227Th-EDTMP: A potential therapeutic agent for bone metastasis

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²²⁷Th-EDTMP: A potential therapeutic agent for bone metastasis

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Abstract

The biodistribution of ²²⁷Th-EDTMP and retention of its daughter nuclide ²²³Ra were examined. ²²⁷Th-EDTMP was found to show high uptake and long-term retention in bone. The clearance of ²²⁷Th-EDTMP from blood and soft tissues was rapid and the femur-to-tissue uptake ratios reached more than 100 within 30 min for all tissues except the kidney. Seven and 14 days after injection of ²²⁷Th-EDTMP, the retention index of ²²³Ra in bone showed high values, and the differences between these time points were not significant. Therefore, ²²⁷Th-EDTMP is a potential radiotherapeutic agent for bone metastasis.

Keywords: a-particle emitter; ²²⁷Th; EDTMP; bone metastasis; in vivo generator

1. Introduction

Most patients with advanced breast, prostate, or lung carcinoma develop bone metastases [1]. Bone metastasis causes severe pain, so there have been many attempts to develop curative treatment regimens. Various treatment methods, including analgesic therapy, external radiation therapy, hormonal therapy, chemotherapy, and surgical invention, have been used to improve responses, but many of these treatments are limited in their efficacy or duration and have significant side effects [2]. β -emitting radiopharmaceuticals for bone targeting, such as ³²P orthophosphate and ⁸⁹Sr chloride, have been used clinically for treatment of bone pain [2,3].

Although these β -emitters relieve bone pain associated with metastatic lesions in the skeleton, bone marrow toxicity limits use of high dose radiations to prevent tumor progression due to the long radiation range of β -particles. To overcome this drawback, clinical use of several low-energy β -emitters, including ¹⁵³Sm and ¹⁸⁶Re [4-6], and the conversion electron emitter ^{117m}Sn [7], have been examined. Among these radionuclides, ¹⁵³Sm complexed with ethylenediamine-tetramethylenephosphonic acid (EDTMP) has been approved for use in palliation of bone pain by the U.S. FDA.

Due to the high LET and short range of α -particles in tissue in comparison with β -particles, α -emitting nuclides are promising for the treatment of bone metastases. Reduction of bone marrow exposure can be achieved due to the short range of α -particles. A comparative study using bisphosphonates labeled with α -emitting ²¹¹At and β -emitting ¹³¹I indicated that the bone surface-to-bone marrow ratio was threefold higher with ²¹¹At than with ¹³¹I [8]. In addition to their physical properties (short range with high LET), many suitable α -emitting nuclides undergo successive α - and β -cascade disintegrations. These multiple α -emissions at tumor sites are more effective than single α -emission irradiation. In recent studies with α -emitting ²³³Ra and β -emitting ⁸⁹Sr, dosimetry also indicated intense and highly localized radiation dose from ²²³Ra and its progeny to the bone surface with substantially less irradiation of healthy bone marrow as

compared with β -emitting ⁸⁹Sr [9]. Moreover, only very small amounts of ²¹¹Bi, the progeny nuclide of ²²³Ra, redistributed from the sites of ²²³Ra decay in the bone [9]. These results suggested the usefulness of cascade α -emission in the treatment of bone metastases.

Thorium-227 ($t_{1/2} = 18.72$ d) is a promising α -emitting radiotherapeutic nuclide for treatment of bone metastases. It has a more suitable half-life for treatment of bone metastases as compared with other thorium isotopes, such as ²³²Th ($t_{1/2} = 1.405 \times 10^{10}$ y) and ²²⁸Th ($t_{1/2} = 1.9116$ y). ²²⁷Th belongs to the actinium series (Fig. 1), and emits α -particles with an average energy of 5.9 MeV decaying to ²²³Ra. The daughter nuclide ²²³Ra also decays to stable ²⁰⁷Pb with emission of about 28 MeV. As the half-lives of ²²⁷Th and ²²³Ra ($t_{1/2} = 11.435$ d) are similar, it will be possible to avoid the high-dose α -particles of ²²³Ra and its progeny nuclides during the initial phase of renal clearance after administration of radioactive pure ²²⁷Th. In addition, the radioactive growth of ²²³Ra will prolong the effective irradiation duration. The relatively low energy γ -rays of ²²⁷Th will be useful for imaging, and its daughter nuclide ²²³Ra also emits γ -rays that are available for monitoring. The parent ²²⁷Ac ($t_{1/2} = 21.773$ y) has a long half-life so that ²²⁷Th is available from the ²²⁷Ac/²²⁷Th generator system.

Although Th is a well-known bone-seeking element, it also accumulates in other tissues [10, 11]. However, Larsen et al. reported selective accumulation of thorium labeled bis- and ²²⁷Th polyphosphonate in bone [12]. was complexed with the ligands diethylenetriamine-N,N',N"-pentamethylene-phosphonic acid (DTPMP) and 1,4,7,10-tetraazacyclododecane-1,4,7,10-tetramethylenephosphonic acid (DOTMP), and it was shown to be retained on bone with high uptake ratios of bone-to-soft tissue compared to the acetate salt of ²²⁷Th [12]. Although ²²⁷Th-polyphosphonates were accumulated selectively in bone, retention of the daughter nuclide ²²³Ra from ²²⁷Th was not clear.

In this study, the biodistribution of ²²⁷Th-EDTMP over a period of 14 days in mice was compared with that of ²²⁷Th-citrate, and the retention of the daughter nuclide ²²³Ra in bone was also examined. The potential of ²²⁷Th-EDTMP as a therapeutic agent for bone metastasis is

discussed.

2. Materials and methods

2.1.²²⁷Th preparation

²²⁷Th was separated from the parent nuclide ²²⁷Ac by ion exchange chromatography using strong anion exchange material as described by Müller [13]. ²²⁷Ac solution was obtained from the Oarai Branch, Institute for Materials Research, Tohoku University, and sufficiently reached equilibrium state with ²²⁷Th and its daughter nuclides. The ²²⁷Ac solution prepared in 7 M HNO₃ was loaded onto a 5 × 42 mm column containing Muromac AG1×8 anion exchange resin (Muromachi Technos Co., Ltd., Tokyo, Japan) pre-equilibrated with 7 M HNO₃. The column was washed with 15 mL of 7 M HNO₃ to remove the parent ²²⁷Ac and daughter nuclides of ²²⁷Th. After purification, ²²⁷Th was eluted with 20 mL of 1 M HCl. The eluted ²²⁷Th solution was evaporated to dryness, then re-dissolved in 7 M HNO₃ and prepared as a stock solution.

2.2. Preparation of ²²⁷Th-EDTMP and ²²⁷Th-citrate

EDTMP was purchased from Dojindo Laboratories (Kumamoto, Japan) and used without further purification. Before preparation to ²²⁷Th-EDTMP, ²²⁷Th solution was purified to remove ²²³Ra and its daughter nuclides (²²³Ra-free solution). ²²⁷Th solution was finally prepared in 2 mL of 0.2 M HCl. The ²²⁷Th solution was added to 0.21 mL of 0.2 M EDTMP in 0.2 M NaOH and heated for 5 min in boiling water after adjusting the pH to 6.6 with 1.45 mL of 1 M NaOH. Finally, pure water was added to adjust the solution to physiologically isosmotic concentration and 4.2 mL of the final ²²⁷Th-EDTMP (10 mM EDTMP) solution was prepared. Radiochemical purity of ²²⁷Th-EDTMP was determined using miniature paper chromatography [14] with 25%

acetone solvent prior to animal experiments.

 227 Th-citrate was prepared by adding 1.8 mL of 3.02% (v/v) physiological sodium citrate solution to the purified 227 Th fraction.

2.3. Animals

Male ICR mice (n = 51, 7 weeks old, 35.3 ± 1.3 g) were purchased from Japan SLC, Inc. (Hamamatsu, Japan) and housed at the Kanazawa University Animal Experiment Facility. The mice were given certified diet and tap water *ad libitum*. Animal studies were conducted according to the Guidelines for the Care and Use of Laboratory Animals of Takara-machi Campus of Kanazawa University, and the experimental procedures were approved by the Committee on Animal Experimentation of Kanazawa University, Takara-machi Campus.

2.4. Biodistribution of ²²⁷Th-EDTMP and ²²⁷Th-citrate

Thirty-six mice were administered 100 μ L of physiologically isosmotic ²²⁷Th-EDTMP containing 60.3 kBq of ²²⁷Th *via* the tail vain. Biodistribution was determined in three mice at each of 15 min, 30 min, 1 hr, 3 hr, 6 hr, 12 hr, 1 day, 3 days, 5 days, 7 days, 10 days, and 14 days post-administration. After sacrifice, the following 7 samples were collected from each mouse and weighed: femur, parietal bone, liver, kidney, spleen, lung, muscle, and whole blood.

Fifteen mice were administered 100 μ L of physiological ²²⁷Th-citrate (3.02% (v/v) sodium citrate) containing 37.2 kBq of ²²⁷Th *via* the tail vain. Its biodistribution was determined in three mice at each of 15 min, 1 hr, 6 hr, 1 day, and 7 days post-administration. After sacrifice, the following samples were collected and weighed: femur, parietal bone, liver, kidney, spleen, lung, muscle, stomach, large intestine, small intestine, and whole blood.

The ²²⁷Th radioactivity in each sample tissue was determined by γ -ray spectrometry using a

high purity Ge detector (EG&G ORTEC, Oak Ridge, TN, USA) coupled with a multi-channel analyzer, MCA-7800 (Seiko EG&G Co., Ltd., Tokyo, Japan). The most abundant 235.97 keV γ -ray was used for determination (Table 1). The results are expressed as percent injected dose per gram (%ID/g) of tissue.

2.5. Retention of ²²³Ra generated from ²²⁷Th in bone

To evaluate retention of ²²³Ra generated from ²²⁷Th in bone, γ -ray spectrometry was performed on femur samples obtained 7 and 14 days post-administration. The γ -ray spectrometry was performed on femur samples immediately after sacrifice to prevent radioactive growth of ²²³Ra. The data thus obtained were compared with those of a standard ²²⁷Th source prepared from ²²³Ra-free solution. Analyses were performed using 235.97 keV γ -ray of ²²⁷Th and 154.21 keV γ -ray of ²²³Ra (Table 1). The standard source was measured in the same geometry as the femur sample to be consistent with γ -ray efficiency on Ge detectors. The retention based on relative counting rate (CR) of ²²⁷Th and ²²³Ra in samples *vs.* the standard was determined as (CR of ²²³Ra in sample/CR of ²²⁷Th in sample)/ (CR of ²²³Ra in standard/CR of ²²⁷Th in standard) [9].

3. Results

3.1. Complexation yield

The yield of the carrier free ²²⁷Th-EDTMP complex was 99% of the total activity in the original solution.

3.2. Biodistribution of ²²⁷Th-EDTMP and ²²⁷Th-citrate

The biodistribution of ²²⁷Th-EDTMP is summarized in Table 2. The results showed that the uptakes of ²²⁷Th-EDTMP by bone were higher than those by other soft tissues. Femur and parietal bone uptake rates rapidly reached the maximum level at 30 min and remained at a constant level throughout the 14-day experimental period. On the other hand, soft tissues except the kidney showed uptakes of less than 1%ID/g at 15 min post-injection. The uptakes by blood, kidney, lung, and muscle decreased with time after administration. Those by the liver and spleen decreased until 1day post-injection, and then increased until day 14.

The biodistribution of ²²⁷Th-citrate is shown in Table 3. The results also indicated high uptake rates in the femur and parietal bone during the 14-day experimental period. The maximum uptake level was 28.45%ID/g for the femur at 1 day post-injection. This value was threefold higher than that of ²²⁷Th-EDTMP. Although uptake rates of blood decreased rapidly with time after injection, those of the muscle and lung showed slight decreases and those of other soft tissues changed little during the 14-day experimental period.

Figure 2 compares the femur-to-soft tissue uptake ratios of ²²⁷Th-EDTMP to ²²⁷Th-citrate. The ratios of ²²⁷Th-EDTMP were higher than those of ²²⁷Th-citrate between 15 min and 14 days after injection. The ratios of ²²⁷Th-EDTMP reached more than 100 only 1 hour after injection in all tissues except the kidney.

3.3. Retention of ²²³Ra generated from ²²⁷Th in bone

Table 4 shows the retention index of ²²³Ra relative to ²²⁷Th in the bone at 7 and 14 days compared with a standard radioactive source. The index values were high and the differences between these two time points were not significant. As γ -ray spectrometry was performed within 30 min after sacrifice, radioactive growth of the daughter nuclide ²²³Ra were ignored due to its relatively long half-life. Fresh ²²⁷Th-EDTMP was injected within 2 hours after preparation, and

so it was estimated that mice received less than 0.5% ²²³Ra radioactivity as compared to ²²⁷Th. This value was negligible for evaluation of the retention index.

4. Discussion

The bone uptake of ²²⁷Th-EDTMP in mice was found to be high and selective as compared with other tissues. Moreover, ²²⁷Th-EDTMP was retained in bone throughout the 14-day experimental period. The clearance of ²²⁷Th-EDTMP from soft tissues was rapid compared with its physical half-life. Although Th is a well-known bone-seeking element, it also accumulates in other tissues. There have been several reports regarding the biological behavior of Th isotopes [10, 11], which indicated some retention of Th in soft tissues. Our results using ²²⁷Th-citrate also indicated that the %ID/g of ²²⁷Th retained in the kidney, liver, spleen, and other tissues was low. The difference in biodistribution between ²²⁷Th-EDTMP and ²²⁷Th-citrate was due to differences in the bioavailability of these chelates. ²²⁷Th-citrate would initially bind to bone according to the chemical absorption of Th(IV) to hydroxyapatite, while ²²⁷Th-EDTMP would bind to bone by bridging of ²²⁷Th to hydroxyapatite by the multidentate phosphonate chelate system [15]. Therefore, our comparative study of ²²⁷Th-EDTMP and ²²⁷Th-citrate demonstrated the efficacy of ²²⁷Th-EDTMP for bone-affinity radiopharmaceuticals. EDTMP chelate has at least eight protonation sites [16] and it binds readily with bi- and trivalent metal radioisotopes, such as ¹⁵⁴Sm, ¹⁸⁶Re, ¹⁷⁷Lu, ¹⁰⁵Rh, ²¹²Pb, and ²¹²Bi, which were thought to have potential for use in treatment of bone metastases [17-21]. Although there were several differences in the uptake rates among these EDTMP complexes, the tendencies to accumulate in bone and to be eliminated rapidly from other tissues were seen in all cases. The uptake rate of ²²⁷Th-EDTMP in bone was lower than those of the other ²²⁷Th-labeled polyaminophosphonates, ²²⁷Th-DTPMP and ²²⁷Th-DOTMP [12]. This was most likely due to differences in the body weight of mice between the two studies. However the femur-to-other tissue uptake ratios of ²²⁷Th-EDTMP were high in comparison with those of ²²⁷Th-DTPMP and ²²⁷Th-DOTMP [12], and reached more than 100 at only 1 hour after injection in all tissues except the kidney. These results showed that the clearance of ²²⁷Th-EDTMP from soft tissues through blood flow was superior to those of ²²⁷Th-DTPMP and ²²⁷Th-DOTMP. Thus, ²²⁷Th-EDTMP is promising as a radiopharmaceutical for bone metastases.

In radionuclide therapy, many available α -emitting nuclides undergo successive α - and β-cascade disintegrations [22]. Whether these successive radiations could deliver high-dose irradiation to tumor foci is dependent on retention of daughter nuclides produced in vivo. Here, we examined the retention of the daughter nuclide ²²³Ra produced from ²²⁷Th in the femur. The retention index of ²²³Ra in the femur was determined using γ -ray spectrometry as the relative radiation count rate of ²²³Ra and ²²⁷Th vs. standard. The retention index in the femur indicated a high degree of retention of ²²³Ra on days 7 and 14 after injection of ²²⁷Th-EDTMP. Based on the physical and chemical conditions after radioactive disintegration, ²²³Ra could not remain in chelate form with EDTMP due to the α -recoil energy and/or low chemical stability of Ra with EDTMP. However, Ra is a well-known bone-seeking element [9, 23-25]. Therefore, even if ²²³Ra is eliminated from the bone after decay of ²²⁷Th, ²²³Ra is redistributed on bone and provides an effective dose to the bone surface. Our results were consistent with those for ²²⁸Th and its daughter ²²⁴Ra in beagles reported by Stover et al. [26] and Lloyd et al. [27]. Henriksen et al. reported high retention of the progeny ²¹¹Bi in bone from ²²³Ra [9]. As there are no physical or biological differences in the bio-behavior between ²²³Ra injected directly and that generated in vivo after ²²⁷Th injection, the progeny generated from ²²³Ra are expected to also be retained on the bone. There have been several other experiments regarding redistribution of daughter nuclides for treatment of skeletal metastasis. Using ²¹²Pb-DOTMP, it was found that newly generated ²¹²Bi was retained in bone at a rate of 70-85% [28]. Our previous results regarding ²²⁵Ra bio-behavior in mice demonstrated that large fractions of ²²¹Fr and ²¹³Bi were eliminated from ²²⁵Ra-deposited bone despite the high degree of retention of ²²⁵Ac [29]. The

present and previous studies suggest that most radionuclides are distributed first according to their chemical characteristics. In the case of mother nuclides, such as ²²⁷Th and ²²⁵Ra, which are selectively accumulated in bone, daughter nuclides, such as ²²³Ra and ²²⁵Ac, are also retained selectively on bone according to their bone affinity. Second, even if daughter nuclides have no bone affinity, the relatively short half-lives of daughter nuclides, such as ²¹⁹Rn and ²¹⁵Po, compared to ²²⁰Rn and ²²¹Fr result in their retention at their site of generation as they show faster disintegration than chemical migration.

In a closed system, the decay and growth of radioactivity of ²²⁷Th and ²²³Ra are expected to be as illustrated in Fig. 5. In the case of ²²³Ra administration, ²²³Ra decays according to its half-life with 4 a-emissions due to radioactive equilibrium with its progeny. The highest radiation dose is reached at 4 hours post-injection. On the other hand, in the case of ²²⁷Th administration, ²²⁷Th also decays according to its half-life, but α -emitted radioactivity increases with time and reaches the maximum level after 17 days, then begins to decrease. Therefore, ²²⁷Th administration yields prolongation of effective α -radiation dose. In general, accumulation of ²²³Ra in bone and its clearance from other tissues are expected to be rapid after ²²³Ra administration [9], and ²²³Ra easily reaches secular equilibrium with daughter nuclides, such as ²¹⁹Rn and ²¹⁵Po, within 30 seconds and also with ²¹¹Pb and ²¹¹Bi within 4 hours. Therefore, the kidney, spleen, and other soft tissues might be exposed to large radiation doses from cascade α -emissions in the initial phase. However, in the case of ²²⁷Th-EDTMP administration, ²²⁷Th contributes a slowly growing radiation dose to bone and a lesser dose of irradiation to non-target tissue. The antitumor effects of ²²³Ra were examined; this radionuclide was demonstrated to show significantly increased symptom-free survival, and no signs of bone marrow toxicity or body weight loss [25]. There were no significant changes in biodistribution pattern between ²²⁷Th-EDTMP and ²²³Ra. The ²²⁷Th chelate would be expected to have effective antitumor activity. We are currently planning to evaluate the antitumor effects of ²²⁷Th.

In conclusion, ²²⁷Th-EDTMP showed selective accumulation and long-term retention in bone,

with rapid clearance from soft tissues. The retention of the daughter nuclide ²²³Ra was high during the 14-day experimental period after administration of ²²⁷Th, and so it would be expected to administer a much more intense and longer α -emission radiation dose to bone metastases.

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Figure captions

Fig. 1. Decay chain of ²²⁷Ac to stable ²⁰⁷Pb.

Fig. 2. The bone-to-tissue uptake ratios of ²²⁷Th-EDTMP and ²²⁷Th-citrate. ²²⁷Th-EDTMP and ²²⁷Th-citrate are shown as (○) and (■), respectively. All data are shown with errors based on S.D. for 3 animal experiments.

Fig. 3. The radioactive decay and growth patterns of 227 Th and 223 Ra in a closed system. Gross α -activities are shown during disintegration of the parent nuclide to stable 207 Pb.

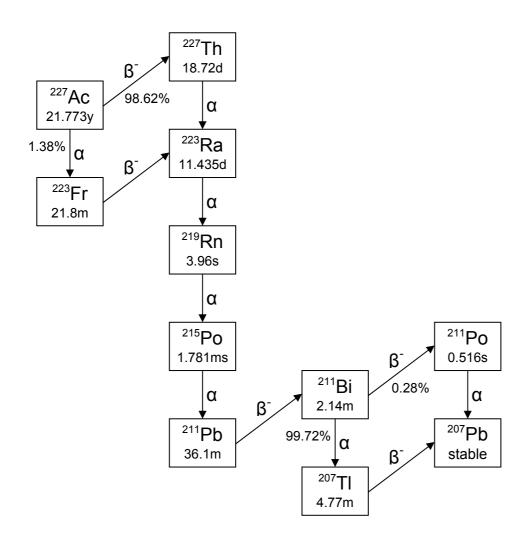
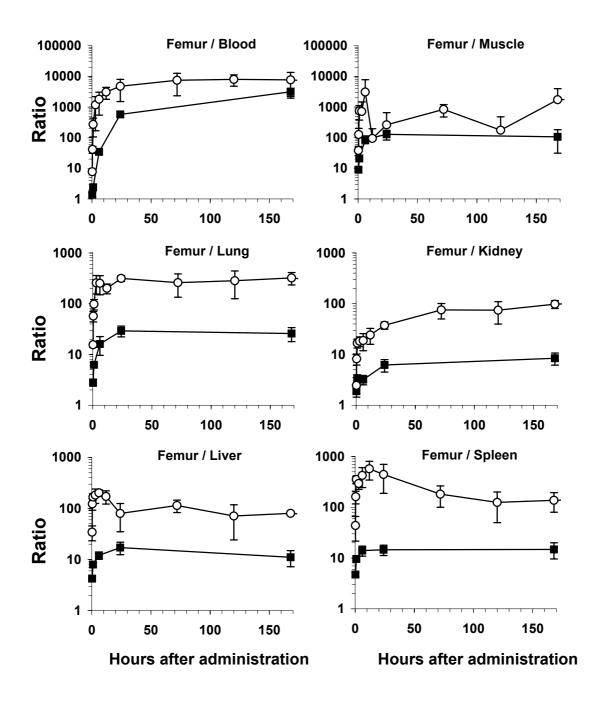
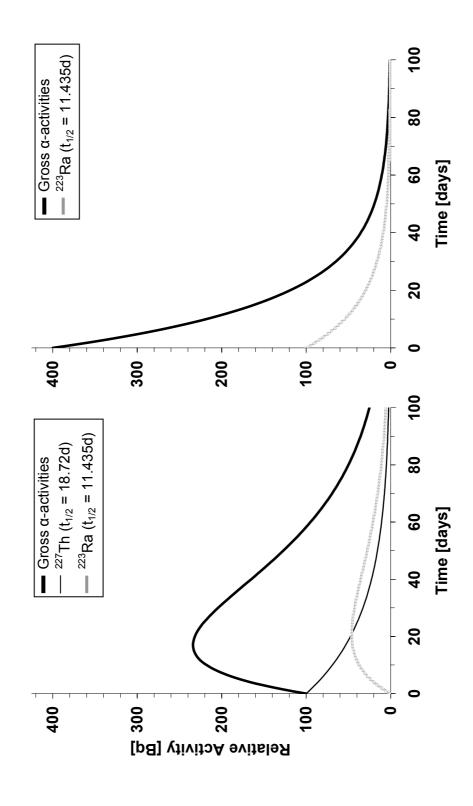


Fig. 2.





Decay properties of ²	²⁷ Th and ²²³ Ra	
Nuclide	half-life	γ-rays keV (%)
²²⁷ Th	18.72d	50.13 (7.9) 235.97 (12.3) 256.25 (7.01) 300.00 (2.32) 329.85 (2.69)
²²³ Ra	11.435d	144.23 (3.22) 154.21 (5.62) 269.46 (13.70) 323.87 (3.93) 338.28 (2.79)

Table 1 Decay properties of ²²⁷Th and ²²³Ra

Data were taken from Table of Isotopes, 8th ed. John Wiley and Sons, Inc., (1996);

a: More than 2% abundant γ -rays are listed for each radionuclide;

b: Percent probability per 100 decays.

Table 2 Biodistributio	Table 2 Biodistribution of ²²⁷ Th-EDTMP in mice.	MP in mice.					
	15 m		30 m	1 hr	3 hr	6 hr	12 hr
Blood Lung Liver Spleen Kidney Muscle Parietal bone Femur	$\begin{array}{cccccccccccccccccccccccccccccccccccc$	0.01 0.03 0.06 0.08 0.05 0.05 0.05 0.05	$\begin{array}{rrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrr$	$\begin{array}{rrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrr$	$\begin{array}{rrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrr$	$\begin{array}{rrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrr$	$\begin{array}{rrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrr$
	1 d		3 d	5 d	2 d	10 d	14 d
Blood Lung Liver Spleen Kidney Muscle Parietal bone Femur Values represe	Blood 0.002 ± 0.001 0.0012 ± 1.00012 Lung 0.027 ± 0.002 0.034 ± 1.008 Liver 0.11 ± 0.06 0.08 ± 1.008 Spleen 0.019 ± 0.011 $0.048 \pm 0.012 \pm 1.003$ Kidney 0.23 ± 0.03 $0.012 \pm 0.010 \pm 0.010 \pm 1.38$ Muscle 0.033 ± 0.049 $0.010 \pm 0.010 \pm 1.38$ Parietal bone 5.37 ± 1.38 $6.60 \pm 8.75 \pm 1.008$ Femur 8.65 ± 0.86 8.75 ± 1.008 Values represent the means \pm S.D. of four animals	0.001 0 0.002 0.06 0.011 0.03 0.049 1.38 0.049 1.38 0.86 0.86 0.86 0.86	0.0008 0.016 0.02 0.021 0.04 0.04 0.04 0.53 0.53 0.79	$\begin{array}{rrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrr$	$\begin{array}{rrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrr$	$\begin{array}{rrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrr$	$\begin{array}{rrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrr$

15 m 5.10 ± 5.5 +	1 hr	6 hr	۲ -	
$5.10 \pm 0.52 \pm 0.52$		O III O	n T	/ a
+ 63 6	4.98 ± 1.08	+	+	+
	++	++	H	H
Liver 1.68 ± 0.14	1.50 ± 0.11	1.71 ± 0.18	1.66 ± 0.35	1.75 ± 0.45
Spleen 1.50 ± 0.07	++	++	H	H
h 1.87 ± 0	++	++	H	H
estine 1.07 ± 0	++	++	H	H
1.21 ±	++	++	H	H
$3.76 \pm$	++	+H	H	H
0.79 ± 0.79	++	++	H	H
Parietal bone 4.14 ± 0.24	7.48 ± 1.59	+1	H	H
Femur 7.11 ± 0.58	11.96 ± 0.71	++	H	+H

Uptake rates in various tissues are expressed as % of administered dose per gram of tiss Values represent the means \pm S.D. of four animals

Table 3 Biodistribution of ²²⁷Th-citrate in mice.

Table 4 Retention index of ²²³Ra on the femur

day 7	0.85	\pm	0.04
day 14	0.89	±	0.02