

Haruo UEMATSU\* : A list of the plants distributed  
on the Southern Japanese Alps (7)

植松春雄\* 南アルプス産植物目録(七)

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| <p>(3) Korea, Manchuria and<br/>China.<br/>Note : Apr.-May, <i>Castanea</i>-zone,<br/>900m, common.<br/>var. <i>vegata</i> HONDA<br/>Distr. : (1) H.<br/>Note : Apr.-May, <i>Castanea</i>-zone,<br/>very rare.</p> <p><i>Ajuga makinoi</i> NAKAI<br/>Distr. : (1) B, D, E, H (2) IV-<br/>D.<br/>Note : May, <i>Castanea</i>-zone, 600-<br/>1,300m, common.</p> <p><i>A. nipponensis</i> MAKINO</p> | <p>Distr. : (1) B, D, H (2) I-B.<br/>Note : May-June, <i>Castanea</i>-zone,<br/>1,300m, rare.</p> <p><i>Ajuga yesoensis</i> MAXIM.<br/>Distr. : (1) D, H (2) I-A.<br/>Note : May-June, <i>Fagus</i>-zone, 1,0<br/>00m, very rare.</p> <p><i>Chelonopsis moschata</i> MIQ.<br/>Distr. : (1) F, H (2) I-A.<br/>Note : July-Aug., <i>Fagus</i>-zone, 1,0<br/>00-1,500m, common. (Climat-<br/>ic Element)</p> <p><i>C. yagiharana</i> HISAUCHI et MATSUNO<br/>Distr. : (1) D (2) III.</p> |
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- Note : July-Aug., *Castanea*-zone, 1,300m, very rare.
- Clinopodium chinense* (BENTH.) O. KUNTZE var. *parviflorum* (KUDO) HARA  
Distr. : (1) B, D, H (2) I-A (3) Kurile and Korea.  
Note : July-Aug., *Castanea*-zone, 900m, very common.
- C. gracile* (BENTH.) O. KUNTZE  
Distr. : (1) D (2) I-B (3) Ryukyu, Formosa, China, Korea, Malaysia and India.  
Note : July, *Castanea*-zone, 500-700m, common.
- C. micranthum* (REGEL) HARA  
Distr. : (1) B, F, H (2) I-A.  
Note : July-Aug., *Castanea*-zone, 900-1,100m, very common.  
var. *multicaule* (MAXIM.) OHWI  
Distr. : (1) B, D, H (2) VII-B (3) Korea.  
Note : July-Aug., *Castanea*-zone, 800-1,200m, common.
- Comanthosphace sublanceolata* (MIQ.) S. MOORE [*Leucosceptrum japonicum* (MIQ.) KITAM.]  
Distr. : (1) B, D, E, H (2) I-A.  
Note : Aug., *Castanea*-zone, 1,000-1,200m, common.
- forma *barbinervis* MAKINO  
Distr. : (1) B, D (2) IV-A.  
Note : Sept., *Castanea*-zone, 900m, rare.
- Elsholtzia ciliata* (THUNB.) HYLANDER  
Distr. : (1) A, B, H (2) I-A (3) Kurile, Korea, Formosa, China, Asia, Europe, the Soviet Union and Northern America.
- Note : Aug.-Sept., *Castanea*-zone, 1,000m, common.
- Glechoma hederacea* L. var. *grandis* (A. GRAY) KUDO  
Distr. : (1) A, B, C, H, I (2) I-A (3) Korea, Usuri, Amur, China and Formosa.  
Note : May, *Castanea*-zone, 500m, very common.
- Isodon effusus* (MAXIM.) HARA [*Plectranthus effusus* (MAXIM.) HONDA]  
Distr. : (1) F, H (2) IV-C.  
Note : Sept., *Castanea*-zone, 900-1,000m, common.
- I. inflexus* (THUNB.) KUDO [*P. inflexus* (THUNB.) VAHL, ex BENTH.]  
Distr. : (1) B, D, E, I (2) I-A (3) Korea, Manchuria and China.  
Note : Sept., *Castanea*-zone, 900m, very rare.
- I. japonicus* (BURM.) HARA [*P. japonicus* (BURM.) KOIDZ.]  
Distr. : (1) A, B, C, D, E, H, I (2) I-B (3) Korea, Manchuria and China.  
Note : Sept., *Castanea*-zone, 1,000m, rare.
- I. shikokianus* HARA var. *intermedius* (KUDO) MURATA [*P. shikokianus* (MAKINO) MAKINO var. *intermedius* (KUDO) OHWI]  
Distr. : (1) F, G (2) VII-B.  
Note : Sept., *Fagus*-zone, 1,500m, rare.

*Isodon kameba* OKUYAMA [*P. kameba* (OKUYAMA) OHWI]

Distr. : (1) B, D, H (2) IV-C.

Note : Sept., *Fagus*-zone, 1,700m, common.

*I. umbrosus* (MAXIM.) HARA [*P. umbrosus* (MAXIM.) MAKINO]

Distr. : (1) F (2) IV-A.

Note : Sept., *Castanea*-zone, 1,000m, rare.

var. *latifolius* OKUYAMA [*P. kameba* (OKUYAMA) OHWI var. *latifolius* (OKUYAMA) OHWI]

Distr. : (1) D, E, F, H (2) IV-C.

Note : Sept., *Fagus*-zone-*Abies*-zone, 1,500-2,200m, rare.

*Keiskea japonica* MIQ.

Distr. : (1) D (2) II-A.

Note : Aug.-Sept., *Castanea*-zone, 700m, rare. (Geological History Element)

*Lamium album* L. var. *barbatum*

(SIEB. et ZUCC.) FR. et SAV.

Distr. : (1) H (2) I-A (3)

Kurile, Saghalien, Korea, China and Manchuria.

Note : July, *Castanea*-zone, 1,000m, rare.

*Leonurus macranthus* MAXIM.

Distr. : (1) H (2) I-A (3) Korea, Manchuria and China.

Note : Aug., *Castanea*-zone, 1,000m, rare.

*L. sibiricus* L.

Distr. : (1) D (2) I-B (3)

Ryukyu, Formosa, Korea,

China, and Northern America.

Note : Sept., *Castanea*-zone, 500m, rare. (Naturalized Element)

*Loxocalyx ambiguus* (MAXIM.) MAKINO var. *laciniatus* HARA

Distr. : (1) H (2) IV-C.

Note : Aug.-Sept., *Fagus*-zone, 1,300-1,500m, very rare.

*Lycopus uniflorus* MICHX.

Distr. : (1) A, B (2) Saghalien, Kurile, Korea, Manchuria, Eastern Siberia and Northern America.

Note : Aug.-Sept., *Castanea*-zone and *Fagus*-zone, 900-1,500m, common.

*Meehania urticifolia* (MIQ.) MAKINO

Distr. : (1) A, H (2) I-B.

Note : May, *Castanea*-zone, 1,000-1,100m, rare

*Mentha arvensis* L. var. *piperascens* MALINVAUD

Distr. : (1) B, H (2) I-A (3)

Korea, Saghalien and Northern Hemisphere.

Note : Aug.-Sept., *Castanea*-zone, 600m, rare.

*Mosla japonica* (BENTH.) MAXIM.

Distr. : (1) A, B (2) I-A (3)

Korea.

Note : Sept.-Oct., *Castanea*-zone, 900-1,000m, common.

*M. punctulata* (J. F. GMEL.) NAKAI

Distr. : (1) D (2) I-A (3)

Ryukyu, Formosa, China, Korea and Manchuria.

- Note : Sept.-Oct., *Castanea*-zone, 700m, common.
- Nepeta subsessilis* MAXIM.  
Distr. : (1) B, F, H (2) I-B.  
Note : July-Aug., *Fagus*-zone, 1,700-2,300m, rare.
- Perilla frutescens* (L.) BRITTON var. *citriodora* (MAKINO) OHWI  
Distr. : (1) D (2) I-B.  
Note : Sept., *Castanea*-zone, 600m, rare.
- Prunella vulgaris* L. var. *lilacina* NAKAI  
Distr. : (1) A, B, F, H, I (2) I-A (3) Saghalien, Kurile, Formosa, Korea, Manchuria, China and Ryukyu.  
Note : Aug., *Castanea*-zone, 1,000m, very common.
- Salvia japonica* THUNB.  
Distr. : (1) A, B, D (2) I-B (3) Ryukyu, Korea, China and Formosa.  
Note : Aug., *Castanea*-zone and *Fagus*-zone, 1,300m, rare.
- S. lutescens* KOIDZ. var. *crenata* MURATA  
Distr. : (1) B, E, (2) IV-C.  
Note : Aug., *Fagus*-zone, 1,300-1,700m, rare.
- S. nipponica* MIQ.  
Distr. : (1) B, E, F, H (2) I-B.  
Note : Sept., *Castanea*-zone and *Fagus*-zone, 1,100-1,500m, rare.
- Scutellaria maekawae* HARA  
Distr. : (1) H (2) IV-C.
- Note : July, *Castanea*-zone, 700m, rare.
- Scutellaria pekinensis* MAXIM. var. *transitra* (MAKINO) HARA  
Distr. : (1) B (2) I-A (3) Korea.  
Note : July, *Castanea*-zone, 700m, common.
- S. shikokiana* MAKINO  
Distr. : (1) D, F (2) III.  
Note : July-Aug., *Castanea*-zone, 800-900m, rare.
- Stachys japonica* MIQ. var. *intermedia* (KUDO.) OHWI  
Distr. : (1) A, B (2) I-A.  
Note : July-Aug., *Castanea*-zone, 900-1,100m, common.
- Teucrium japonicum* HOUTT.  
Distr. : (1) B, D, H (2) I-A (3) Korea.  
Note : July, *Castanea*-zone, 700-900m, rare.
- Thymus quinquecostatus* CELAK.  
Distr. : (1) A, E, F, G, H (2) I-A (3) Saghalien, Korea, Manchuria, Mongolia, China and India.  
Note : Aug., *Pinus pumila*-zone, 1,000-3,000m, common.
- VERVENACEAE
- Callicarpa japonica* THUNB.  
Distr. : (1) A, B, C, D, E, F, H, I (2) I-A.  
Note : July, *Castanea*-zone, 1,000-1,500m, common.
- forma *taquetii* (LÉVEILLÉ) OHWI  
Distr. : (1) G.