2	Objective. An iterative reconstruction method in combination with resolution recovery,
3	attenuation and scatter corrections (IR-RASC) can improve image quality. It, however,
4	is undetermined whether this technique can improve the detection of coronary artery
5	disease (CAD) when automated quantitative analysis is used. This study evaluated
6	diagnostic values of IR-RASC in combination with automated quantitative analysis in
7	stress myocardial perfusion imaging (MPI) in the CAD detection.
8	<i>Methods</i> . This study enrolled consecutive 64 patients (mean age 66.2 ± 17.3 years, 39
9	males) who had undergone both 99mTc-labeled tetrofosmin stress MPI and coronary
10	angiography within 3 months. Stress MPI abnormalities quantified as summed stress
11	score (SSS), summed rest score (SRS) and summed difference score (SDS) by Heart
12	Risk View-S (HRV-S) and Quantitative Perfusion SPECT (QPS) softwares using
13	IR-RASC images were compared with those by using conventional filtered
14	back-projection method (FBP) images and angiographic findings.
15	Results. Based on expert visual assessment, SSS and SRS by HRV-S/QPS softwares

16 with IR-RASC were significantly lower than those by HRV-S/QPS softwares with FBP

17	at mid- and basal left ventricular segments. Receiver-operating characteristics analysis
18	showed that areas under the curve assessed by HRV-S (0.687) and QPS (0.678) with
19	IR-RASC were nearly identical to those (0.717 to 0.724) by expert assessment with
20	FBP, and were significantly (p< 0.05) greater than those by HRV-S (0.505) and QPS
21	(0.522) with FBP. When HRV-S was used, the specificity and diagnostic accuracy of
22	IR-RASC in the CAD detection were significantly greater than those of FBP: 90.3%
23	versus 51.6%, p<0.0001, and 79.7% versus 54.7%, p=0.0027, respectively. Likewise,
24	when QPS was used, the specificity and diagnostic accuracy of IR-RASC in the CAD
25	detection were significantly greater than those of FBP: 80.6% versus 41.9%, p<0.0001,
26	and 78.1% versus 51.6%, p=0.0018, respectively. There, however, was no significant
27	differences in sensitivity between IR-RASC and FBP images.
28	Conclusions. IR-RASC can improve diagnostic accuracy of the CAD detection using an
29	automated scoring system compared to FBP, by reducing false positivity due to
30	artefactual appearance.

32 Keywords: Automated quantitation • Iterative reconstruction • Resolution recovery •

 $\mathbf{2}$

33 Attenuation correction • Scatter correction

34

35 Introduction

36 Stress myocardial perfusion single photon emission computed tomography (SPECT) has robust clinical evidence to show clinical efficacies not only in the noninvasive 3738detection of coronary artery disease (CAD) but also in the risk-stratification of patients 39 with known or suspected CAD on future cardiovascular events [1-6]. Semi-quantitative 40 visual analysis (a 5-point, 17-segment model) has been widely utilized in the 41 assessment of stress myocardial SPECT imaging, but requires experienced experts to 42maintain a reliable diagnostic accuracy and a high reproducibility by minimizing inter-43and intra-observer errors and by precisely identifying image artifacts. Instead of visual 44 quantitative analysis, there are several softwares developed for automated quantification of myocardial perfusion abnormality and cardiac function [7-10]. These softwares are 4546 basically applied for SPECT images reconstructed by a conventional filtered 47back-projection method (FBP). FBP, however, has substantial limitations due to attenuation artifacts and effects from an increased activity of adjacent organs, reducing 48

49	diagnostic reliability and clinical application of computerized quantitative analysis.
50	Iterative reconstruction, such as ordered-subset expectation maximization (OSEM), is
51	recently available for the improvement in signal-to-noise ratio of myocardial perfusion
52	count and for the reduction in artifacts due to reconstruction and radiation from liver or
53	gall bladder [11, 12]. This method is likely to improve visual assessment of CAD in
54	combination with resolution recovery, attenuation and scatter corrections compared to
55	FBP [13, 14]. It, however, is not determined whether an iterative reconstruction method
56	in combination with resolution recovery, attenuation and scatter corrections (IR-RASC)
57	can improve CAD detection when automated quantitative analysis is applied for stress
58	SPECT image. This study was designed to clarify diagnostic reliability of IR-RASC
59	when automated quantitative scoring system is applied to stress myocardial perfusion
60	SPECT for the detection of CAD by comparing with expert visual assessment using
61	FBP image without any correction.

63 Materials and Methods

64 Subjects

65	The study population consisted of consecutive 64 patients (mean age, 66.2 ± 17.3 years;
66	39 males and 25 females) who had undergone both stress ^{99m} Tc-tetrofosmin SPECT and
67	coronary angiography (CAG) within 3 months from May, 2012 to December, 2015 at
68	the nuclear medicine laboratory of the Sapporo Medical University Hospital, Sapporo,
69	Japan. The institutional ethics committee of Sapporo Medical University Hospital
70	approved the study protocol. The exclusion criteria were as followed; 1) prior
71	myocardial infarction, 2) a history of coronary revascularization, 3) multi-vessel CAD
72	and 4) cardiomyopathy.
73	
74	Stress-rest myocardial perfusion imaging
74 75	Stress-rest myocardial perfusion imaging Stress-rest myocardial SPECT imaging was performed using ^{99m} Tc-tetrofosmin with
74 75 76	Stress-rest myocardial perfusion imaging Stress-rest myocardial SPECT imaging was performed using ^{99m} Tc-tetrofosmin with 296 MBq for a stress study and 740 MBq for a rest study. A dual-headed SPECT
74 75 76 77	Stress-rest myocardial perfusion imaging Stress-rest myocardial SPECT imaging was performed using ^{99m} Tc-tetrofosmin with 296 MBq for a stress study and 740 MBq for a rest study. A dual-headed SPECT system equipped with low-energy high-resolution collimator (Discovery NM/CT 670:
74 75 76 77 78	Stress-rest myocardial perfusion imaging Stress-rest myocardial SPECT imaging was performed using ^{99m} Tc-tetrofosmin with 296 MBq for a stress study and 740 MBq for a rest study. A dual-headed SPECT system equipped with low-energy high-resolution collimator (Discovery NM/CT 670: SPECT/CT scanner, GE Healthcare, Milwaukee, WI) was used for data acquisition with
74 75 76 77 78 79	Stress-rest myocardial perfusion imaging Stress-rest myocardial SPECT imaging was performed using ^{99m} Tc-tetrofosmin with 296 MBq for a stress study and 740 MBq for a rest study. A dual-headed SPECT system equipped with low-energy high-resolution collimator (Discovery NM/CT 670: SPECT/CT scanner, GE Healthcare, Milwaukee, WI) was used for data acquisition with a 180-degree acquisition. A photopeak window of ^{99m} Tc was set as a 15 % energy
74 75 76 77 78 79 80	Stress-rest myocardial perfusion imaging Stress-rest myocardial SPECT imaging was performed using ^{99m} Tc-tetrofosmin with 296 MBq for a stress study and 740 MBq for a rest study. A dual-headed SPECT system equipped with low-energy high-resolution collimator (Discovery NM/CT 670: SPECT/CT scanner, GE Healthcare, Milwaukee, WI) was used for data acquisition with a 180-degree acquisition. A photopeak window of ^{99m} Tc was set as a 15 % energy window centered at 140 keV, and a high and low sub-window for scatter correction

81	(SC) was set as a 7 % of photopeak window. The acquisition pixel size was a 6.6 mm
82	for a 64 x 64 matrix. We acquired a low-dose computed tomography (CT) image for
83	attenuation correction (AC) using a 16-deteor row CT on the SPECT/CT scanner. Tube
84	voltage and effective mAs for AC CT were 120 kVp and 10 mAs, respectively. We used
85	two reconstruction methods, FBP and IR-RASC. RASC algorithm was not incorporated
86	into the conventional FBP processing. An iterative reconstruction method used OSEM
87	with 12 iterations and 10 subsets. Reconstructed stress and rest images were smoothed
88	by use of a 3-dimensional Butterworth low pass filter with a critical frequency of 0.4
89	Nyquist with an order of 10 and a critical frequency of 0.5 Nyquist with an order of 10,
90	respectively.
91	
92	Automated quantitation of myocardial perfusion abnormality
93	Automated quantification of myocardial perfusion abnormality was performed using
94	Heart Risk View-S (HRV-S, Nihon Medi-Physics Co Ltd, Tokyo, Japan) mounted on
95	AZE Virtual Place Hayabusa (AZE Co Ltd, Tokyo, Japan) and Quantitative Perfusion
96	SPECT (QPS) software (Cedars-Sinai Medical Center, USA) for the evaluation of

97	applicability of IR-RASC. Based on the 17-segment, 5-point scoring model
98	recommended by Cardiac Imaging Committee of the American Heart Association and
99	the American Society of Nuclear Cardiology (ASNC) guidelines [15], HRV-S
100	automatically measured a mean percent count at each 17-segment, scored with a 5-point
101	method from normal (0) to absent (4), then calculated summed stress score (SSS),
102	summed rest score (SRS) and summed difference (SDS). The threshold of a mean
103	percent uptake for the 5-point scoring system each segment was determined using the
104	gender-, tracer- and acquisition angle-based database developed by the Japanese Society
105	of Nuclear Medicine working group (JSNM WG) [16] (Table 1). Regional SSS, SRS
106	and SDS were also calculated separately at apical, mid- and basal left ventricular areas
107	to evaluate effect of each reconstruction method on automated scoring data.
108	
109	Visual assessment and CAD definition
110	Visual interpretation of myocardial perfusion SPECT image reconstructed by FBP was
111	performed using a 5-point, 17-segment model by two nuclear cardiology experts (A.H.

112 and N.Y.) blinded to clinical data as follows: 0, normal; 1, mildly reduced; 2,

113	moderately reduced; 3, severely reduced; and 4, absent. SSS, SRS and SDS were
114	calculated. CAD was defined angiographically as a diameter stenosis of \geq 50% at any of
115	3 main coronary arteries or their major branches by visual assessment [17].
116	Scintigraphic CAD was defined as SDS ≥ 2 in stress myocardial SPECT imaging,
117	because the pilot studies reporting a diagnostic capacity of automated quantitative
118	program software have proposed SDS=2 as the optimal cut-off value for identifying
119	angiographical CAD [18, 19]. A true positive was defined angiographically as a
120	diameter stenosis of \geq 50% and SDS \geq 2 in stress myocardial SPECT imaging. A true
121	negative was defined angiographically as a diameter stenosis of ${<}50\%$ and SDS ${<}2$ in
122	stress myocardial SPECT imaging.
123	
124	Statistical Analysis
125	Continuous variables were expressed as mean ± standard deviation and compared using
126	the paired two-tailed Student's t test. Multiple comparisons were analyzed using the
127	Scheffe test. Agreement among summed scores between two methods was evaluated by
128	Pearson's correlation coefficient for linear regression. The diagnostic accuracy of CAD

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129	was evaluated using receiver-operating characteristics (ROC) curve analysis and area
130	under the curve (AUC) and Pearson's Chi-square test. A one-way ANOVA and post-hoc
131	analysis using Scheffe test were used to test for statistically significant differences
132	between two AUCs from the six different ROC curves. A p value <0.05 was considered
133	statistically significant. These analyses were performed by using MedCalc software
134	(MedCalc software, Mariakerte, Belgium, 2009).
135	
136	Results
137	Angiographic CAD was identified in 33 (51.5%) of 64 patients; 15 lesions in left
138	anterior descending artery, 11 in left circumflex artery and 7 in right coronary artery.
139	There was no significant difference in clinical backgrounds between CAD and
140	non-CAD patients (Table 2). When FBP images were used, SSS and SRS assessed by
141	HRV-S and QPS were significantly greater than those assessed by visual interpretation
142	of Readers 1 and 2 (Table 3), particularly at mid- and basal left ventricular areas (Figure
143	1). When IR-RASC images were used, however, there was no significant difference in
144	SSS or SRS between the automated analyses (HRV-S and QPS) and the expert visual

145	assessment (Table 3). SSS, SRS and SDS more closely correlated between expert visual
146	assessment and automated analyses when IR-RASC images were used for the HRV-S
147	and QPS compared to those when FBP images were used (Figures 2-4).
148	Receiver-operating characteristics analysis showed that AUCs assessed by HRV-S
149	(0.687) and QPS (0.678) with IR-RASC were nearly identical to those (0.717 to 0.724)
150	by visual analysis (Readers 1 and 2) with FBP, and were significantly (p<0.05) greater
151	than those by HRV-S (0.505) and QPS (0.522) with FBP (Figure 5). When HRV-S was
152	used, the specificity and diagnostic accuracy of IR-RASC in the CAD detection were
153	significantly greater than those of FBP: 90.3% versus 51.6%, p<0.0001 and 79.7%
154	versus 54.7%, p=0.0027, respectively (Table 4). Likewise, when QPS was used, the
155	specificity and diagnostic accuracy of IR-RASC in the CAD detection were
156	significantly greater than those of FBP: 80.6% versus 41.9%, p<0.0001 and 78.1%
157	versus 51.6%, p=0.0018, respectively. There, however, was no significant difference in
158	sensitivity between IR-RASC and FBP irrespective of softwares used. These diagnostic
159	values of IR-RASC with HRV-S or QPS were nearly identical to those of visual
160	assessment; 66.7% for sensitivity, 87.1% for specificity and 76.6% for accuracy.

162 **Case presentation**

- 163 Figure 6 shows typical stress and resting SPECT images reconstructed by FBP and
- 164 IR-RASC in a normal case. Because of artefactual appearance at anterobasal,
- 165 inferobasal and lateral segments of FBP images, SSS, SRS and SDS were overestimated
- 166 by HRV-S and visual analysis, but were reasonably estimated by using IR-RASC. In a
- 167 CAD patient with a 60% stenosis of left circumflex coronary artery, SSS, SRS and SDS
- 168 underestimated by HRV-S using FBP images were more precisely estimated by visual
- analysis and HRV-S using IR-RASC images (Figure 7).
- 170

171 **Discussion**

The present study clearly demonstrated the diagnostic superiority of IR-RASC to FBP in stress myocardial perfusion SPECT imaging to which automated quantitative assessment using HRV-S and QPS is applied. The presented method using IR-RASC can reduce overestimation of artefactual perfusion abnormalities particularly at midand basal left ventricular areas, contributing to improvement in the specificity of

177	detection of CAD. Furthermore, the overall diagnostic accuracy of the
178	computer-assisted scoring systems using IR-RASC is nearly identical to expert visual
179	assessment.
180	Conventional automated scoring programs are based on self-normalized counts as
181	relative percent uptake and, therefore, tend to overestimate artefactual perfusion
182	abnormality inherent in SPECT imaging due to motion artifacts, attenuation artifacts
183	due to diaphragm or breast, selection error of basal segments and reconstruction
184	artifacts by FBP [9, 19]. Recently, a software package called Heart Score View (HSV;
185	version 1.5) (Nihon Medi-Physics, Japan), previous version of HRV-S, was developed
186	and widely used in Japan. The application of HSV software to stress myocardial
187	perfusion SEPCT studies with ^{99m} Tc-labeled tracers can improve specificity (80-88%)
188	and accuracy (75-81%), rather than sensitivity (71-75%), in the detection of CAD [7,8].
189	In these studies, however, the automated computerized analysis was used
190	complimentarily when a low count-image or artefactual image makes visual assessment
191	difficult. IR-RASC in combination with automated scorning system improved the
192	specificity in the CAD detection significantly by reducing SSS and SRS overestimated

193	at anterobasal, inferobasal and lateral segments in FBP images in this study. IR-RASC
194	images can reduce spatial heterogeneity of SPECT counts and artefactual abnormality
195	and more precisely identify left ventricular wall contour when compared to FBP images.
196	This is because iterative reconstructions with resolution recovery and noise reduction
197	algorithms can significantly improve perfusion defect contrast and spatial resolution
198	[20]. Thus, IR-RASC can improve the quantitative assessment using HRV-S and QPS
199	as a full automated scoring system when compared to FBP.
200	Despite a robust evidence of quantitative visual analysis of stress perfusion
201	SPECT imaging, visual assessment requires nuclear cardiology training, experience and
202	expertise to reduce inter- and intra-observer errors among physicians with less
203	experience [21]. High-image quality and reliable automated quantitative analysis with
204	IR-RASC can contribute not only to better diagnostic performance, high interpretive
205	reproducibility and time-saving in a routine clinical practice of stress myocardial
206	perfusion study with 99mTc-labeled tracers but also to education of physicians and
207	nuclear cardiology staff with a wide range of training and experience in distinguishing
208	various sorts of artifacts from true myocardial perfusion abnormality or ischemia.

209	The presented study includes limitations to be resolved in a future study. Because
210	of a lack of a normal database incorporated into resolution recovery, attenuation and
211	scatter corrections used here, automated quantification of myocardial perfusion
212	abnormality was performed using the conventional database created without any
213	correction. In this study, FBP images without any correction were used to compare with
214	IR-RASC images created by full corrections available at present time. Therefore, this
215	study showed no data derived from each correction or combinations rather than the
216	whole process of IR-RASC. Nevertheless, Narayanan MV, et al [13] showed
217	incremental improvements in the overall detection of CAD by adding attenuation
218	correction, scatter correction and resolution compensation to OSEM in the visual
219	assessment of FBP reconstructed images. Finally, a larger-scale study is required to
220	clarify prognostic values of automated quantitative system using IR-RASC as shown by
221	multicenter studies using automated quantitative analysis with FBP [10, 22].
222	

- 223 Conclusion
- 224

225	IR-RASC can improve diagnostic accuracy of stress myocardial perfusion imaging
226	using an automated scoring system such as HRV-S and QPS in the CAD detection when
227	compared to FBP, by reducing false positivity due to artefactual appearance.
228	
229	Conflict of interest The authors have declared no conflicts of interest.
230	
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- 313
- 314 **Figure legends**

Figure 1 Comparison of regional summed stress score (SSS), summed rest score (SRS)
and summed difference score (SDS) at apical, mid- and basal left ventricular areas
between automated quantitative analysis (HRV-S and QPS) using FBP or IR-RASC
images and expert (Readers 1 and 2) visual interpretation using FBP images.
HRV-S: Heart Risk View-S, QPS: Quantitative Perfusion SPECT, FBP: filtered

- 321 back-projection method, IR-RASC: iterative reconstruction method in combination with
- 322 resolution recovery, attenuation and scatter corrections
- 323 *P<0.05 versus HRV-S with FBP, **P<0.05 versus QPS with FBP
- 324
- 325 Figure 2 Correlations of summed stress score (SSS) between automated quantitative
- analysis (HRV-S and QPS) with FBP/IR-RASC and visual (Readers 1 and 2)
- 327 interpretation with FBP.
- 328 Please see the abbreviations in Figure 1.
- 329
- 330 Figure 3 Correlations of summed rest score (SRS) between automated quantitative
- analysis (HRV-S and QPS) with FBP/IR-RASC and visual (Readers 1 and 2)
- interpretation with FBP.
- 333 Please see the abbreviations in Figure 1.
- 334
- Figure 4 Correlations of summed difference score (SDS) between automated
 quantitative analysis (HRV-S and QPS) with FBP/IR-RASC and visual (Readers 1 and

- 337 2) interpretation with FBP.
- 338 Please see the abbreviations in Figure 1.

340 Figure 5 Receiver operating curve analysis of the diagnostic accuracy of HRV-S with

341 FBP or IR-RASC, QPS with FBP or IR-RASC and expert (Readers 1 and 2) visual

342 interpretation with FBP in the detection of coronary artery disease.

343 Please see the abbreviations in Figure 1.

344

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Figure 6 FBP images (left panels) from a patient without a coronary stenosis
overestimate scores by HRV-S and expert analysis due to artefactual perfusion
abnormalities at anterobasal, inferobasal and lateral segments, but IR-RASC images
(right panels) are significantly improved, contributing to more appropriate assessment
of summed stress score (SSS), summed rest score (SRS) and summed difference (SDS).
Please see the abbreviations in Figure 1.
```

351

352 Figure 7 FBP images (left panels) from a patient with a 60% stenosis of left circumflex

353 coronary artery underestimated lateral-wall perfusion abnormality but HRV-S using

354 IR-RASC images (right panels) precisely score the perfusion abnormality, resulting in

355 increases in summed stress score (SSS) and summed difference (SDS).

356 Please see the abbreviations in Figure 1.