Coronary Angioscopy *contribution to the coronary heart disease*

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"Clinical" diagnosis

• In the clinical setting, diagnosis always has explored the *"pathological"* answer.

- And angioscopy has established the position for this theme;
 - i.e., acute coronary syndrome, plaque characteristics, healing process after PCI, etc...



Current Modalities

Sound

Light



	1005	CAS	001
Quantitative assessment	++	-	+
3D observation with full color	-	++	-
Tissue Characterization	+/-	++	+
Near field resolution	+	++	++
Affect of blood noise	-	++	++
Compatibility for 6 Fr. catheter	++	+	++

What has angioscopy taught us?

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- Coronary angioscope gives the qualitative assessment with color information.
 - Thrombus; mural / occlusive; white /red /mixed.
 - Conditions of vessel surface; smooth/ irregular/ erosive.
 - Plaque/vessel characteristics; yellow, ruptured plaque.
 - Neointimal proliferation over the stent strut.

CAS Systems

- Two types of angioscope systems were available in Japan so far.
 - Monorail on guidewire systems (with occlusion balloon).
 - Bare fiber systems.
- Both system has each characteristics (advantage/disadvantage).
- Avoiding the blood flow by clear liquid flushing is required for clear visualization.



Angioscope System (monorail)



All angioscopic evaluation was conducted using the Vecmova[™] coronary imaging catheter (Clinical Supply, Gifu, Japan) that provides 3000 pixel images.

The optical fiber was slowly pulled back to the proximal edge manually.

The images were recorded on digital videotape and the findings were taken by off-line analysis.



血管内視鏡システム (血流維持型)

A 本体 モニター
 プリンター ③ 光源およびCCDカメラ Fiber Imaging System FT-201 (Fiber Tech Co.) a光源 bファイバー挿入部 **④⑤⑥** 記録装置 B 誘導ガイドカテーテル PCキットMC (Intertec Medicals Co.) <u>C ファイバーカテーテル</u> ファイバーカテーテルAS-003 (Fiber Tech Co.) 手順; Pull back & observe 誘導ガイドカテーテル (4F) ファイバーカテーテル 而济 低分子デキストラン



Image Comparison

Bare fiber

Monorail

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Process for ACS





 Phase I
 : Platelets aggregation

 Phase II
 : Lumen occupation by platelets and some fibrin complex.

 -NSTEMI or unstable angina (White thrombus)

 Phase III
 : Lumen obstruction by predominantly fibrin and RBC's.

 -STEMI (Red thrombus)







Morphologic Changes in Infarct-Related Plaque After Coronary Stent Placement

A Serial Angioscopy Study

Shunta Sakai, MD, Kyoichi Mizuno, MD, FACC, Shinya Yokoyama, MD, Jun Tanabe, MD, Takuroh Shinada, MD, Koji Seimiya, MD, Masamichi Takano, MD, Takayoshi Ohba, MD, Masato Tomimura, MD, Ryota Uemura, MD, Takahiro Imaizumi, MD *Chiba, Japan*



1.3 ± 0.6 3.8 ± 0.5 4 (n=24) Stent Coverage Score (n=2) 3 (n=5) (n=8) 2 (n=1) (n=25 1 p<0.01 (n=1 0 1-month follow-up 6-month follow-up Immediately after stenting n=30 n=39 n=36

Conclusions. This angioscopic study demonstrated that the morphologic changes after stenting for unstable plaque were the following: 1) a stent compressed and covered a disrupted yellow plaque, with a protruding thrombus and intimal flap, leading to a wide vessel lumen; and 2) the stent induced angioscopic plaque stabilization (smooth and white and without thrombus) through neointimal proliferation, and the sealing was achieved at about six months after stenting, accompanied with complete neointimal stent coverage. Thus, a stent is like <u>"a bandage on a wound."</u> We suggest that mechanical plaque sealing by stenting may therefore be a potentially effective therapeutic strategy for achieving plaque stabilization.

JACC. 42;1558-1565:2003



Angiographic assessment following BMS implantation



N Engl J Med. 1996;334:561-566.

Brief Rapid Communications

Remodeling of In-Stent Neointima, Which Became Thinner and Transparent Over 3 Years Serial Angiographic and Angioscopic Follow-up

Masanori Asakura, MD; Yasunori Ueda, MD; Shinsuke Nanto, MD; Atsushi Hirayama, MD, PhD; Takayoshi Adachi, MD; Masafumi Kitakaze, MD, PhD; Masatsugu Hori, MD, PhD; Kazuhisa Kodama, MD, PhD







Long-term endotherial dysfunction is more pronounced after stenting than after balloon angioplasty in porcine coronary arteries



- Arteries were analyzed using a dyeexclusion test and planimetry of permeable areas(34 stents and 14 POBA). Thereafter, the arteries were processed for light and scanning electron microscopy for assessment of morphology and proliferative response.
- Leakage of the endothelium for molecules such as EB-Alb as well as prolonged endothelial proliferation observed as late as 3 month after the intervention, and is more pronounced after stenting.

Stenting especially decreases long-term vascular integrity with respect to permeability and endotherial proliferation, and is associated with distinct morphologic characteristics.

Heleen MM, et al. J Am Coll Cardiol. 1998;32:1109-1117.

In-stent Restenosis

Is ISR formed by concentric smooth muscle tissue layer?



IVUS findings



Restenosis of BMS (Bx Velocity) segment



Morphology of BMS-ISR

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Different from BMS





Follow-up CAG at 6 month



Polymer based sirolimus-eluting stent



Cypher implantation promises minimum late lumen loss due to suppression of neointimal hyperplasia following angioplasty Courtesy of Dr Sonoda.





















?



















Grading of Neointimal Coverage

Incomplete coverage

Complete coverage



Grade 0

Grade 1

Grade 2

Grade 3

Stent struts were:

- *O*: Exposed similarly to the time of implantation.
- 1: Convex into the lumen. Covered, but not embedded.
- 2: Embedded by neointima, but visible.
- 3: Fully embedded and invisible.

Kotani J, et al. *J Am Coll Cardiol*. 2006;47;2108-2111. 🟅

Comparing of Neointilmal Grade



Kotani J, et al. *J Am Coll Cardiol.* 2006;47;2108-2111.



Restenosis and late lumen loss



Modified from Mauri et al. *Circulation*. 2005;111:3435

Sirilimus-Eluting Stent (SES)







05/03/23 05001455 S.M



Zotarolimus-Eluring Stent







CoStar stent



Distribution of neointimal grade

Changes of Neointimal Grade

Incomplete neointimal coverage and heterogeneity

Circulation 2007;115:2324

Comparative Cases

Sirolimus-eluting stent (Cypher stent)

Zotarolimus-eluting stent (Endeavor stent)

Awata M, et al. JACC 2008 in press

Heterogeneity of neointimal coverage

SES (n=36)	53%		47%	
PES (n=30)	26%	48	3%	26%

Awata, M, et al. JACC intervention 2009.

2009CJ

Atherosclerotic and Thrombogenic Neointima Formed Over Sirolimus Drug-Eluting Stent

An Angioscopic Study

Tomoaki Higo, MD, Yasunori Ueda, MD, PHD, Jota Oyabu, MD, Katsuki Okada, MD, Mayu Nishio, MD, PHD, Akio Hirata, MD, PHD, Kazunori Kashiwase, MD, PHD, Nobuyuki Ogasawara, MD, Shinichi Hirotani, MD, PHD, Kazuhisa Kodama, MD, PHD *Osaka, Japan*

J Am Coll Cardiol Img 2009;2:616-618

Figure 1. Graph Showing Percentage of Patients With Atherosclerotic Change in DES Versus BMS in Relation to Duration of Implant at Autopsy

Note the atherosclerotic change in sirolimus-eluting stents is seen in >40% of cases by 9 months; in bare-metal stent (BMS), the atherosclerotic change does not begin to appear until 2 years and remains a rare finding until 4 years. DES = drug-eluting stent(s).

EDITORIAL COMMENT

One Step Forward and Two Steps Back With Drug-Eluting-Stents

From Preventing Restenosis to Causing Late Thrombosis and Nouveau Atherosclerosis*

Late Stent Thrombosis? (BMS; Kansai Rosai Experience)

BMS stent was implanted 3 yrs before from this events. The patient withdrew ASA by pt's decision.

This event would not be caused by "implanted stent"

Role of Angioscopy

- Coronary angioscopy gives full color visualization for coronary artery (disease).
- This helps to interpret between pathological knowledge and clinical investigation in catheterization laboratory.
- Coronary angioscopy may not correlate to clinical therapeutics directly. However given information would affect to operator's decision.
- The possible future direction of coronary angioscopy are:
 - As the surrogate for pathology; e.,g., "in-vivo" pathology
 - Visualization of organ function; e.,g.,beyond the pathology

