Low-molecular weight fractions of Japanese soy sauce act as a RAGE antagonist via inhibition of RAGE trafficking to lipid rafts

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1	Low-molecular weight fractions of Japanese soy sauce act as RAGE
2	antagonist via inhibition of RAGE trafficking to lipid rafts

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1 Abstract

2 Advanced glycation end-products (AGE) have been implicated in aging and the pathogenesis of diabetic complications, inflammation, 3 4 Alzheimer's disease, and cancer. AGE engage the cell surface receptor for 5 AGE (RAGE), which in turn elicits intracellular signaling, leading to 6 activation of NF- κ B to cause deterioration of tissue homeostasis. AGE are 7 not only formed within our bodies but are also derived from foods, endowing 8 them with flavor. In the present study, we assessed the agonistic/antagonistic 9 effects of food-derived AGE on RAGE signaling in a reporter assay system 10 and found that low-molecular weight AGE can antagonize the action of 11 AGE-BSA. Foods tested were Japanese soy sauce, coffee, cola, and red wine, 12 all of which showed fluorescence characteristics of AGE. Soy sauce and 13 coffee contained N^{ϵ} -carboxymethyl lysine. Soy sauce, coffee, and red wine 14 inhibited the RAGE ligand-induced activation of NF-kB, whereas cola had no effect on the ligand induction of NF- κ B. The liquids were then 15 16 fractionated into high-molecular weight fractions (HMF) and low-molecular 17 weight fractions (LMF). Soy sauce-, coffee-, and red wine-derived LMF 18 consistently inhibited the RAGE ligand induction of NF-KB, whereas the 19 HMF of these foods activated RAGE signaling. Using the LMF of soy sauce 20 as a model food-derived RAGE antagonist, we performed a plate-binding 21 assay and found that the soy sauce LMF competitively inhibited 22 AGE-RAGE association. Further, this fraction significantly reduced 23 AGE-dependent MCP-1 secretion from murine peritoneal macrophages. The 24 LMF from soy sauce suppressed the AGE-induced RAGE trafficking to lipid 25 rafts. These results indicate that small components in some, if not all, foods 26 antagonize RAGE signaling and could exhibit beneficial effects on 27 RAGE-related disease.

1 Introduction

2 Advanced glycation end products (AGE) are stable end products of the Maillard reaction. The Maillard reaction was first described by 3 Louis-Camille Maillard in 1912.¹ Reducing sugars such as glucose react 4 non-enzymatically with amino groups of proteins through a series of 5 reactions including Schiff's base formation, Amadori rearrangement, 6 dehydration, condensation, and crosslinking to yield irreversible AGE.² In 7 diabetes, AGE have been implicated in the development of diabetic vascular 8 9 complications.³

10 Among a variety of cell surface proteins that have been described to 11 bind AGE, the receptor for AGE (RAGE) has been qualified to transduce signals into the cell upon exposure to AGE, thereby eliciting cellular 12 responses and phenotypic changes.^{4,5} RAGE belongs to pattern recognition 13 14 receptors, and binds to not only AGE but also S100/calgranulins,⁶ Mac-1,⁷ transthyretin,⁸ high mobility group box-1 proteins (HMGB-1)/amphoterin,⁹ 15 lipopolysaccharides (LPS),¹⁰ phosphatidylserine,¹¹ and amyloid-β peptides.¹² 16 17 RAGE engagement by these ligands activates NF-KB and downstream 18 effecter gene expression and contributes to various pathological processes including aging, cancer, inflammation and Alzheimer's disease.¹³⁻¹⁵ We have 19 20 demonstrated that RAGE overexpression accelerates, but RAGE deficiency ameliorates, the development of diabetic nephropathy,^{16, 17} and that RAGE is 21 involved in the brain uptake of amyloid- β_{1-42} .¹⁸ 22

AGE are formed within our bodies during aging and under diabetic conditions and in foods through cooking and storage.^{19, 20} Human studies revealed that about 10% of diet-derived AGE were absorbed, two-thirds of which remained in the body.^{19, 20} It is reported that orally absorbed AGE are an environmental risk factor in diabetic nephropathy, and that AGE-rich

meals increase serum levels of AGE.19, 21 However, biologic activities of 1 2 food-derived AGE have been not fully evaluated, because of the lack of 3 suitable in vitro assay systems applicable to foods concerned. In this study, 4 we employed a RAGE-dependent reporter assay system and evaluated the 5 agonistic/antagonistic effects of AGE-containing liquids on RAGE signaling. 6 With a model soy sauce low-molecular weight fraction, effects on 7 AGE-RAGE association, MCP-1 secretion from murine peritoneal 8 macrophages, trafficking to lipid rafts were also assessed. We demonstrate 9 for the first time that small AGE components in some, if not all, foods 10 antagonize RAGE signaling and can provide beneficial effects on 11 RAGE-related disease.

1 **Experimental**

2 Food

Japanese soy sauce, coffee, red wine, and cola were purchased from
SHODA SHOYU CO. LTD. (Gunma, Japan), CARAVAN SERAI KC
(Ishikawa, Japan), Notowine (Ishikawa, Japan), and Coca-Cola Japan LTD
(Tokyo, Japan), respectively.

7

8 Column chromatography

9 Liquid foods were filtered through a 0.22-µm filter (Millipore). Soy 10 sauce was applied to a column (2 x 7cm) of cosmocil 75C18-OPN (Nacalai 11 Tesque, Japan) equilibrated with H₂O for desalting. The column was washed 12 extensively with water. The bound material was eluted with 100% 13 methanol/0.1% TFA. The filtrates of coffee, cola, red wine, and the desalted 14 soy sauce were used as total crude preparations. All preparations were 15 freeze-dried and the resultant lyophilized powder was fractionated. Size 16 fractionation was performed using a column (5 mL) of PD-10 (GE 17 Healthcare) equilibrated with H₂O. Total crude preparations were applied to 18 the column and separated into pass-through fractions and incorporated 19 fractions; these were named HMW fractions and LMW fractions, 20 respectively. The LMW fraction of soy sauce was further applied to a 21 column of cosmocil 75C18-OPN equilibrated with H₂O. The column was 22 washed extensively with H₂O. The bound material was eluted by stepwise 23 elution with H₂O, 20% methanol, 50% methanol, 100% methanol and 100% 24 methanol/0.1% TFA. The eluates were freeze-dried and the lyophilized 25 powder was used in subsequent experiments. Endotoxin was not detected in 26 the preparations and the fractions when tested with Limulus HS-test Wako 27 (Wako Pure Chemical Industries, Osaka, Japan).

1

2

Preparation and characterization of low-molecular weight AGE

3 Twenty millimolar N^{α} -carbobenzoxy (CBZ)-L-lysine (Sigma) was 4 incubated at 37 °C for 1 week with 20 mM DL-glyceraldehyde or glycolaldehyde (Nacalai Tesque, Kyoto, Japan) in 0.2 M phosphate buffer 5 6 (pH 7.4); the products were analyzed by SDS-PAGE (15%) and by surface plasmon resonance assay with a BIAcore CM5 sensor chip, on which human 7 endogenous secretory RAGE (esRAGE), a decoy form generated by 8 9 alternative RNA splicing,²¹ had been immobilized. The surface plasmon 10 resonance assay was performed as described.¹⁸

11

12 AGE assays

N^e-carboxymethyl lysine (CML) was determined with the CML ELISA
 kit (CycLex, Nagano, Japan). Fluorescence was measured with a TriStar
 LB941 multireader (Berthold Technologies, Bad Wildbad, Germany).
 Samples were excited at 355 nm and emission was recorded at 460 nm.

17

18 Luciferase reporter assay

19 Rat C6 glioma cells that had been stably transformed with an 20 expression plasmid containing human full-length RAGE cDNA and with a 21 firefly luciferase reporter gene under the control of the NF- κ B promoter¹⁷ 22 were used. Reporter activation is dependent on ligand-RAGE interactions, as 23 evidenced by (1) induction by AGE, (2) inhibition by siRNA against RAGE, 24 (3) inhibition by contransfection of intracytoplasmic domain-lacking 25 dominant negative RAGE, and (4) neutralization by soluble RAGE.¹⁷ After a 26 24 h preincubation in Dulbecco's modified Eagle's medium supplemented 27 serum. with 0.1% fetal bovine the cells were stimulated by

glyceraldehyde-derived AGE-BSA²² in the presence or absence of
 food-derived fractions for 4 h. Luciferase activity was determined with a
 Luciferase Assay System (Promega) and measured in a luminometer
 (Fluoroskan Ascent FL; Labotal Scientific Equipment Ltd., Abn Gosh,
 Israel).

6

7 Plate binding assay

8 Competitive inhibition with LMW fractions from soy sauce was 9 performed using a 96-well AGE-BSA-coated plate as described.¹⁷

10

11 Determination of monocyte chemoattractant protein-1 (MCP-1)

12 The MCP-1 ELISA kit (R&D Systems Inc.) was used to determine 13 MCP-1 concentrations in the medium of primary culture of mouse peritoneal 14 macrophages.

15

16 Sucrose density gradient centrifugation and western blotting

17 Lipid rafts were isolated essentially according to the detergent extraction method described by Mitsuda et al.23 The same cell line used for 18 the luciferase-reporter assay, the C6 glioma cells, was plated at a density of 1 19 20 x $10^{6}/10$ cm-dish and cultured to 90% confluence. After washing each well 21 with 0.1% FBS/DMEM, AGE-BSA were added with or without the soy sauce 22 LMF-4 fraction. After 20 h incubation, the cell layer was washed with cold 23 PBS, and the cells were collected, suspended in 1 mL of a buffer containing 24 1% Triton X-100, 50 mM Tris-HCl, pH 7.5, 150 mM NaCl, 1 mM EDTA, 1 25 mM PMSF, 1 µg/mL aprotinin, and disrupted by 5 rounds of 30 sec 26 sonication. Samples were placed on the bottom of Ultra-Clear centrifuge 27 tubes (Beckman Instruments) and mixed with an equal volume of 80% (w/v)

sucrose in buffer. This was overlaid with 5 mL 35% sucrose (w/v) and 5%
(w/v) sucrose in buffer without Triton X-100. The samples were centrifuged
at 55,000 rpm in a Beckman SW28.1 rotor for 18 h at 4 °C. After
centrifugation, 1.5 mL of each fraction was collected from the top of the
gradient to yield 8 fractions.

6 After determination of protein concentrations with BCA Protein Assay 7 kit (Pierce), equal amounts of proteins were separated by SDS-PAGE 8 (12.5%) and electroblotted onto PVDF membranes (Millipore). The 9 membranes were blocked with 5% (w/v) non-fat dried milk in PBS and 0.1% 10 (v/v) Tween 20, and incubated with goat anti-RAGE antibody (1:1000, 11 Ab5484, Millipore), which recognized human and mouse RAGEs, and with 12 rabbit anti-GM1 antibody (1:1000, orb10299, Biorbyt). Donkey anti-Rabbit 13 IRDye 680 and goat anti-Rabbit IRDye 800 were diluted 10,000-fold and 14 used as the secondary antibodies. The antigen-antibody complex was 15 visualized using the Odyssey Infrared Imaging system (LI-COR 16 Biotechnology, Lincoln, Nebraska, USA).

17

18 Statistical analysis

19 Statistical analysis was performed using Student's t test. p<0.05 was 20 considered significant.

1 **Results**

2 RAGE-dependent NF-κB reporter assay

3 We and other researchers previously observed that ligand engagement 4 causes oligomerization of RAGE for the initiation of signal transduction.²⁴ This led us to speculate that small AGE ligands may exert rather antagonistic 5 6 effects on RAGE. To test this hypothesis, we prepared low-molecular weight 7 AGE by incubating N^α-CBZ-L-lysine with glyceraldehyde or 8 glycolaldehyde; the former lysyl derivative can react with the latter 9 carbonyls only on the ε -amino group but without further Maillard reaction. 10 As shown in Fig. 1A, incubation of CBZ-lysine and glyceraldehyde or 11 glycolaldehyde yielded brown products that migrated as a single band much 12 faster than bromophenol blue on polyacrylamide gel. Both glyceraldehyde-13 and glycolaldehyde-derived small AGE bound human esRAGE as evidenced 14 by positive sonograms in surface plasmon resonance assay (Fig. 1B). We 15 next tested the effect of the small AGE on post-RAGE signaling. For this, we 16 employed rat C6 glioma cells expressing human RAGE cDNA and carrying 17 the firefly luciferase reporter gene under the control of NF-kB promoter. As 18 shown in Fig. 1C, HMW AGE-BSA induced the luciferase, but this was 19 completely abolished by glyceraldehydes-derived and CBZ-lysine-derived 20 AGE, indicating that LMW AGE antagonized RAGE signaling.

These observations provided a rationale to evaluate food AGE by testing them with the C6 reporter system to judge whether they are agonistic or antagonistic to RAGE.

24

25 Soy sauce, coffee, red wine, and cola contained AGE

Japanese soy sauce, coffee, red wine and cola were tested in this study.
We first determined the fluorescence characteristic of AGE and the content

of CML, the representative non-fluorescence AGE structure, to see whether soy sauce, coffee, red wine and cola contained AGE. AGE-BSA and CBZ-lysine-derived AGE were employed as positive controls and non-glycated BSA as negative controls in these determinations. As shown in Table 1, soy sauce, coffee, red wine, and cola exhibited AGE-derived fluorescence and soy sauce and coffee contained CML. CML was not detected in red wine and cola in this assay.

8

9 The net activities of soy sauce, coffee, and red wine were RAGE 10 antagonizing

11 Japanese soy sauce, coffee, red wine, and cola were used in the 12 RAGE-dependent reporter assay. After desalting or degassing, total crude 13 preparations were added to cultures of human RAGE-expressing, luciferase 14 reporter gene-carrying rat C6 glioma cells. The crude preparations from soy 15 sauce, coffee, and red wine significantly inhibited AGE-induced NF-KB 16 activation (Fig. 2 A, B and C). The crude preparation from cola yielded no 17 change in reporter activation (Fig. 2D). No significant change in cell 18 viability was observed.

19

20 The antagonistic effects of soy sauce, coffee and red wine resided in LMW

21 *fractions*

The food-derived preparations were separated by PD-10 column chromatography and fractionated by molecular size. Fractions larger than 5000 molecular weight were designated HMW fractions, and fractions smaller than 5000 were categorized as LMW fractions. We determined the content of CML in the HMW and LMW fractions of soy sauce, coffee, red wine and cola. CML was detected in both HMW and LMW fractions from soy sauce and coffee but not in the HMW and LMW fractions from red wine
 or cola in the conditions employed in this study (Table 2).

3 When the NF- κ B-luciferase-carrying C6 cells were exposed to the soy 4 sauce HMW fraction, AGE-dependent NF- κ B activation was significantly enhanced (Fig. 2A). In contrast, addition of the soy sauce LMW fraction 5 significantly inhibited the AGE induction of NF-KB (Fig. 2A). HMW 6 fractions of coffee and red wine also enhanced AGE-dependent NF-KB 7 8 activation, while their LMW fractions significantly inhibited activation (Fig. 9 2 B and C), similar to the soy sauce-derived LMW fraction. In contrast, the 10 cola-derived HMW fraction had no effect, but the LMW fraction enhanced 11 reporter activity (Fig. 2D). Toxicity to the cells was not observed in the 12 concentration range of 0.5-1.0 mg/mL in any of the HMW and LMW 13 fractions from the four food samples tested, when the cells had been 14 incubated with them for 24 h (supplemental Fig. 1). Soy sauce, coffee and 15 red wine have HMW fractions that engage RAGE and LMW fractions that 16 act as competitive inhibitors. To examine whether the effect of LMW 17 fractions from these three foods on AGE-RAGE signaling is predominant 18 over that of HMW fractions, we performed the RAGE-dependent reporter 19 assay using a mixture of HMW and LMW fractions that had been separated 20 from total crude fractions of those foods. When equal amounts of HMW and 21 LMW fractions from soy sauce, coffee or red wine were combined and 22 assayed, they inhibited the AGE-induced NF-kB activation as did the 23 respective total crude fractions (Supplemental Fig. 2A). The weight ratios of 24 HMW and LMW fractions from soy sauce, coffee and red wine were 3 : 2, 25 3 : 7 and 3 : 97, respectively, and the average molecular weights of HMW 26 and LMW frations were 400,000 and 4,000 (soy sauce), 450,000 and 4,500 27 (coffee) and 400,000 and 4,000 (red wine), respectively. This indicates that

the number of molecules in the LMW fraction was much larger than that in the HMW fraction. We then conducted the RAGE-dependent reporter assay using mixtures of soy-sauce-derived HMW and LMW fractions at different ratios. Even when the ratio of HMW and LMW was up to 100 : 1, the mixture of the HMW and LMW fractions significantly inhibited the AGE induction of NF-κB activation (Supplemental Fig. 2B).

7

8 Further fractionation and characterization of the RAGE-antagonizing
9 Japanese soy sauce LMW fraction

Next, using the LMW fraction of soy sauce as a model food-derived
RAGE antagonist, we further fractionated the soy sauce LMW fraction by
reversed-phase chromatography into 5 fractions named LMF-1, LMF-2,
LMF-3, LMF-4, and LMF-5 (Fig. 3). When assayed with the
RAGE-dependent luciferase reporter system, LMF-1, LMF-3, LMF-4, and
LMF-5 significantly inhibited AGE-induced NF-κB activation in a
dose-dependent manner (Fig. 4). LMF-2 did not inhibit NF-κB activation.

Plate assays were used to determine whether the antagonistic LMW
fractions from soy sauce inhibit AGE-RAGE association. LMF-1 most
strongly inhibited human esRAGE binding to immobilized AGE-BSA (Fig.
LMF-4 and LMF-5 also inhibited binding in a dose-dependent manner.

21 LMF-2 and LMF-3 did not affect AGE-BSA-esRAGE binding.

22

23 LMF-4 and LMF-5 inhibited AGE-induced MCP-1 secretion from mouse
 24 peritoneal macrophages

We then sought to identify the biological activities of fractions that antagonize RAGE signaling and inhibit AGE-RAGE association. For this, we employed mouse peritoneal macrophages, which release MCP-1, an inflammatory cytokine, in response to AGE-RAGE binding.²⁵ As shown in
Fig. 6, AGE-BSA increased MCP-1 secretion in comparison to control
non-glycated BSA. In the presence of LMF-4 and LMF-5, AGE-induced
MCP-1 secretion was significantly inhibited. On the other hand, LMF-1 had
no effect on AGE-induced MCP-1 secretion.

6

7 LMF-4 inhibited RAGE trafficking to lipid rafts

8 We then sought to determine how the LMF fractions halt AGE-RAGE 9 activity using LMF-4, which showed higher inhibitory activity of MCP-1 10 secretion than LMF-5. Since lipid rafts have recently been reported to be 11 involved in receptor trafficking²⁶ and signal transduction²⁷, we investigated the relationship between RAGE and lipid rafts. As shown in Fig. 7, when the 12 13 C6 cells were treated with non-glycated BSA, RAGE was recovered in the 14 fractions near the bottom. After exposure to AGE-BSA, RAGE moved to the 15 less dense fractions to which GM-1, the marker of lipid rafts, sedimented, indicating that ligand binding to RAGE induced RAGE trafficking to lipid 16 17 rafts. However, coexistence of LMF-4 completely inhibited RAGE 18 movement to the lipid raft fractions.

19

1 **Discussion**

2 We have demonstrated that Japanese soy sauce, coffee, red wine, and cola contain AGE (Table 1), and that soy sauce, coffee, and red wine, 3 4 particularly their LMW fractions, exert RAGE signaling inhibitory effects (Fig. 2 A-C) as do N^{α} -CBZ-L-lysine-derived small AGE (Fig. 1C). HMW 5 fractions from soy sauce, coffee, and red wine exhibited agonistic effects, 6 7 but the net activities of the 3 kinds of foods were RAGE-antagonistic. The 8 weight ratios of HMW and LMW fractions in total crude fractions of these 9 three kinds of foods were 3 : 2, 3 : 7 and 3 : 97, respectively, and the average 10 molecular weights of the HMW fractions were 100-fold larger than those of 11 LMW fractions in either kind of the foods. Moreover, the mixture of the 12 HMW and LMW fractions from soy sauce combined at the differing weight 13 ratios significantly inhibited the AGE-induced NF-kB activation at the ratio 14 up to 100 : 1 (HMW : LMW) (Supplemental Fig. 2B). These results indicated that the absolute number of antagonistic components in LMW 15 16 fractions from these foods is extremely large compared with that of agonistic 17 components in HMW fractions, and that the effect of LMW fractions on 18 RAGE signaling is predominant over that of HMW fractions. Though HMW 19 fractions from these foods showed a potent RAGE-agonistic activity, the net 20 activity of the total crude fractions was antagonistic, and when the soy 21 sauce-derived HMW and LMW fractions were combined at differing ratios, 22 the agonistic activity was observed only with the ratio of 1,000 : 1 (HMW : 23 LMW) (Supplemental Fig. 2B). The results suggested that the HMW 24 fractions might be too small to exert the RAGE-ligand effect in the total 25 fraction. The results are consistent with our previous observations that 26 heparin acts as RAGE agonist and that LMW heparin acts as RAGE antagonist¹⁷ and with the observation by Penfold et al. that HMW serum 27

fractions enhanced post-RAGE signaling.²⁸ It was reported that dimerization 1 2 of RAGE represents an important component of RAGE-mediated cell signaling.²⁹ And, as the CBZ-lysine-derived LMW AGE completely 3 4 abolished the HMW AGE-BSA induction of the RAGE-dependent luciferase activation (Fig. 1C), most of the food-derived LMW but not HMW 5 6 components abolished the AGE induction of the reporter enzyme in the same assay (Figs. 2 and 4). Thus, it may be reasonable to posit that small AGE or 7 8 food components engage RAGE, but that they interfere the formation of 9 RAGE dimer or oligomer, thereby inhibiting RAGE signaling.

In the case of cola, the LMW fraction increased NF- κ B activity, while the total preparation and HMW fraction yielded no changes in RAGE signaling (Fig. 2D). This suggests that the cola HMW fraction contains components capable of suppressing NF- κ B activation, and that this activity supersedes the agonistic effect of the cola LMW fraction. The role of LMW fraction from cola on AGE-RAGE signaling remains to be investigated.

16 In this study, we used food samples at the concentration range of 17 0.5-1.0 mg/mL in the cellular experiments. This was based on the following calculations. First, Koschinsky et al.¹⁹ estimated that the total amount of 18 19 orally absorbed AGE found in blood was equal to about 10% of that 20 estimated to be present in the ingested meal, and that only 30% of the 21 circulating AGE was excreted in the urine of persons over the subsequent 48 h. Second, according to data from the Japan Soy Sauce Brewers 22 23 Association³⁰, the daily consumption of soy sauce in Japan is estimated at about 30 mL per person, and, according to Hamano et al.³¹, the average of 24 25 dry weight of soy sauce is estimated to be 1.19 g/mL. Assuming that a blood 26 volume of the average adult is 5,000 mL, the concentration of Japanese soy 27 sauce *in vivo* would then be at the mg/mL order (approximately 7.1 mg/mL),

the concentration near those employed in this study. There is a report that
coffee was used for *in vivo* experiments at 15 mg/mL.³²

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3 To learn how the food-derived LMW fractions antagonized RAGE, we 4 further fractionated and characterized the LMW fraction from soy sauce. Four of 5 soy sauce subfractions (LMW-1, LMF-3, LMF-4 and LMF-5) 5 possessed RAGE antagonistic activity (Fig. 4). Three of 5 subfractions 6 7 (LMW-1, LMF-4 and LMF-5) competitively inhibited AGE-RAGE binding 8 (Fig. 5). The results suggest that soy sauce contains plural components with 9 RAGE antagonistic activities, and that some component in LMW-3 could 10 inhibit post-RAGE signaling in a ligand-independent manner.

Further, 2 of 3 ligand-association-inhibitory and antagonistic subfractions (LMF-4 and LMF-5) inhibited MCP-1 secretion from mouse peritoneal macrophages (Fig. 6), indicating that those soy sauce-derived LMW subfractions antagonized RAGE *in vivo*.

15 The soy sauce LMW subfraction with the most potent antagonistic activity and the strongest inhibition of macrophage MCP-1 secretion 16 17 (LMF-4) were assayed for its mechanistic properties. We found for the first 18 time that LMF-4 efficiently halted AGE-induced RAGE trafficking to lipid 19 rafts, the membrane microdomain that compartmentalizes select signaling and functional events.³³ Powers et al.³⁴ reported that Toll-like receptor 4, 20 21 another pattern recognition receptor, was recruited to lipid rafts. The present 22 findings that RAGE can accumulate in lipid rafts and that this can be 23 controlled are previously unreported. We propose that small RAGE ligands, 24 such as soy sauce LMF-4 and CBZ-lysine-derived AGE, may inhibit RAGE 25 dimerization and subsequent trafficking to lipid rafts.

26 The total preparation and the LWF fraction of red wine also exhibited27 RAGE antagonism. The antagonistic effect of red wine may partly be

1 ascribed to polyphenol. Resveratrol, a natural polyphenol found in red wine,

- 2 attenuates NF- κ B activation and reduces RAGE expression.³⁵
- 3 The results thus indicate that small AGE components in some, if not
- 4 all, foods antagonize RAGE signaling and could provide health benefits.

5

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1

2 Table 1 Determinations of AGE in foods	Determinations of AGE in	foods.
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	Non-glycated BSA	AGE-BSA	Japanese soy sauce	Coffee	Red wine	Cola	Z-lys
Fluorescence (A.U.)	237 ± 40	3673 ± 115	34358 ± 120	9610 ± 56	1639 ± 35	2901 ± 28	31170 ± 29
CML concentration (µg/mL)	< 0.11	22.5 ± 0.2	2.5 ± 0.0	0.3 ± 0.0	< 0.11	< 0.11	8.0 ± 0.4

3 Hundred μ L equivalents to 100 μ g/mL BSA that had been added to glycation reaction (non-glycated BSA and AGE-BSA), 100 µL crude preparations (soy 4 5 sauce, coffee, red wine, and cola), and 100 µL 100 units/mL glyceraldehydeand N^{α} -CBZ-lysine-derived AGE (Z-lys; 1 unit is defined as the 6 concentration of Z-lys that gives 50 % inhibition of AGE-BSA-RAGE 7 8 binding) were analyzed by fluorospectrophotometry. Aliquots of each (50µL) 9 were assayed for CML. Values are expressed as means \pm S.E. (n = 3). A.U., 10 arbitary units.

11

12 Table 2 Determinations of CML concentrations in LMW and HMW

13 fractions of food-derived samples.

	Japanese soy sauce		Coffee		Red wine		Cola	
	HMW	LMW	HMW	LMW	HMW	LMW	HMW	LMW
CML concentration (µg/mL)	0.45 ± 0.0	$\begin{array}{c} 1.82 \\ \pm \ 0.1 \end{array}$	$\begin{array}{c} 0.15 \\ \pm \ 0.0 \end{array}$	0.14 ± 0.0	< 0.11	< 0.11	< 0.11	< 0.11

14 Fifty µL of each fraction were assayed for CML. Values are expressed as

15 means \pm S.E. (n = 3).

1 Figure legends

2

3 Figure 1

4 Characterization of LMW AGE. SDS-PAGE of A. analysis glyceraldehyde-derived or glycolaldehyde-derived AGE. Closed arrow heads, 5 LMW AGE. Arrows, bromophenol blue. Gels were not stained. B. Surface 6 plasmon resonance sonograms of N^{α} -CBZ-lysine- and glyceraldehyde- or 7 8 glycolaldehyde-derived AGE. Time 0 indicates addition of AGE analytes to 9 the CM5 sensor chip on which purified human esRAGE proteins were 10 immobilized as ligands. Arrows indicate the start of washing. C. RAGE 11 glyceraldehyde-derived signaling assay. AGE, AGE-BSA; BSA. 12 non-glycated BSA; Glycer-Z-lys, glyceraldehyde-derived N^{α} -CBZ-lysine 13 AGE.

14

15 Figure 2

16 Effects of crude preparations and HMW and LMW fractions from Japanese 17 soy sauce (A), coffee (B), red wine, (C) and cola (D) on RAGE signaling. 18 RAGE signaling was assayed in human RAGE-expressing, 19 NF-kB-promoter-luciferase reporter gene-carrying rat C6 glioma cells as 20 described in the Experimental section. AGE-BSA, 50 µg/mL 21 glyceraldehyde-derived AGE-BSA; BSA, 50 μ g/mL non-glycated BSA. #, p <22 0.01 (vs. BSA);**, p < 0.01 (vs. AGE-BSA); *, p < 0.05 (vs. AGE-BSA) (n = 23 3).

24

25 Figure 3

Fractionation of the Japanese soy sauce LMW fraction by reversed-phasechromatography.

1

2 Figure 4

RAGE antagonistic activities of subfractions of the Japanese soy sauce LMW
fraction. AGE-BSA, 50 µg/mL glyceraldehyde-derived AGE-BSA; BSA, 50
µg/mL non-glycated BSA. #, p < 0.01 (vs. BSA);**, p < 0.01 (vs. AGE-BSA);
*, p < 0.05 (vs. AGE-BSA) (n = 3).

7

8 Figure 5

9 Effect of soy sauce LMW subfractions on AGE-RAGE binding. A plate 10 competitive inhibition assay was performed as described in the Experimental 11 section. Subfraction (0.063, 0.125, 0.25, 0.5 and 1.0 mg/mL) were incubated 12 with esRAGE on an AGE-BSA-coated plate at room temperature for 1 h. 13 After incubation and washing, europium-labeled anti-RAGE antibody was 14 added and the plate was further incubated for 1 h. After incubation and 15 washing, the europium-labeled antibody, esRAGE and AGE complex was 16 detected by fluorophotometry.

17

18 Figure 6

Biological activity of LMW subfractions of Japanese soy sauce. Mouse peritoneal macrophages were incubated for 24 h with non-glycated BSA or AGE-BSA in the presence or absence of LMF-1, LMF-4 and LMF-5, and MCP-1 secreted in the media was measured by ELISA. AGE-BSA, 50 μ g/mL glyceraldehyde-derived AGE-BSA; BSA, 50 μ g/mL non-glycated BSA; LMF concentration was 1.0 mg/mL each. #, *p* < 0.01 (*vs.* BSA); **, *p* < 0.01 (*vs.* AGE-BSA) (n = 3).

26

27 Figure 7

1 Localization of RAGE in lipid rafts and its inhibition by soy sauce LMF-4. 2 Human RAGE-expressing and NF-κB-promoter-luciferase reporter 3 gene-carrying rat C6 glioma cells were treated with AGE-BSA in the 4 presence or absence of LMF-4 for 24 h, followed by sucrose gradient ultracentrifugation and immunoblotting with anti-RAGE and anti-GM1 5 6 antibodies. Fractions are numbered from the top to the bottom of the 7 gradient.

8

9 Supplemental Experimental

10 Cytotoxicity Assay

11 Cytotoxicity of LMW and HMW fractions of all foods samples was 12 determined by measuring the release of LDH with the CytoTox 96 Assay 13 (Promega) according to the manufacturer's instruction. LDH-release was 14 calculated as percentage of LDH released in the culture media of total LDH 15 inside and outside cells.

16

17 Legend to supplemental Figure

18 Supplemental Fig. 1

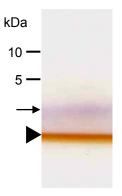
19 Cytotoxicity of HMW and LMW fractions from Japanese soy sauce, coffee, 20 and red wine. After a 5 h preincubation in Dulbecco's modified Eagle's 21 medium supplemented with 0.1% fetal bovine serum, rat C6 glioma cells 22 that had been stably transformed with an expression plasmid containing 23 human full-length RAGE cDNA and with a firefly luciferase reporter gene 24 under the control of the NF- κ B promoter were stimulated by AGE-BSA and 25 food-derived fractions (A, 1.0 mg/mL; B, 0.5 mg/mL) for 24 h. After 24 h 26 stimulation, the media and the lysates were assayed for the released and total 27 LDH activity. AGE-BSA, 50 µg/mL glyceraldehyde-derived AGE-BSA;

- 1 BSA, 50 µg/mL non-glycated BSA.
- 2

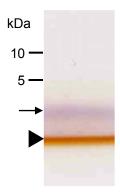
3 Supplemental Fig. 2

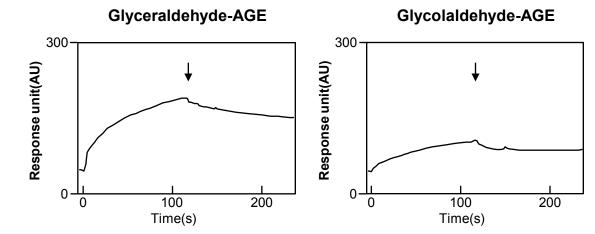
4 Effects of mixtures of HMW and LMW fractions from Japanese soy sauce, 5 coffee, and red wine on RAGE signaling. RAGE signaling was assayed with 6 human RAGE-expressing, NF-kB-promoter-luciferase reporter gene-carrying 7 rat C6 glioma cells as described in the Experimental section. (A) Equal 8 amounts (0.5 mg/mL each) HMW and LMW fractions from soy sauce, coffee 9 and red wine were combined and used for the assay. (B) Soy sauce-derived 10 HMW and LMW fractions were combined at the indicated ratio and used for 11 the assay. AGE-BSA, 50 µg/mL glyceraldehyde-derived AGE-BSA; BSA, 50 12 μ g/mL non-glycated BSA. #, p < 0.01 (vs. BSA);**, p < 0.01 (vs. AGE-BSA) 13 (n = 3).

Glyceraldehyde-AGE



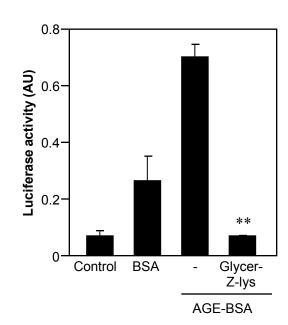






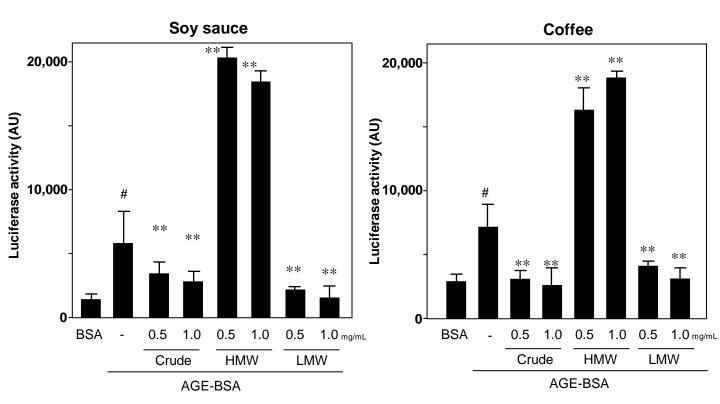
В

Α



С

Fig.2



Α



Cola

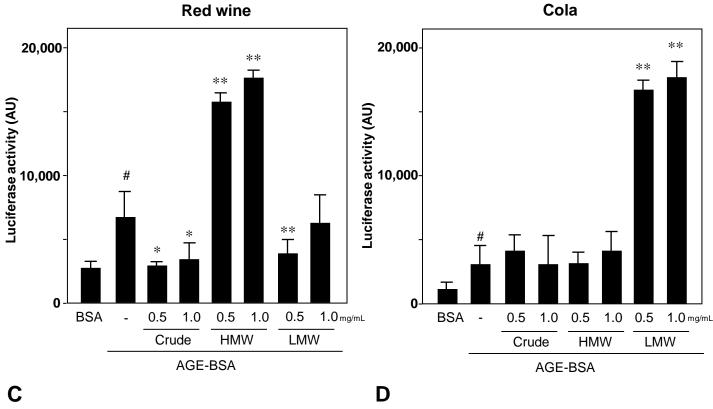
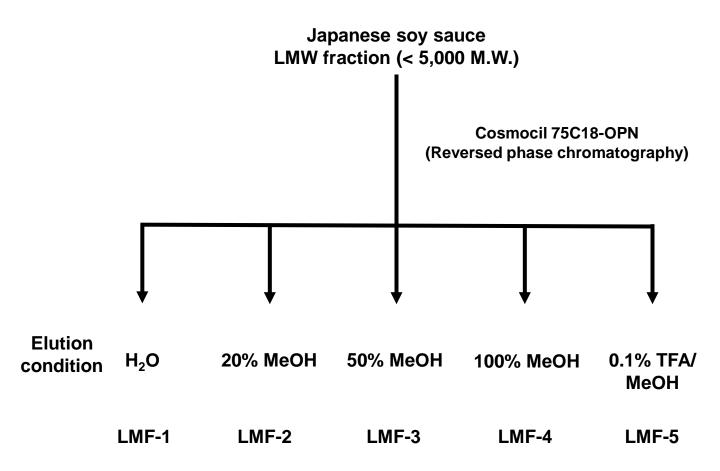
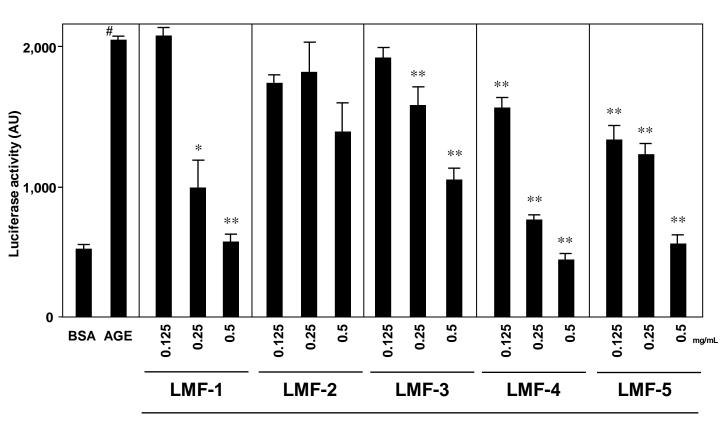


Fig.3





AGE

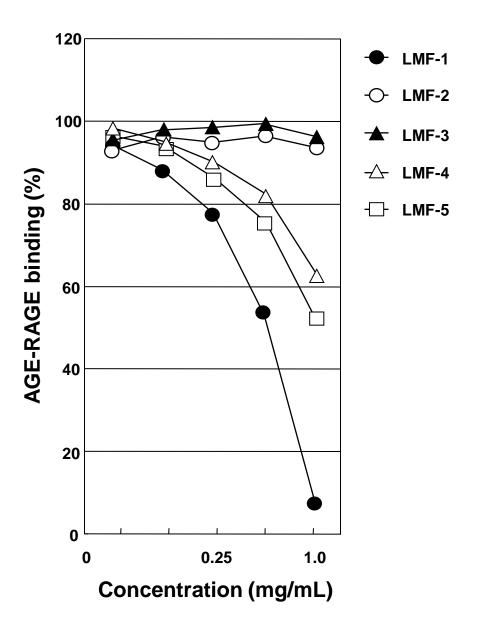
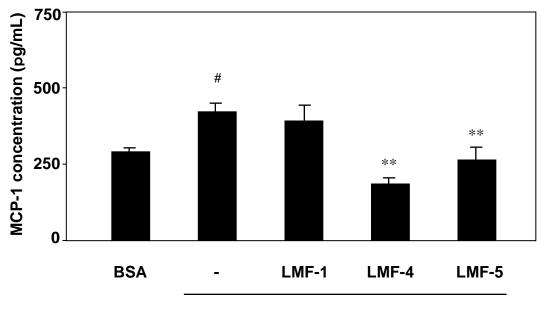
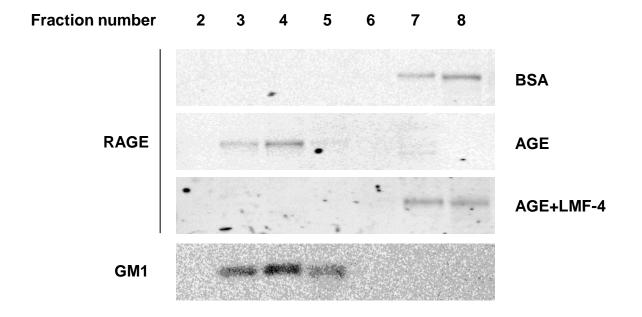


Fig.6

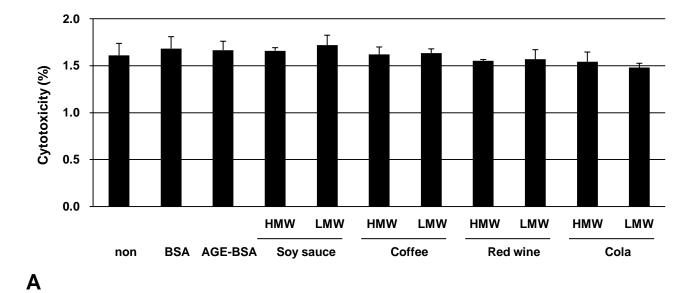


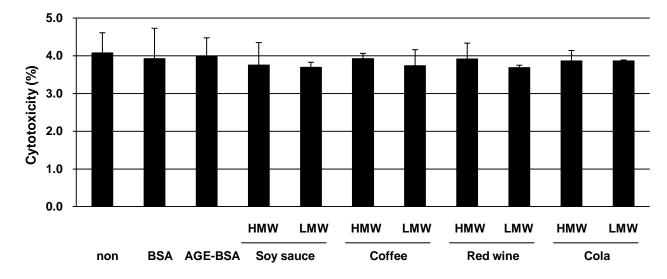
AGE-BSA

Fig.7



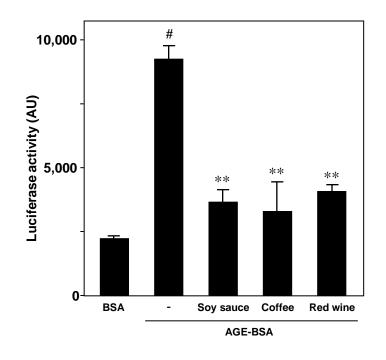
Supplemental Fig. 1



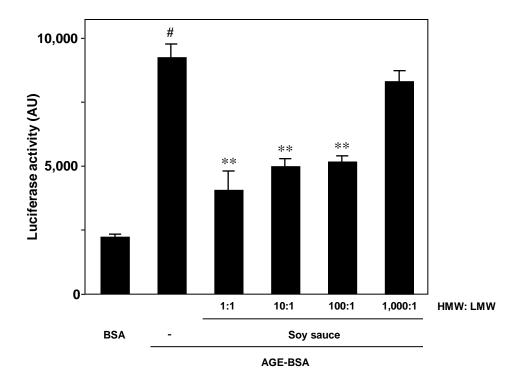


В

Supplemental Fig. 2



Α



В