycolysis pathway, the GP level was low, reducing the serine level in these cells. Gly and Thr lie upstream of serine in the Thr-Gly-Ser pathway. Cellular concentrations of Gly, Thr and Ser were significantly lower in R-LA treated than in untreated (control) and DL-LA treated cells, indicating enantio-selectivity for these three amino acids. The conversions of Thr to Gly and of Gly to Ser are catalyzed by serine hydroxymethyltransferase (SHMT). These results indicated that R-LA, but not DL-LA, down-regulated the

52 Thr-Gly-Ser pathway, inhibiting related enzymes such as SHMT. Taken together, these results indicated that  
53 R-LA treatment inhibited glycolysis, lactic acid production and the Thr-Gly-Ser pathway, ultimately  
54 inhibiting gluconeogenesis, in H4IIEC3 cells.

55 In both untreated and DL-LA treated cells, Glu concentrations were markedly higher at 0.5 h than at baseline,  
56 with both decreasing at 1 h. These findings may be due to exchange of the culture medium, which contained a  
57 high concentration of glutamic acid. Just after the exchange of medium, H4IIEC3 cells absorbed Glu rapidly.  
58 R-LA treatment, however, resulted in low Glu concentrations throughout the experiment. This result can be  
59 explained by considering the level of pyroglutamic acid, which is derived from glutathione by the action of an  
60 enzyme,  $\gamma$ -glutamyl cyclotransferase. Pyroglutamic acid is the precursor of glutamic acid. R-LA treatment  
61 kept the cellular pyroglutamic acid level significantly lower than those of control and DL-LA treated cell at  
62 6–24 h (Figure 2(m)).

63

64 Many metabolites in H4IIEC3 cells showed rapid responses to LA treatment. Measurements of cellular  
65 metabolite levels 0.5 and 1 h after LA treatment were important in determining initial responses, whereas  
66 measurements at 6–24 h were important in determining the overall effect of LA treatment. We therefore  
67 classified the detected metabolites into the four major and four minor types (*Appendix*, Table A1). Most of the  
68 metabolites classified into the Control > DL-LA = R-LA type were TCA cycle components and saccharides.  
69 Most of the metabolites classified into the Control = DL-LA > R-LA type were amino acids. The metabolites  
70 classified into the Control > DL-LA > R-LA type included amino acids and glycolysis metabolites. We also  
71 identified 42 metabolites with quick responses to LA treatment (*Appendix*, Table A2), as shown by  
72 statistically significant difference between LA treated and untreated cells at 0.5 and/or 1 h. These results  
73 indicate that LA rapidly affects components of the glycolysis and amino acid pathways. Furthermore, R-LA  
74 and DL-LA did not have the same effects on metabolic pathways in H4IIEC3 cells.

75

## 76 5. Conclusions

77 PCA analysis was able to differentiate among the three groups of H4IIEC3 cells, those treated with  
78 R-LA and DL-LA and untreated cells, indicating that these experiments were well designed in assessing  
79 enantioselectivity and effect. The profiles of F6P, PEP and lactic acid in these cell types were very similar and  
80 indicated that the Warburg effect was observed under these experimental conditions. The time-course profiles  
81 of the cellular level of metabolites in the glycolysis pathway suggested that R-LA treatment decreased glucose  
82 uptake and the production of lactic acid, thus inhibiting the glycolysis metabolic pathway in H4IIEC3 cells.  
83 Pyruvate uptake into mitochondria would be lower than pyruvate conversion to lactic acid, because the  
84 Warburg effect results in a shift of oxidative (pyruvate/acetyl-CoA) to non-oxidative (pyruvate/lactate)  
85 metabolism. LA treatment reduced the cellular metabolites of the TCA cycle, but enantioselectivity was not  
86 observed. R-LA, but not DL-LA, reduced cellular Gly and Thr levels. Ser levels were lower in LA treated  
87 than in control cells, and were lower in R-LA treated than in DL-LA treated cells. Taken together, these  
88 results indicated that R-LA could down-regulate the Thr-Gly-Ser pathway but DL-LA could not (Figure 4).  
89 This study therefore indicated that R-LA treatment inhibited the glycolysis pathway, lactic acid production  
90 and the Thr-Gly-Ser pathway, resulting in the inhibition of gluconeogenesis in starved H4IIEC3 cells.  
91 Moreover, these findings may explain the mechanism by which LA induces apoptosis in hepatoma cells.<sup>12</sup>

92

93

94 **Figure 4.**

95

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100 manuscript; N.I., K.C., Y.A., Y.Y. and H.Y. prepared cells and conducted GC/MS analysis; N.I., K.C., Y.A., and S.M.  
101 performed the PCA analysis and calculated the data. All of the authors have read and approved the final manuscript.

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103 that could inappropriately influence this research or directly relevant to the content of this article.

104

## 105 Abbreviations

106 The following abbreviations are used in this manuscript:

107

108 G6P, glucose-6-phosphate; F6P, fructose-6-phosphate; PEP, phosphoenolpyruvic acid; AcCoA, acetyl-CoA; Cit, citrate;  
109 IsoCit, isocitrate; Akg,  $\alpha$ -ketoglutarate; Suc, succinyl-CoA; Fum, fumarate; Mal, malate; Oxa, oxaloacetic acid; Lac, lactate;  
110 Gln, glutamine; Glu, glutamic acid; PDH, pyruvate dehydrogenase; ADH,  $\alpha$ -ketoglutarate dehydrogenase; SDH, succinate  
111 dehydrogenase; LDH, lactate dehydrogenase; GDH, glutamate dehydrogenase; GLN, glutaminase; ALT, alanine  
112 transaminase; SDR, serine dehydratase; SHMT, serine hydroxymethyltransferase; GP, glycerate 3-phosphate.

113

## 114 Appendix

115 **Figure A1.** The chemical structures of (a) R-alpha-lipoic acid and (b) S-alpha-lipoic acid and (c) metabolic pathway of  
116 glucose. The asterisk indicates the chiral center. Abbreviations: G6P, glucose-6-phosphate; F6P, fructose-6-phosphate;  
117 PEP, phosphoenolpyruvate; AcCoA, acetyl-CoA; Cit, citrate; IsoCit, isocitrate; Akg,  $\alpha$ -ketoglutarate; Suc, succinyl-CoA;  
118 Fum, fumarate; Mal, malate; Oxa, oxaloacetic acid; Lac, lactate; Gln, glutamine; Glu, glutamic acid; PDH, pyruvate  
119 dehydrogenase; ADH,  $\alpha$ -ketoglutarate dehydrogenase; SDH, succinate dehydrogenase; LDH, lactate dehydrogenase;  
120 GDH, glutamate dehydrogenase; GLN, glutaminase; ALT, alanine transaminase; SDR, serine dehydratase.

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122 **Table A1.** Types of time-course changes in metabolite levels in LA treated H4IIEC cells.

123 Inequalities were defined as significant differences in at least two of the latter 3 time points at 6, 12 and 24 h. Equalities  
124 were defined as absence of significant differences among the three groups at these time points.

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127 **Table A2.** Metabolites responding rapidly to LA treatment.

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## 192 Figure Legend

193

194 **Figure 1.** Time-course of the relative abundance of the glycolysis metabolites (a) glucose, (b)  
195 fructose-6-phosphate, (c) phosphoenolpyruvate, (d) lactic acid and (e) pyruvate and oxaloacetic acid, and the  
196 TCA cycle metabolites (e), (f) citric acid and isocitric acid, (g) fumaric acid and (h) malic acid in H4IIEC3 cells  
197 following treatment with R-LA, DL-LA, or no treatment (control). Values are expressed as mean  $\pm$  SD (n=3).  
198 \* p< 0.05, \*\*p<0.01 vs. control. #p<0.05, ##p<0.01 vs DL-LA.

199

200

201 **Figure 2.** Time-course of the relative abundance of the amino acids (a) aspartic acid, (b) serine, (c) glycine,  
202 (d) threonine, (e) alanine, (f) proline, (g) glutamic acid, (h) valine, (i) isoleucine acid, (j) lysine, (k) tryptophan,  
203 (l) pantothenate and (m) pyroglutamic acid in H4IIEC3 cells following treatment with R-LA, DL-LA, or no  
204 treatment (control). Values are expressed as mean  $\pm$  SD (n=3). \* p< 0.05, \*\*p<0.01 vs. control. #p<0.05,  
205 ##p<0.01 vs DL-LA.

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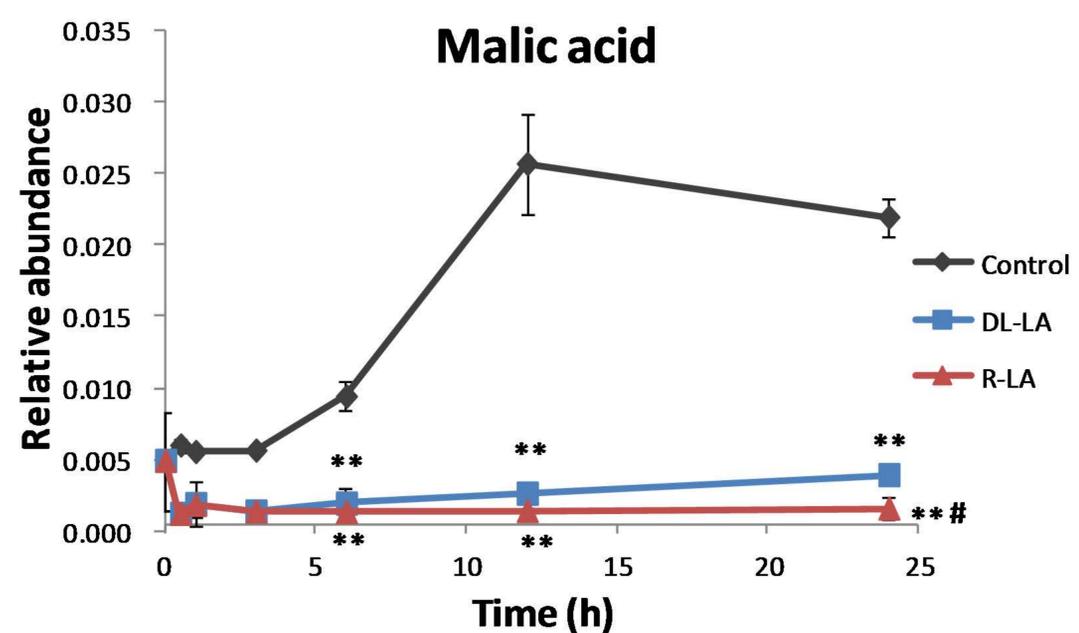
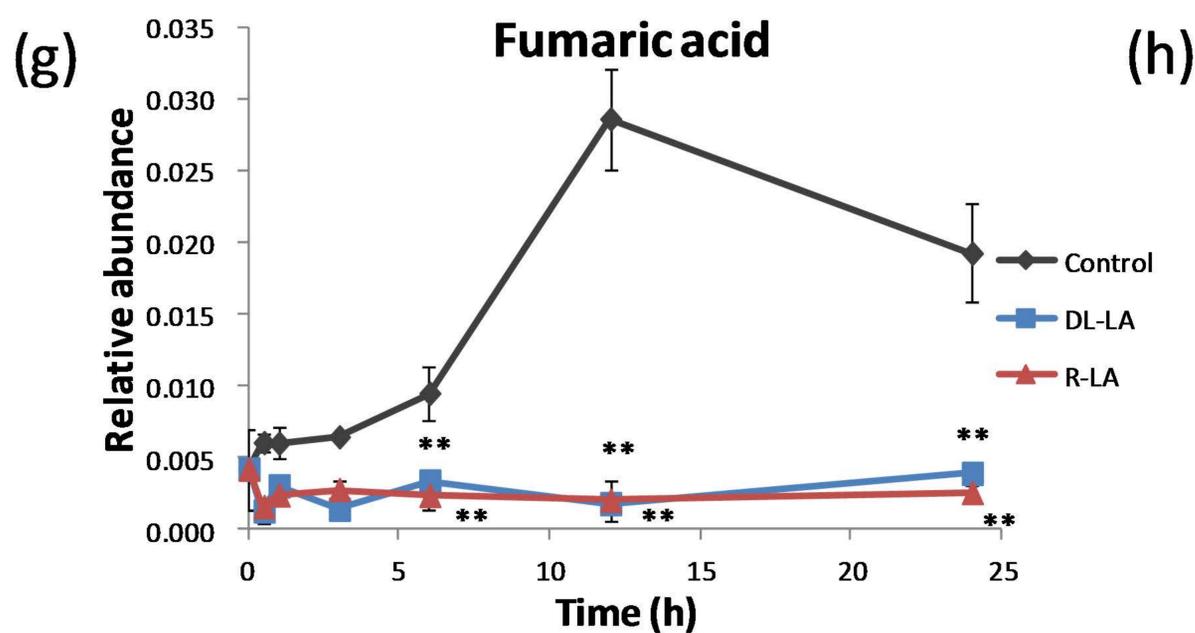
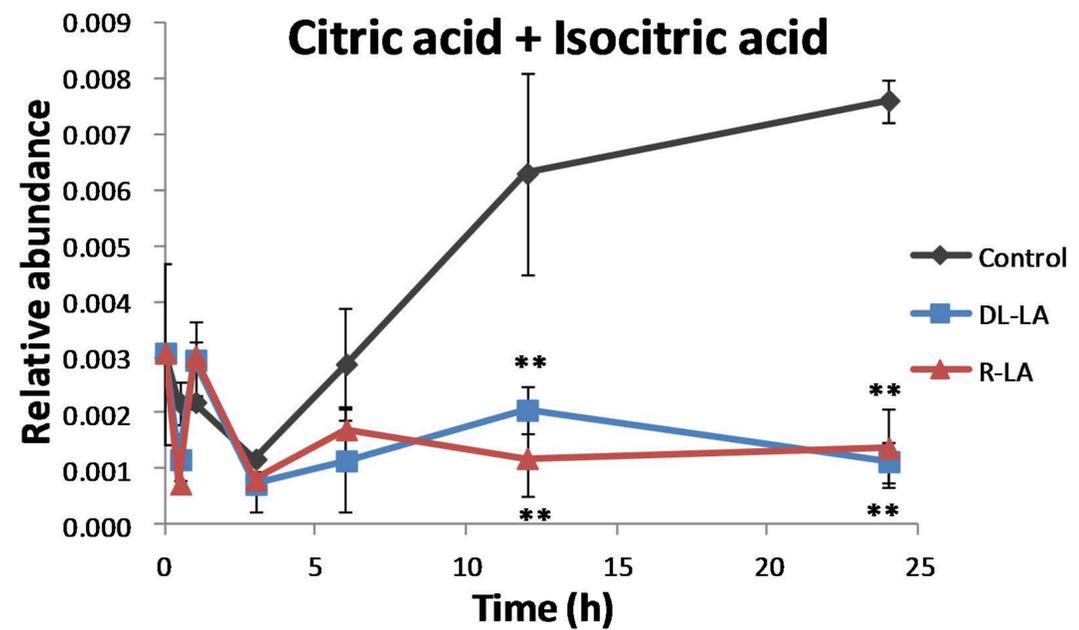
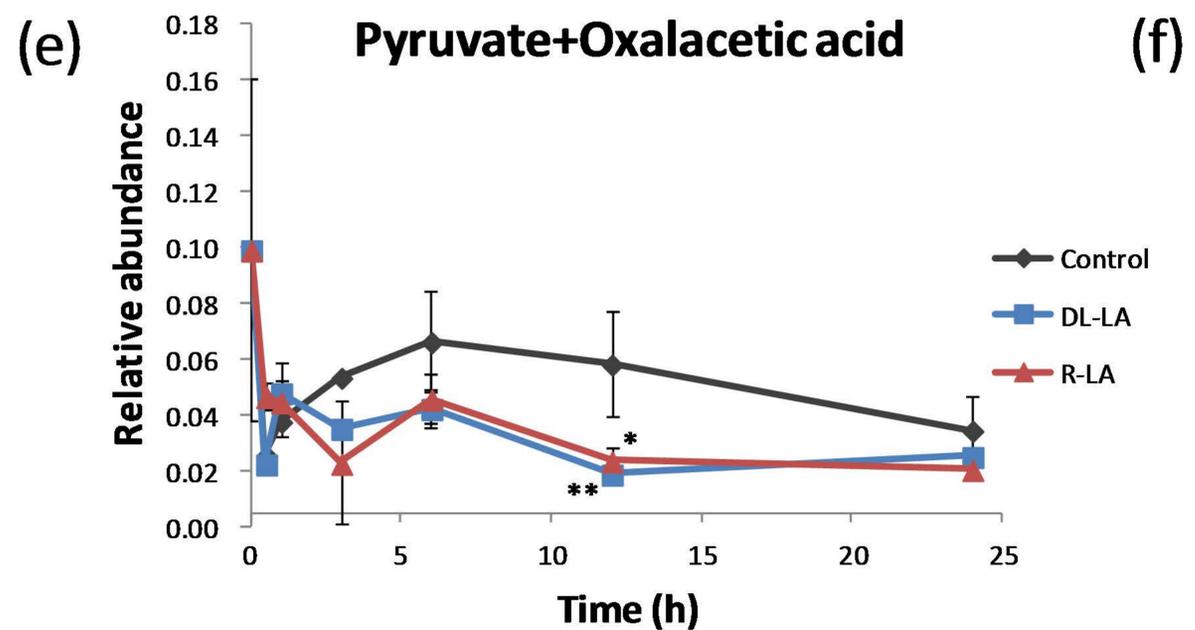
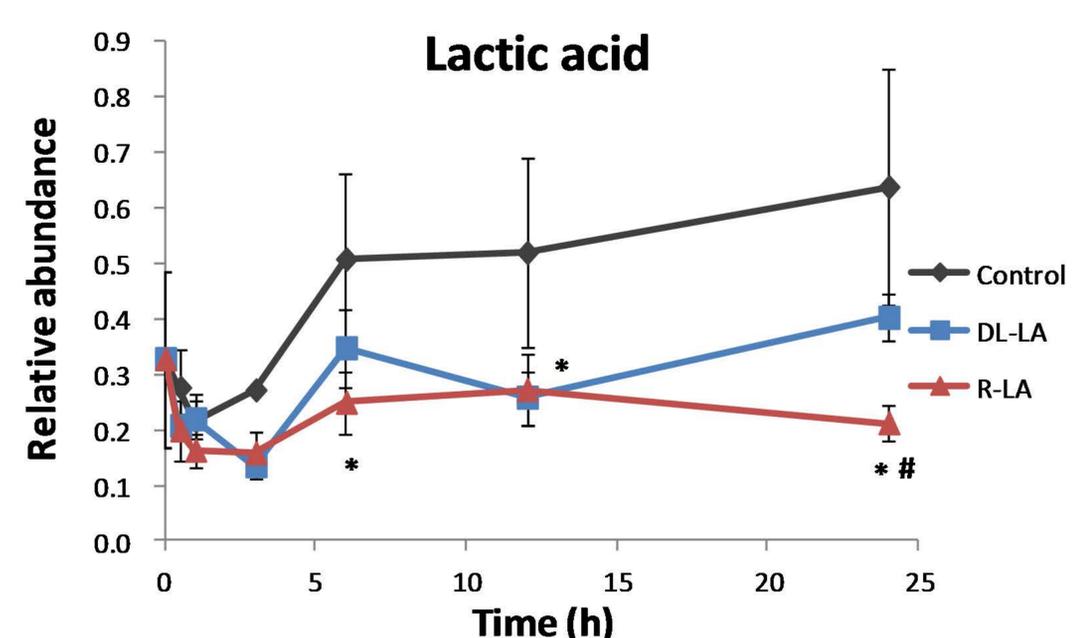
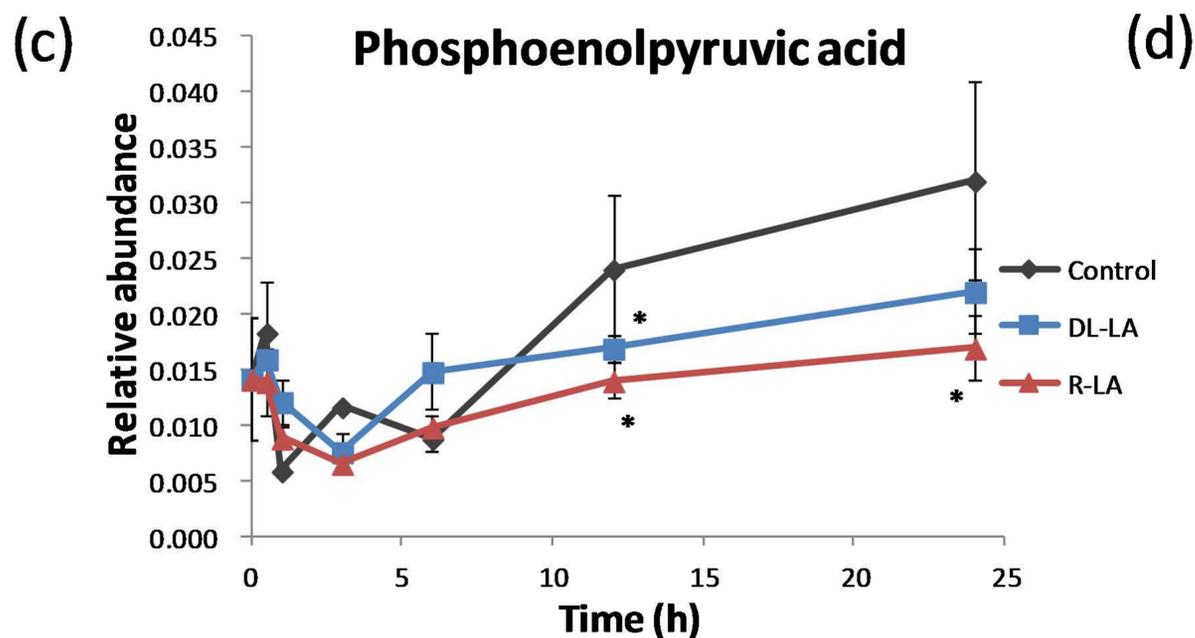
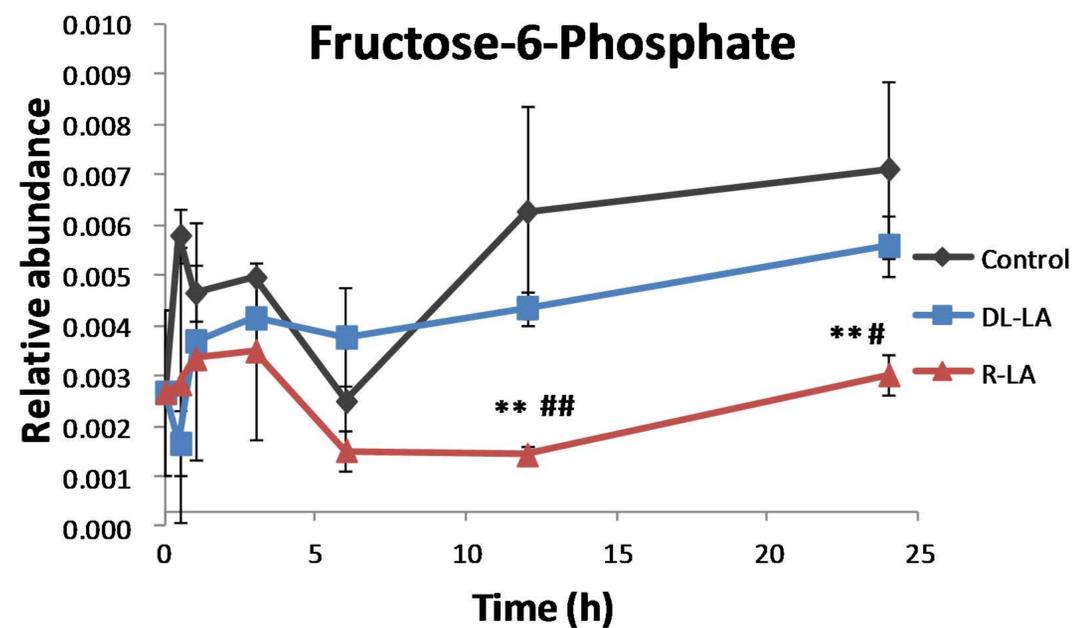
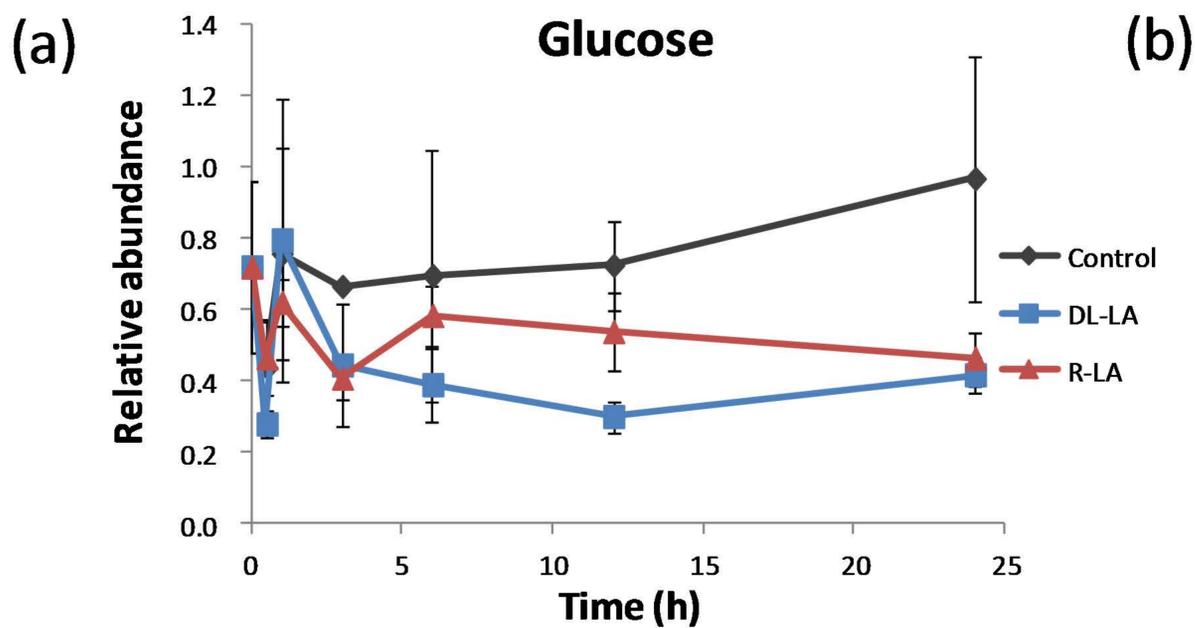
208 **Figure 3.** PCA scoring plots of the control (black squares), DL-LA treated (blue circles) and R-LA treated  
209 (red rhombuses) cells at (a) 0.5 h, (b) 6 h, (c) and 12 h. The x- and y-axes indicate the first principal and  
210 second principal components, respectively.

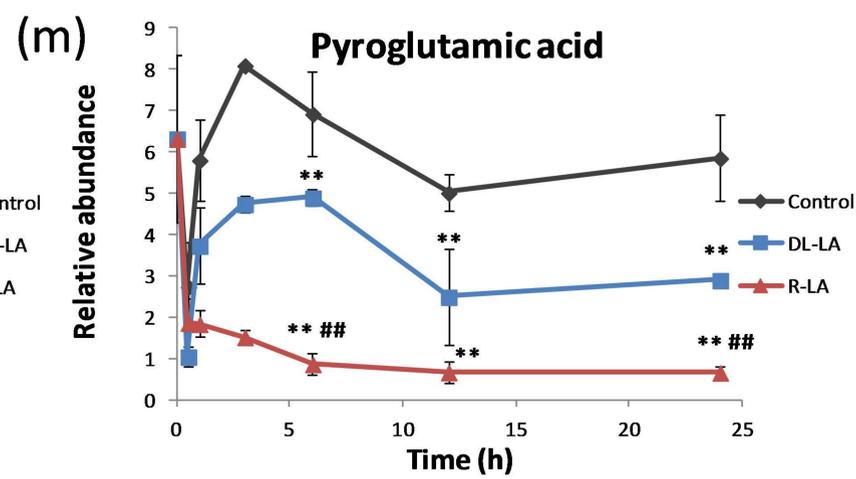
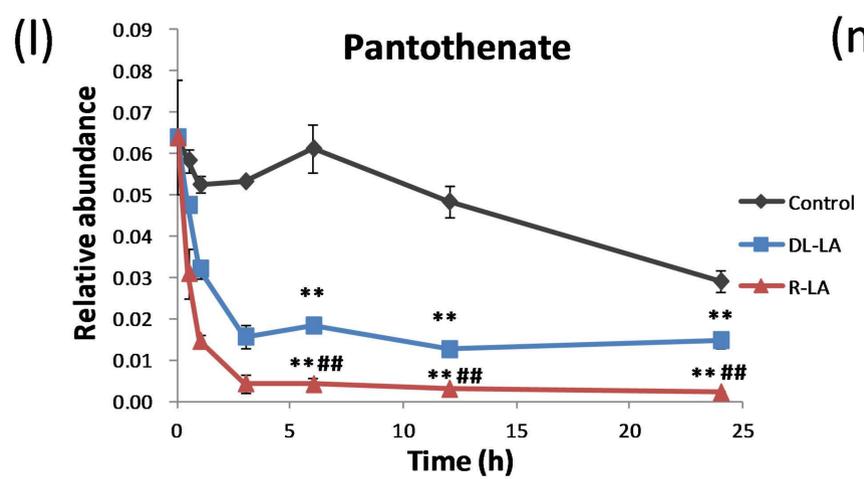
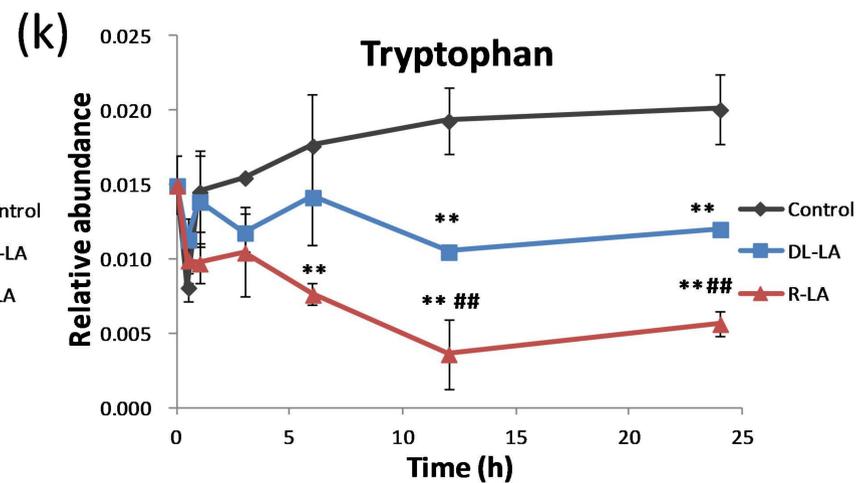
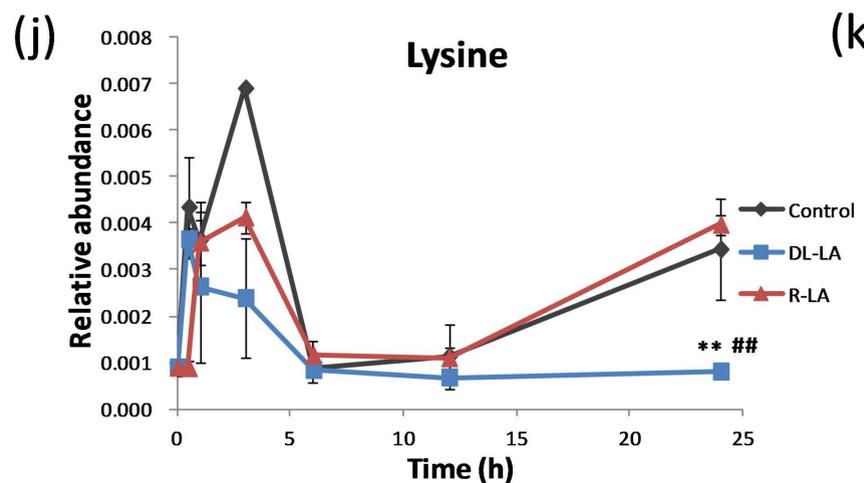
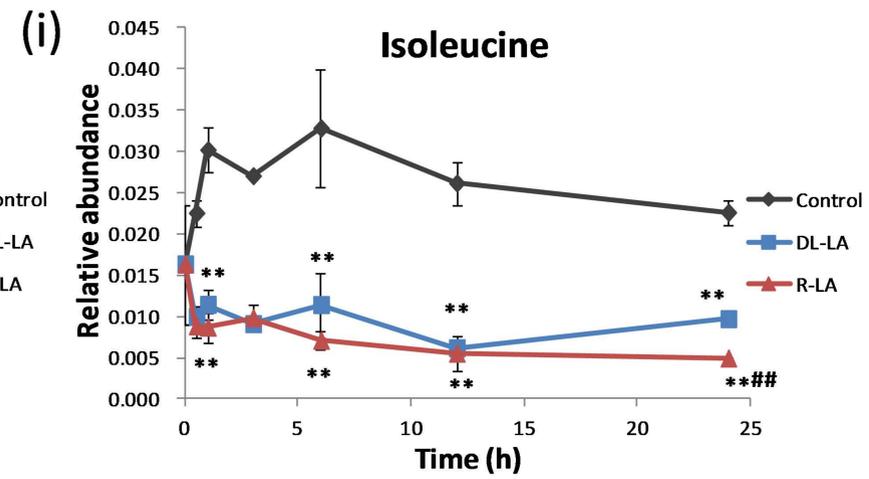
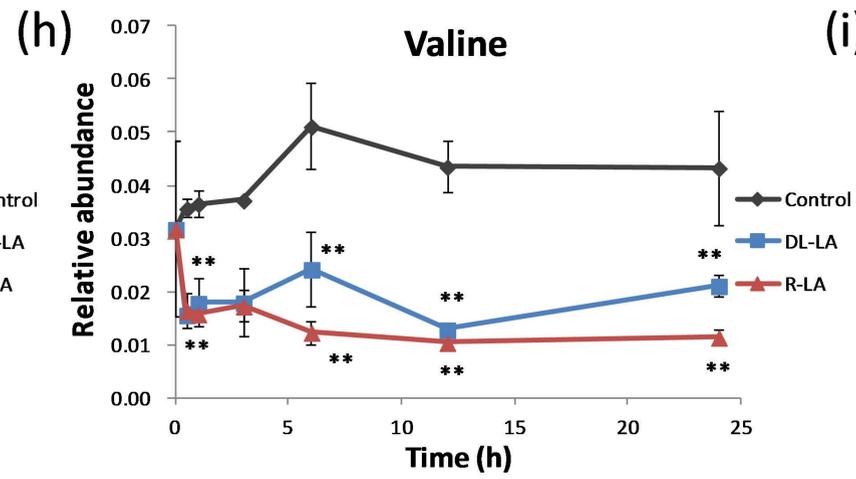
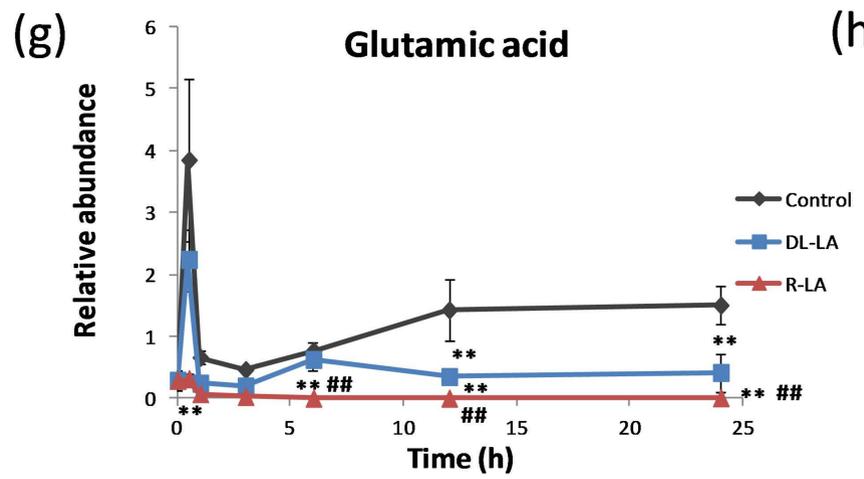
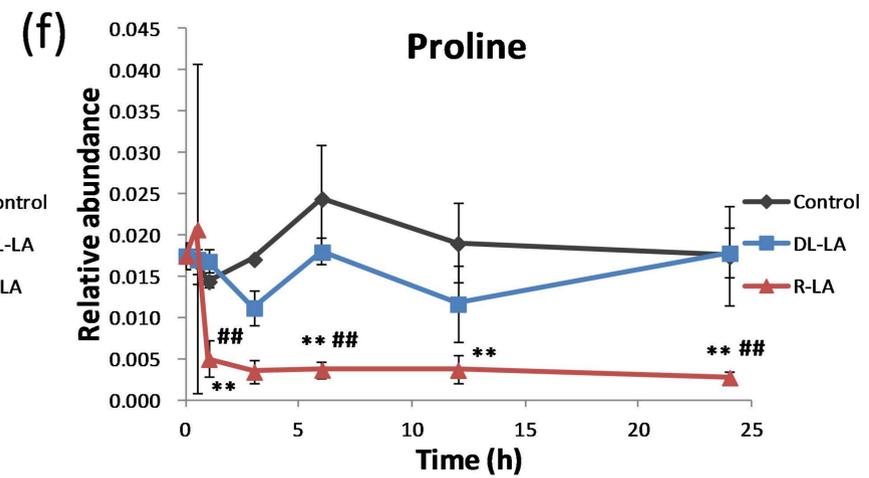
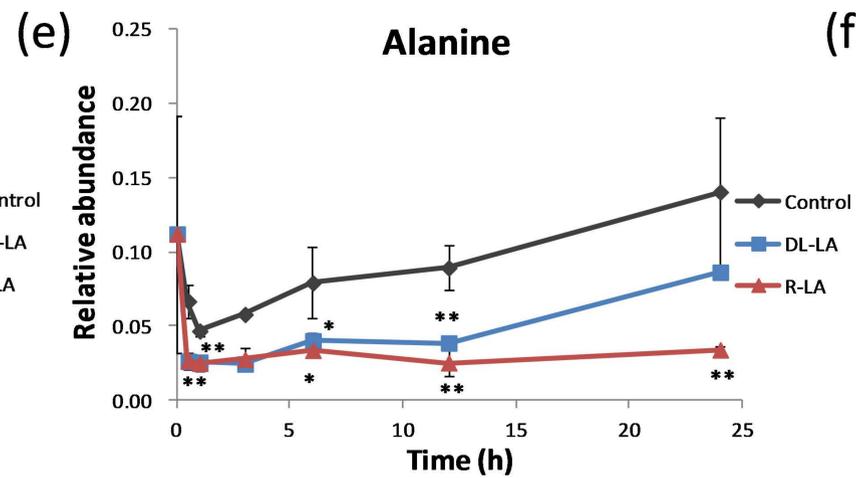
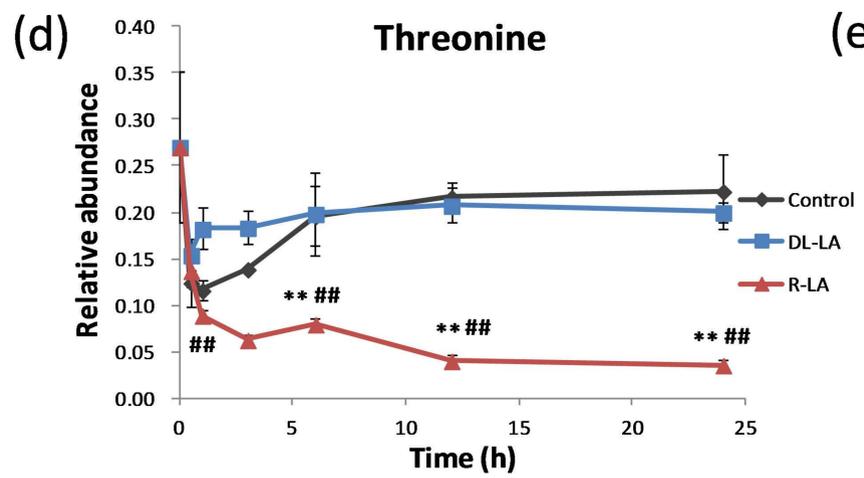
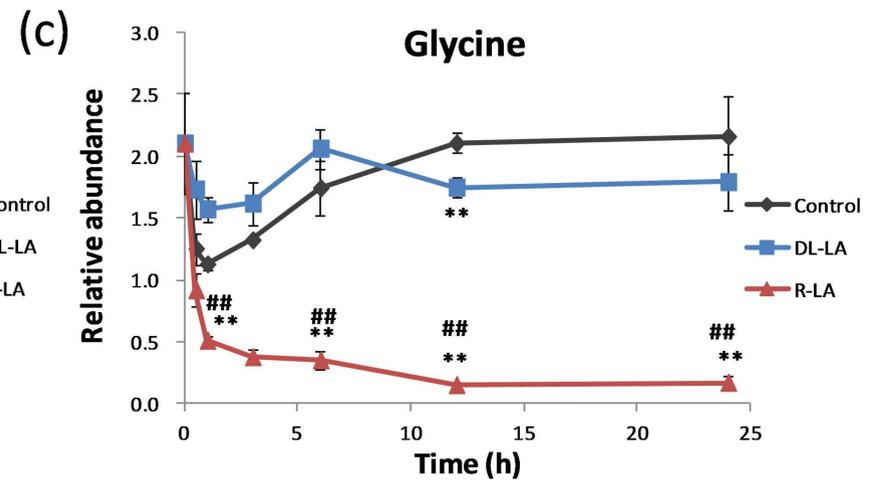
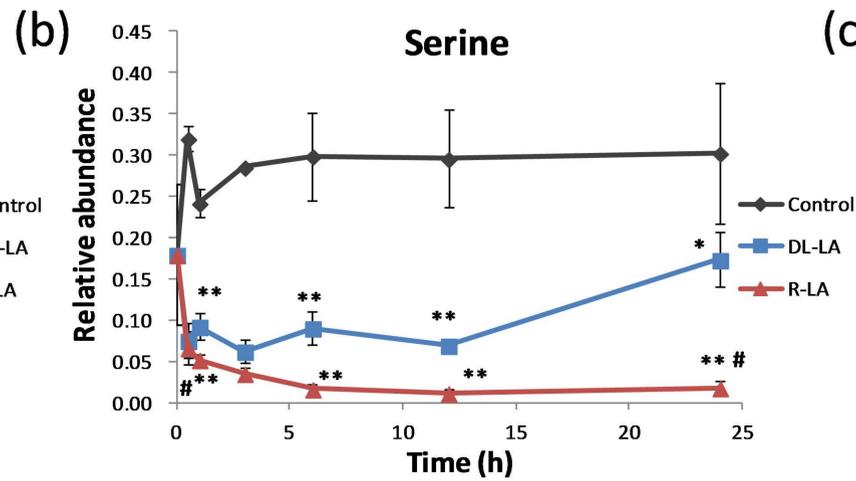
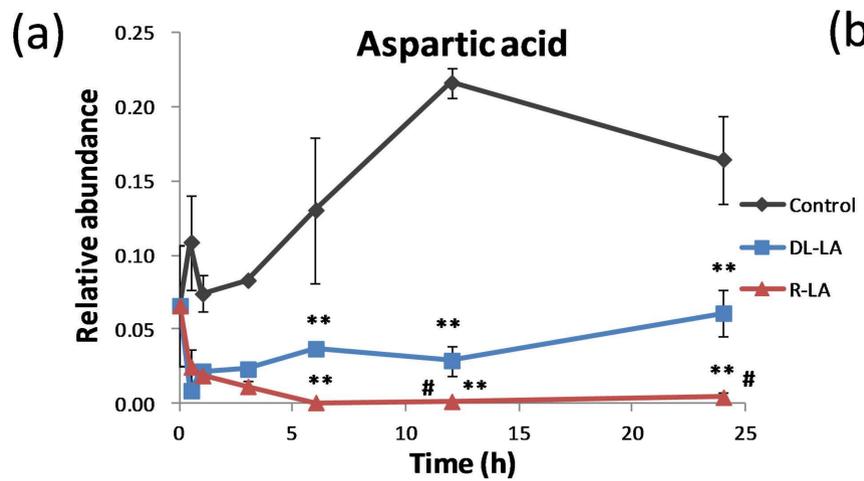
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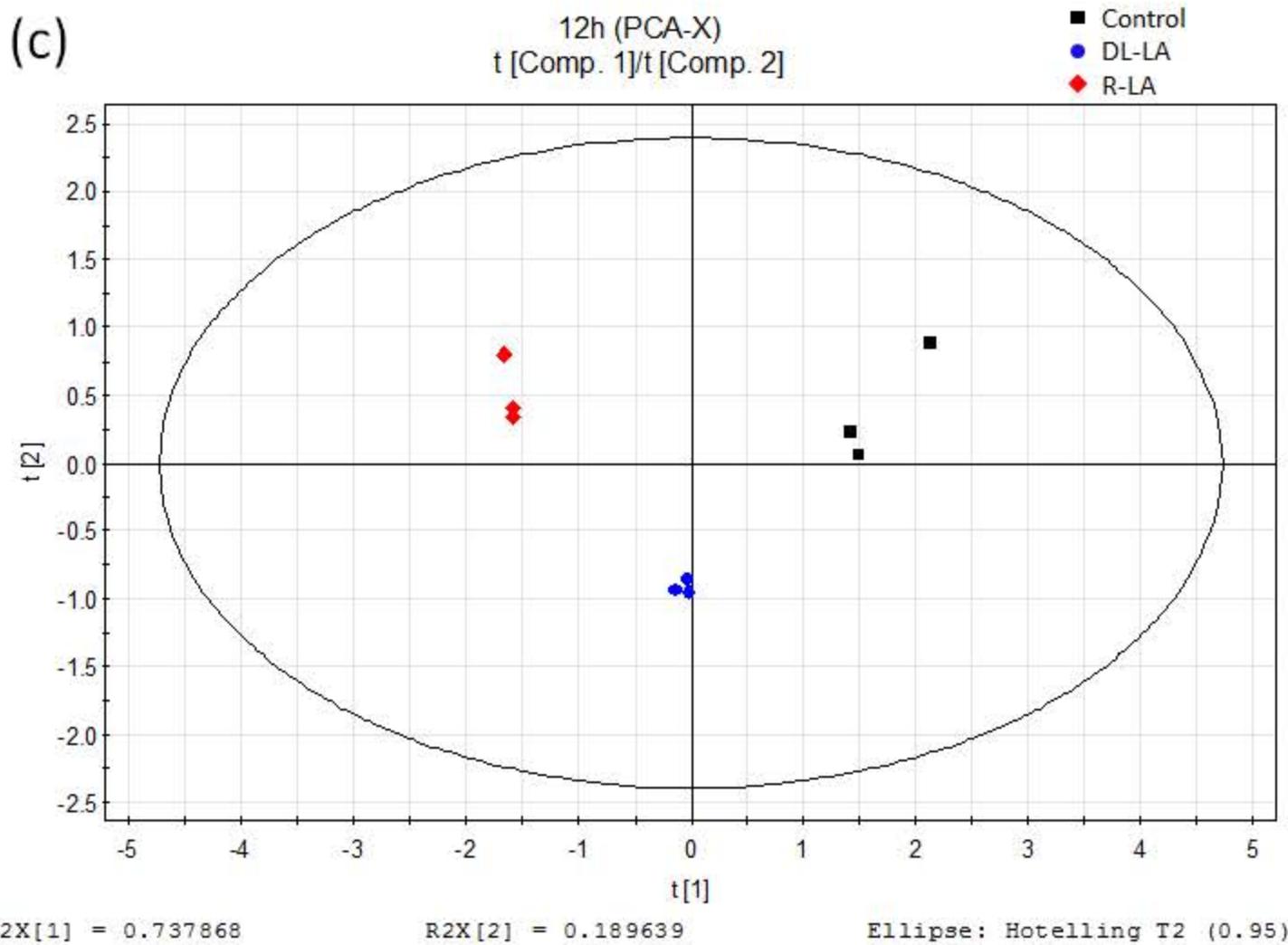
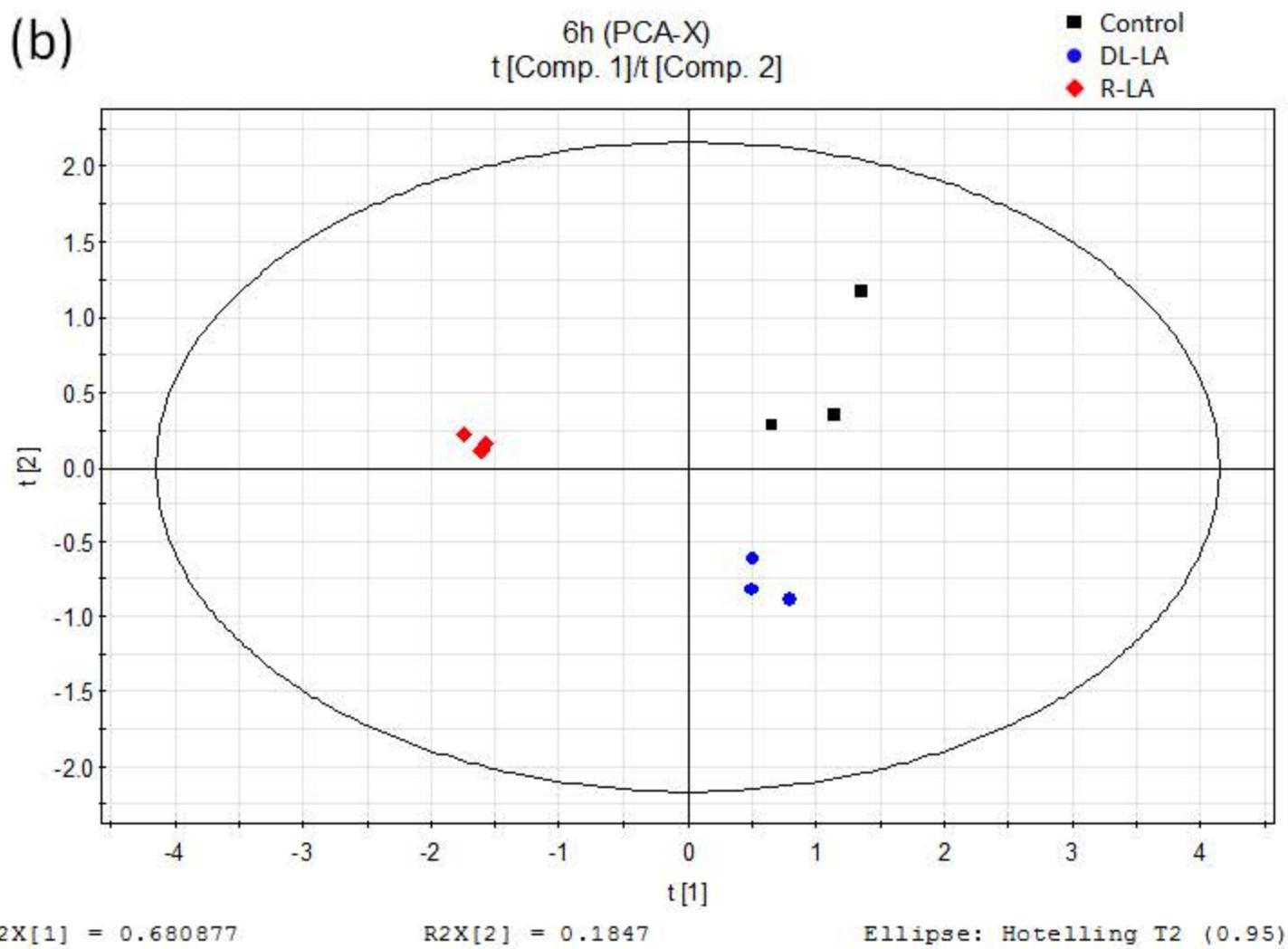
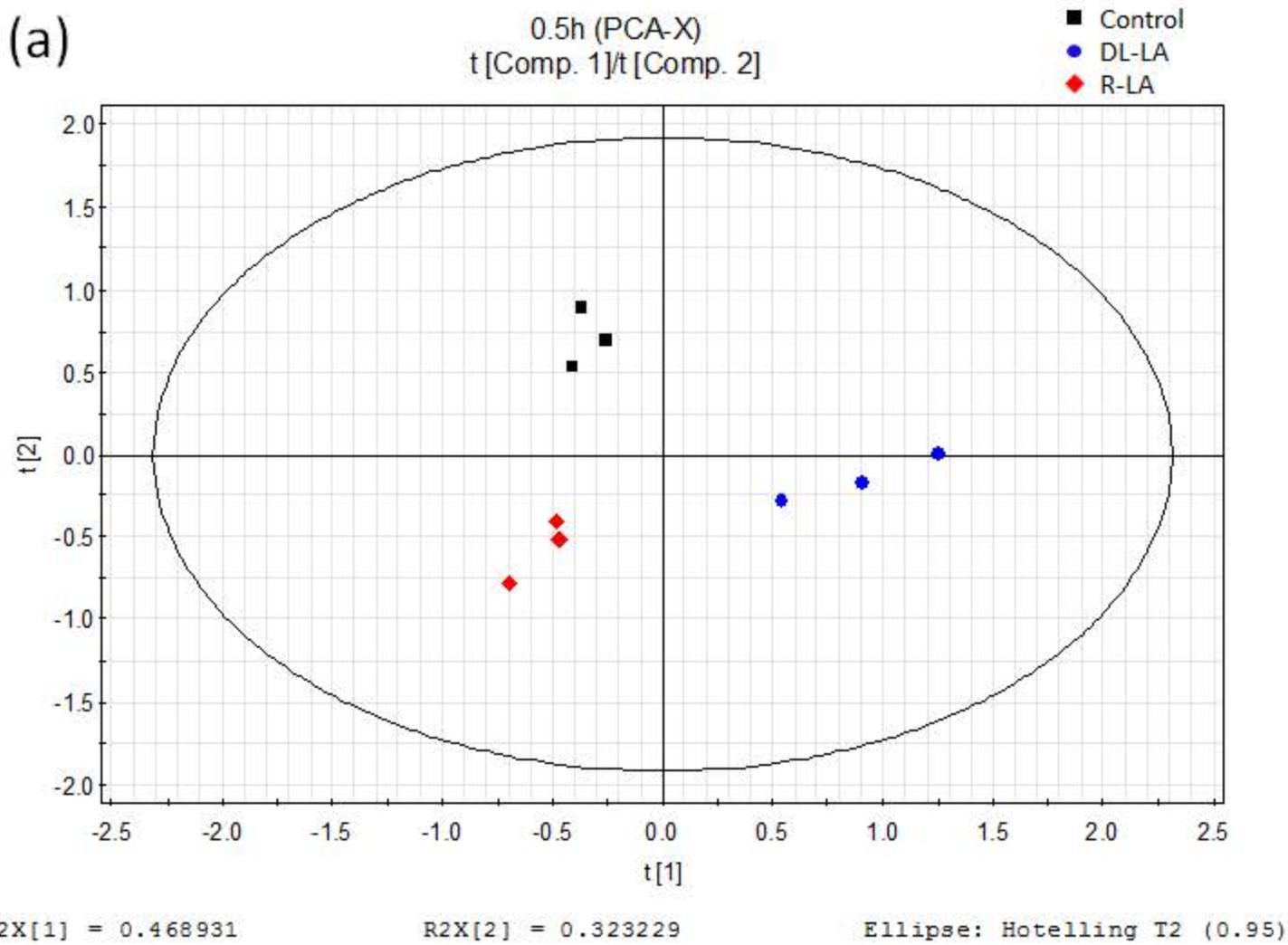
212 **Figure 4.** Proposed metabolic pathways by which R-LA inhibits gluconeogenesis. (a) Inhibition of glycolysis  
213 and lactic acid production; (b) Inhibition of the Thr-Gly-Ser pathway. Abbreviations: Lac, lactate; Thr,  
214 threonine; Gly, glycine; Ser, serine; Ala, alanine; LDH, lactate dehydrogenase; ALT, alanine transaminase;  
215 SDR, serine dehydratase; GP, glycerate 3-phosphate; SHMT; serine hydroxymethyltransferase.

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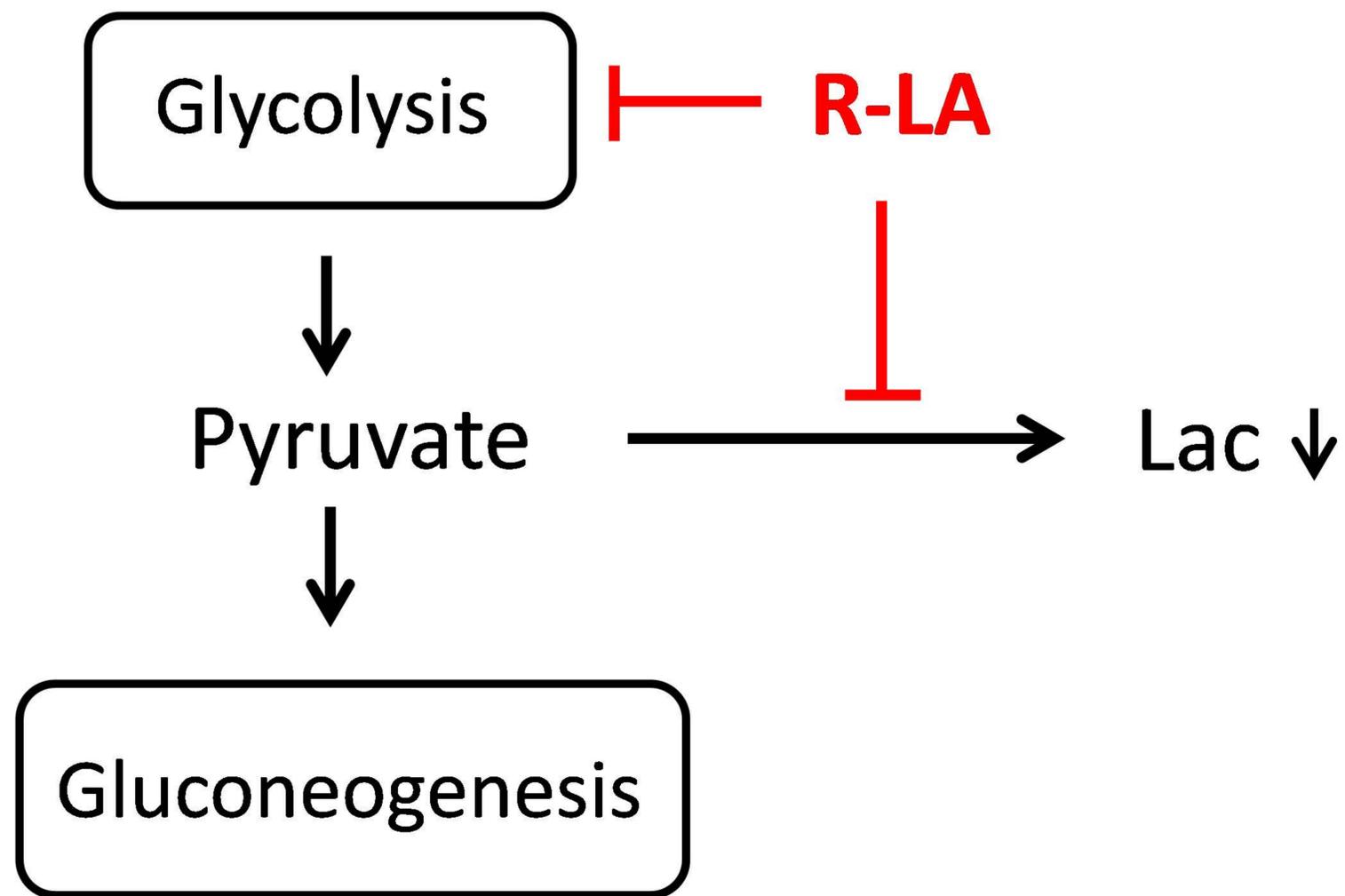
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(a)



(b)

