Transbronchial biopsy of peripheral lung lesions using fluoroscopic guidance combined with an enhanced ray-summation display

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Abstract

The aim of this study was to investigate the effectiveness of guidance assistance during transbronchial biopsy (TBB) to achieve an appropriate pathway to small and peripheral pulmonary lesions (PPLs) using a combination of fluoroscopy and specialized ray-summation (Ray-sum_{TBB}) images, which were processed from preprocedural lung computed tomography (CT) images. To improve the visibility of the correct pathway to the PPLs, three-dimensional spatial resolution enhancement and CT number conversion processes were applied to the original CT images. The Ray-sum_{TBB} images reconstructed from the processed CT images were used as additional guides. We compared the rates of successful tumor localization and biopsy (arrival rate) between the trial (with Ray-sum_{TBB}) and control (without Ray-sum_{TBB}) groups. The fluoroscopy and examination times were also compared. The arrival rate of the trial group (73.1%) was significantly better than that of the control group (42.3%) (p = 0.048). The fluoroscopy and examination times did not differ significantly between the trial and control groups. No complications were identified in the trial group. Our results suggest that Ray-sum_{TBB} improves the diagnostic accuracy of TBB.

Keywords Transbronchial biopsy \cdot Ray-summation \cdot Frequency processing \cdot Peripheral pulmonary lesion \cdot Ground-glass opacity \cdot Endobronchial ultrasound

1 Introduction

Flexible bronchoscopy is generally accepted as the gold standard method for assessing lung nodules. The minimally invasive transbronchial biopsy (TBB) assists in diagnosing

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lung diseases. Previous studies have reported that the diagnostic accuracy of TBB for peripheral pulmonary lesions (PPLs) exceeds 80.0% [1, 2]. However, according to the American College of Chest Physicians Lung Cancer Guidelines (2nd edition) [2], the diagnostic yield for lesions < 20 mm in diameter is as low as 34.0% [3]. However, PPLs that are > 8 mm are more likely to be malignant [4]. Thus, more accurate methods for diagnosing PPLs that are < 20 mm in diameter are required.

The diagnostic yield of TBB for PPLs depends on several factors, including the selected sampling method, lesion size, lesion location, and physician's skill [5-9]. Although computed tomography (CT)-guided TBB is an effective method for diagnosing PPLs [10, 11], it requires exposure to excess doses of radiation from repeated CT scanning [10]. To further improve the diagnostic yield, CT-guided TBB with virtual bronchoscopy navigation (VBN) is often performed [12-15]. Other novel hardware- and software-guided TBB techniques for improving the diagnostic yield of TBB have also been introduced and applied in clinical practice over the past decade [16-20]. Specifically, the bronchoscopic transparenchymal nodule access [16, 17], a method of pathway





planning using fluoroscopic guidance could effectively be used in performing procedures.

Fluoroscopic guidance is widely used during TBB; however, it is associated with some essential disadvantages. First, the guidance images are two-dimensional (2D) projections, which make it difficult to understand the three-dimensional (3D) anatomical relationships among the projected objects. Second, the contrast resolution of fluoroscopic guidance images is often insufficient, and sometimes suboptimal, specifically when low-radiation doses are used. Certainly, several PPLs that feature ground-glass opacities (GGOs) and low attenuation are not visible on fluoroscopic images [21, 22]. Yoshikawa et al. [23] even reported that adding fluoroscopy to TBB for PPLs that are < 20 mm has no diagnostic advantage. Although these disadvantages are known, fluoroscopic guidance remains popular, because most hospitals have fluoroscopic examination room(s) and it is easy to perform. The value of fluoroscopy in TBB remains to be clarified.

In this study, we propose a novel image guidance method for TBB of PPLs using ray-summation (Ray-sum_{TBB}) images, which are reconstructed from routine preprocedural CT images. This guidance technique is intended for use during TBB examinations with a thin bronchoscope, radial endobronchial ultrasound (EBUS) using a guide sheath [24], and fluoroscopic guidance (the routine TBB examination method in our hospital). The purpose of this study was to compare the rates of successful tumor localization and biopsy (arrival rate) between TBB in combination with Raysum_{TBB} image guidance and TBB alone.

2 Materials and methods

2.1 Ray-summation images for transbronchial biopsy (TBB) assistance

The ray-summation technique used to generate Ray-sum_{TBB} is an application consisting of 3D-CT images, typically implemented in commercially available 3D-CT workstations. The technique produces projection images, which mimic general radiographs, by projecting (adding) voxel data in a CT volume data, along each projection path (ray). The volume data are typically constructed with consecutive thin-slice CT images. In general, the ray-summation images can be manipulated using a computer mouse, enabling the observer to freely change the projection angle. Thus, the observer can view the mimicked radiograph from any angle as if the observer changes the patient's posture during fluoroscopy. Our proposed method combines this ray-summation image display with fluoroscopy to improve the guidance during TBB of PPLs. We initially tested normal ray-summation images for TBB assistance. However, the bronchoscopists in our TBB team declined the use of the normal ray-summation images, because the images provided only a slight contrast enhancement and the image resolution was insufficient.

We applied several image processing techniques to the CT image dataset to improve the visibility of the endoscopic pathway (tracheobronchial tree to the lesion) and tumor within the Ray-sum_{TBB} images. The outline flow of the processes is presented in Fig. 1. Ray-summation images typically have insufficient spatial resolution, because the matrix size of the original CT images is limited to 512×512 . This is significantly inferior to those of digital fluoroscopic images having at least 1024×1024 matrix size; hence, we first applied 3D spatial resolution enhancement [25, 26] to the CT image set using in-house software developed by MAT-LAB version R2016a (MathWorks Inc., Novi, MI, USA). First, the CT image data (i.e., the 3D volume data) were transformed to 3D Fourier domain data using a 3D Fourier transformation. Following this, the 2D frequency processing factor for each slice (x-y) plane, as shown in Fig. 2a, was multiplied to each plane. Subsequently, a one-dimensional frequency processing factor for the longitudinal (z) direction, as shown in Fig. 2b, was multiplied to each z-directional profile at all x, y positions. Finally, the processed (enhanced)



Fig. 1 Outline process flow for enhancing the computed tomography image dataset used for reconstructing ray-summation images. The reconstructed ray-summation images were used as additional guidance images in transbronchial biopsy examination



Fig.2 Spatial frequency processing factors were calculated from the ratio of modulation transfer factor obtained from the flat panel detector of fluoroscopy system and computed tomography. Spatial frequency processing factors for the $\mathbf{a} x - y$ plane and $\mathbf{b} z$ direction that

3D volume data were obtained using an inverse 3D Fourier transformation.

Following the above-mentioned spatial resolution enhancement, the data were once loaded to the 3D-CT workstation (Zio Station2; Ziosoft, Tokyo, Japan) to extract the airway and tumor. The pathway was identified using several operations in the 3D-CT workstation, with a threshold of -940 Hounsfield units (HU). The tumor was identified using a 3D region of interest tool with appropriate thresholding depending on the CT number of tumor. Onodera et al. [27] previously demonstrated the advantages of using the pulmonary artery bundled with the bronchus to predict a more peripheral route. Therefore, we identified the pulmonary artery, using a threshold of around -60 HU, when peripheral bronchi were not visible on CT images. The identified regions were exported as 2D binary images with the same slice (image) number and matrix size of the original CT images. Subsequently, we applied CT number conversion processing to the CT image set using in-house software with MATLAB, referring to the 2D binary images. The CT number of the pathway was converted to + 6000 HU to simulate the bronchography using a contrast medium. The CT numbers of the tumor and pulmonary artery were converted to + 4000 HU and + 5000 HU, respectively. These HU conversion processes enable to observe three objects (pathway, tumor, and pulmonary artery) with different contrast. The processed CT image set was again loaded into the 3D-CT

were applied to the original computed tomography image dataset for improving the spatial resolution of ray-summation images to a level that was similar to that of fluoroscopic images

workstation, and the Ray-sum_{TBB} image was visualized on the 3D-CT workstation display. Figure 3 shows the examples of a normal ray-sum image, Ray-sum_{TBB} image, and digital radiograph for the same patient. The Ray-sum_{TBB} image had markedly improved spatial resolution and resembled the digital radiographic depiction. The images in this study were obtained after the institutional ethics review board approved this study. Figure 4 shows Ray-sum_{TBB} images with enhanced airways, enhanced pulmonary arteries, and enhanced airways and pulmonary arteries for comparison. Figure 5 shows the display layout during the TBB examination with Ray-sum_{TBB}. The fluoroscopic and Ray-sum_{TBB} images are displayed side by side throughout the procedure. During TBB, the assistant radiologist manipulated the computer mouse of the 3D-CT workstation to select the optimal viewing angles and magnifications, according to the fluoroscopic images being displayed during the TBB examination. The automatic image matching and registration processes were not included in our technique.

The motivation for our approach is attributed to the clinical demand of the bronchoscopists in our TBB team to observe the fluoroscopy image more clearly and to identify thinner bronchia, tumors, and, if possible, arteries around the bronchus. It has been well known that the fluoroscopy-like images are generated by the ray-summation process using a 3D-CT image dataset; however, the bronchus is not clearly visualized by normal ray-summation image as is; moreover,

1.5



Fig. 3 Examples of a normal ray-summation b ray-summation for transbronchial biopsy (Ray-sum_{TBB}), and c digital radiography images acquired from a single patient. The spatial resolution was

markedly improved in the Ray-sum $_{\rm TBB}$ image, approaching that of the digital radiography image



Fig. 4 Comparison of ray-summation images for transbronchial biopsy with **a** enhanced airways **b** enhanced pulmonary arteries, and **c** enhanced airways and pulmonary arteries

Fig. 5 Display layout during the transbronchial biopsy examination with ray-summation (Ray- sum_{TBB}) assistance



Table 1 Baseline characteristics of patients in the control (without Ray-sum_{TBB}) and trial (with Ray-sum_{TBB}) groups

| Characteristic | Control group | Trial group | p value |
|---------------------------------|-----------------|-----------------|-------------|
| Period | 2016.1-2016.6 | 2016.7-2016.12 | |
| Age (years) | 68.6 ± 10.6 | 66.3 ± 14.2 | 0.072 |
| Males:females | 15:11 | 19:7 | 0.382 |
| Tumor size (mm) | 16.3 ± 2.4 | 15.3 ± 2.9 | 0.174 |
| Existing GGO | 1 | 4 | 0.350 |
| Not visible in fluoros- copy | 7 | 15 | 0.048^{*} |

*Statistically significant difference p < 0.05

identification of small tumors and arteries around the bronchus is often difficult. Thus, the spatial resolution enhancement and CT number conversions, which were specialized for TBB, were required items.

2.2 Patient population

This study was approved by our institutional ethics review board, and all patients provided informed consent for inclusion in the study. We enrolled 26 consecutive patients between July and December 2016 in the TBB examination with the Ray-sum_{TBB} (trial) group. For the control group, we retrospectively reviewed the cases of 26 patients in whom TBB was performed without Ray-sum_{TBB} between January and June 2016. Eligible patients had PPLs with diameters < 20 mm positioned in the peripheral bronchus. The PPLs were not directly visible through the endoscope. The baseline clinical characteristics of the population are presented in Table 1. No significant between-group differences in age, sex, or lesion size were identified. One patient in the control group and four patients in the trial group exhibited GGOs. Seven patients in the control group and 15 patients in the trial group had tumors that were not visible on fluoroscopic images.

2.3 Computed tomography scanning

Preprocedural CT examinations were performed for all patients within 1 week prior to each TBB examination using a 64-slice multi-detector row CT scanner (Aquilion CXL; Canon Medical, Otawara, Japan). The scanning parameters were as follows: 120 kVp; detector configuration, 64×0.5 mm; pitch factor, 0.54; and 0.5 s/rotation. Automatic tube current modulation (Real EC: Canon medical) was used with a prescribed noise index of 10 to adjust the radiation doses. Reconstruction parameters included a slice thickness of 0.5 mm, increments of 0.25 mm, and a reconstruction kernel of FC81 for the lung. The resultant volume CT dose index values ranged from 14.1 to 23.6 mGy. The above-mentioned scan was routine-based; thus, we did not perform any additional scans for obtaining Ray-sum_{TBB}. The size of each PPL was measured along the minimal and maximal diameters by the three radiologists with 35, 28, and 13 years of experience and recorded in the patient's medical record.

2.4 TBB examination

Each patient was premedicated with 15 mg of pentazocine hydrochloride and 0.5 mg of atropine sulfate. Local anesthesia of the upper respiratory tract was achieved with 4% lidocaine, in line with the standard of care for TBB. Examinations were performed using an ultrathin bronchoscope with an external diameter of 2.8 mm (BF-P260F; Olympus, Tokyo, Japan) in combination with a miniature ultrasound probe (20 MHz, mechanical radial type, UM-S20-20R; Olympus) and a guide sheath kit (SG-201C; Olympus). The probe was connected to an EBUS system (EVIS LUCERA; EU-ME2; Olympus). We used 1.0-mmdiameter biopsy forceps (FD-44-D-1; Olympus). If needed, a double-hinged curette (CC-6DR-1; Olympus) was used to direct the guide sheath. We used the CUREVISTA fluoroscopy system (Hitachi, Ltd., Tokyo, Japan). All examinations were performed by two pulmonologists with 17 and 10 years of experience, respectively. The other staff consisted of one nurse and one radiological technologist. Complications such as hemoptysis and pneumothorax were recorded. Fluoroscopy times and examination times were measured to evaluate the outcomes associated with the two guidance techniques. Fluoroscopy times were obtained from the fluoroscopy system, and examination times were obtained from the Solemio endoscopy system (Olympus) at the end of the procedure.

2.5 Evaluation and analysis

We evaluated the arrival rate, rather than the diagnostic yield, which is typically assessed in TBB studies, because this study aimed to evaluate the effectiveness of fluoroscopy combined with Ray-sum_{TBB} for correctly guiding the forceps to the tumor; as such, the diagnostic yields of this study mean the same as the arrival rates. All patients suspected to have cancer were not pathologically confirmed.

We used Student's *t* tests to compare the average fluoroscopy and examination times as continuous variables and Fisher's exact test to compare the arrival rates as categorical variables. The statistical software Statistical Package for the Social Sciences (SPSS), version 24 for Windows (SPSS Inc., Chicago, IL, USA), was used for all statistical analyses. Differences were considered statistically significant at p < 0.05.

3 Results

Table 2 shows the resultant arrival rates, fluoroscopy times, and examination times for each of the two groups (trial and control). The arrival rate was significantly higher in the trial group than that of the control group (p = 0.048). Among patients whose tumors were not visible on fluoroscopic

 Table 2
 Arrival rate, fluoroscopy time, and examination time in the control and trial groups

| | Control group | Trial group | p value |
|--|-----------------|----------------|-------------|
| Arrival rate (%) | 42.3 (11/26) | 73.1 (19/26) | 0.048^{*} |
| Arrival rate (%) (not vis- ible in fluoroscopy) | 28.6 (2/7) | 60.0 (9/15) | 0.361 |
| Fluoroscopy time (min) | 7.8 ± 3.1 | 8.9 ± 2.8 | 0.970 |
| Examination time (min) | 32.1 ± 10.1 | 27.1 ± 7.1 | 0.365 |

ns not significant

* Statistically significant difference p < 0.05

images, the trial group showed a slightly, but not significantly, higher arrival rate than did the control group. No significant between-group differences in the fluoroscopy times or examination times were identified. Detailed results are shown in Table 3 (control group) and 4 (trial group).

4 Discussion

During fluoroscopic guidance for TBB, spatial information is only provided in two dimensions, and there tends to be insufficient contrast resolution, specifically in the peripheral bronchi and for GGOs. These weaknesses frequently lead to uncertain and inadequate guidance. To improve the guidance during TBB, we introduced a method that employed Ray-sum_{TBB} assistance. Using the Ray-sum_{TBB} images, the bronchus, pathway, and tumor (and pulmonary artery in two patients) were clearly visible, enabling easy angulation according to the fluoroscopic images. No complaints related to the procedure were recorded by either pulmonologist. In one patient in whom pulmonary artery enhancement was observed (No. 45 in Table 4), the forceps reached the tumor because of guidance assistance, in combination with the pulmonary artery display. Even when the bronchoscope moved unexpectedly due to coughing or body movements, the bronchoscopist was able to identify a deviation by comparing between Ray-sum_{TBB} of pathway and fluoroscopic image of the catheter head position. This enabled a smooth recovery following the disturbance and continued advancement of the forceps. Thus, adding Ray-sum_{TBB} did not complicate the TBB procedure, and no significant fluoroscopy or examination time differences (extensions) were observed between TBB with and without Ray-sum_{TBB}, although we expected that the Ray-sum_{TBB} assistance shortens the fluoroscopy and examination times. As a result, no increase in radiation exposure to the patients and pulmonologists were caused by adding the assistance of Ray-sum_{TBB}.

Here, TBB with Ray-sum_{TBB} was associated with a significantly better arrival rate, although the trial group included more patients in whom the PPLs were not visible on fluoroscopic images compared to the control group. Oki et al. [28] conducted a multicenter study that compared the diagnostic yields between patients who underwent EBUS, fluoroscopy, and VBN guidance with a 3.0-mm ultrathin bronchoscope or a 4.0-mm thin bronchoscope with a guide sheath. In that study, the diagnostic yields were 74% (median lesion size, 19.0) in the 3.0-mm ultrathin bronchoscope group and 59% (median lesion size, 19.4 mm) in the 4.0-mm thin bronchoscope with a guide sheath group [28]. Another study comparing patients who did and did not receive VBN assistance found diagnostic yields of 67.1% (median lesion size, 17.5 mm) in the VBN-assisted group and 59.9% (median lesion size, 17.0 mm) in the

| group |
|----------|
| control |
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| Table | e 3 Detailed r | esults for the | e control group | | | | | | | | |
|------------------------------|----------------|----------------|----------------------------|-------------------------------|----------------|------------------------|-------------------|---------------------------|---------------------------|---------------------------|----------------------------|
| No | Age (years) | Sex | Tumor location | Average tumor size (mm) | Tumor property | Was PPL identified? | Diagnosis of EBUS | Diagnosis | Examination time (min) | Fluoroscopy time (min) | Appli- cable ray-sum |
| _ | 66 | Female | LL ^e | 13.0 | | Yes | 1 | . 1 | 0:21:54 | 0:07:02 | NA ^f |
| 2 | 68 | Male | \mathbf{RU}^{a} | 17.5 | | Yes | Arrived | Adenocarcinoma | 0:37:32 | 0:09:28 | NA |
| Э | 72 | Female | RM^b | 16.2 | | Yes | Arrived | Adenocarcinoma | 0:22:49 | 0:08:42 | NA |
| 4 | 70 | Male | LL | 19.2 | | No | I | I | 0:23:30 | 0:03:27 | NA |
| 5 | 65 | Female | LUd | 18.2 | | Yes | I | 1 | 0:28:48 | 0:07:41 | NA |
| 9 | 40 | Male | RU | 18.8 | | Yes | I | I | 0:15:01 | 0:03:50 | NA |
| ٢ | 72 | Female | RM | 18.9 | | Yes | I | I | 0:27:55 | 0:05:06 | NA |
| 8 | 80 | Male | TT | 18.1 | | No | I | I | 0:28:35 | 0:06:25 | NA |
| 6 | 68 | Male | LU | 15.1 | | Yes | I | I | 0:22:40 | 0:09:13 | NA |
| 10 | 99 | Female | ΓΩ | 18.8 | | Yes | Ι | Ι | 0:28:00 | 0:07:23 | NA |
| 11 | 54 | Male | RU | 19.5 | | Yes | Arrived | Small | 0:25:38 | 0:09:47 | NA |
| 12 | 69 | Male | ΓΩ | 19.0 | | No | Arrived | No evidence of malignancy | 0:30:53 | 0:07:14 | NA |
| 13 | 83 | Male | RM | 13.5 | | No | I | I | 0:29:54 | 0:10:19 | NA |
| 14 | 81 | Female | RL^{c} | 15.1 | | Yes | I | I | 0:29:04 | 0:11:01 | NA |
| 15 | 82 | Female | TL | 15.2 | | No | I | I | 0:29:36 | 0:13:47 | NA |
| 16 | 68 | Male | RM | 16.1 | | Yes | | | 0:25:12 | 0:08:23 | NA |
| 17 | 63 | Female | ΓΩ | 19.7 | | Yes | Arrived | No evidence of malignancy | 0:28:34 | 0:02:52 | NA |
| 18 | LL | Female | RM | 15.9 | | Yes | Arrived | No evidence of malignancy | 0:28:11 | 0:06:33 | NA |
| 19 | 67 | Male | ΓΩ | 15.5 | | Yes | Arrived | Adenocarcinoma | 0:28:22 | 0:12:46 | NA |
| 20 | 56 | Female | RM | 16.9 | | Yes | Arrived | No evidence of malignancy | 0:30:10 | 0:05:53 | NA |
| 21 | 72 | Male | RU | 12.0 | | Yes | Arrived | No evidence of malignancy | 1:02:54 | 0:11:39 | NA |
| 22 | 68 | Female | RU | 13.0 | | No | Arrived | No evidence of malignancy | 0:37:40 | 0:09:17 | NA |
| 23 | 78 | Female | ΓΩ | 12.9 | GGO | No | I | Ι | 0:25:09 | 0:05:37 | NA |
| 24 | 45 | Male | RL | 17.0 | | Yes | I | 1 | 0:53:21 | 0:03:22 | NA |
| 25 | 80 | Male | RL | 17.5 | | Yes | Arrived | Squamous cell carcinoma | 0:46:02 | 0:08:22 | NA |
| 26 | 73 | Male | RU | 12.4 | | Yes | Ι | I | 1:07:50 | 0:05:30 | NA |
| ^a Rigl | ht upper lobe | | | | | | | | | | |
| $^{\mathrm{b}}\mathrm{Rigl}$ | ht middle lobe | | | | | | | | | | |
| °Rigl | ht lower lobe | | | | | | | | | | |
| dLeft | t upper lobe | | | | | | | | | | |
| eLeft | t lower lobe | | | | | | | | | | |
| fNot | applicable | | | | | | | | | | |

 Table 4 Detailed results for the trial group

| No. | Age (years) | Sex | Tumor location | Average tumor size (mm) | Tumor property | Was PPL identified? | Diagnosis of EBUS | Diagnosis | Examina- tion time (min) | Fluoroscopy time (min) | Applicable ray-sum |
|-----|-------------|--------|----------------------------|-------------------------------|----------------|------------------------|-------------------|---------------------------|--------------------------------|---------------------------|---|
| 27 | 56 | Male | LL ^e | 16.8 | GGO | No | Arrived | No evidence of malignancy | 0:34:40 | 0:12:53 | Ray-sum _B f |
| 28 | 47 | Male | RL | 19.3 | | No | I | I | 0:21:59 | 0:10:23 | Ray-sum _B |
| 29 | 56 | Male | ${f R}{f U}^a$ | 14.8 | | Yes | Arrived | Adenocarcinoma | 0:23:28 | 0:05:07 | Ray-sum _B |
| 30 | <i>LL</i> | Male | LUd | 11.8 | | Yes | Arrived | Squamous cell carcinoma | 0:31:18 | 0:07:26 | Ray-sum _B |
| 31 | 61 | Male | RM^b | 16.8 | | Yes | Arrived | No evidence of malignancy | 0:23:58 | 0:07:02 | Ray-sum _B |
| 32 | 67 | Female | TL | 17.1 | | No | Arrived | Adenocarcinoma | 0:26:54 | 0:03:49 | Ray-sum _B |
| 33 | 39 | Male | RL^{c} | 14.1 | | Yes | Arrived | Adenocarcinoma | 0:30:26 | 0:11:34 | Ray-sum _B |
| 34 | 73 | Male | RL | 12.0 | | No | Arrived | Adenocarcinoma | 0:18:29 | 0:03:31 | Ray-sum _B |
| 35 | 47 | Female | RL | 12.1 | GGO | No | I | I | 0:17:42 | 0:09:36 | $\operatorname{Ray-sum}_{\operatorname{B+PA}}^{\operatorname{g}}$ |
| 36 | 57 | Female | RL | 18.6 | | Yes | Arrived | No evidence of malignancy | 0:15:51 | 0:05:26 | Ray-sum _B |
| 37 | 75 | Male | RU | 9.6 | | No | Arrived | Adenocarcinoma | 0:29:36 | 0:08:48 | Ray-sum _B |
| 38 | 74 | Male | RM | 14.5 | | No | I | I | 0:29:45 | 0:10:01 | Ray-sum _B |
| 39 | 83 | Male | RM | 19.5 | | No | Arrived | No evidence of malignancy | 0:27:48 | 0:11:22 | Ray-sum _B |
| 40 | 75 | Male | ΓΩ | 17.5 | | Yes | Arrived | Small | 0:23:43 | 0:08:15 | Ray-sum _B |
| 41 | 59 | Male | TL | 12.1 | | Yes | Arrived | No evidence of malignancy | 0:25:18 | 0:07:43 | Ray-sum _B |
| 42 | 73 | Female | RM | 17.5 | | No | 1 | I | 0:17:17 | 0:04:53 | Ray-sum _B |
| 43 | 85 | Female | RM | 18.7 | GGO | No | Arrived | No evidence of malignancy | 1:07:50 | 0:09:05 | Ray-sum _B |
| 4 | 30 | Male | RL | 19.3 | | No | Arrived | Small | 0:29:13 | 0:10:55 | Ray-sum _B |
| 45 | <i>LL</i> | Female | RM | 10.6 | | No | Arrived | Adenocarcinoma | 0:21:19 | 0:05:51 | Ray-sum _{B+PA} |
| 46 | 79 | Male | TL | 17.5 | | Yes | I | I | 0:22:39 | 0:12:13 | Ray-sum _B |
| 47 | 62 | Male | RL | 16.5 | | Yes | Arrived | Squamous cell carcinoma | 0:28:28 | 0:10:09 | Ray-sum _B |
| 48 | 81 | Male | RU | 15.5 | | Yes | Arrived | Adenocarcinoma | 0:42:16 | 0:13:20 | Ray-sum _B |
| 49 | 68 | Female | RU | 13.5 | | Yes | Arrived | Adenocarcinoma | 0:19:24 | 0:11:21 | Ray-sum _B |
| 50 | 81 | Male | RU | 12.4 | | No | Arrived | Adenocarcinoma | 0:23:05 | 0:09:52 | Ray-sum _B |
| 51 | 74 | Male | RL | 17.5 | | No | I | I | 0:31:44 | 0:12:08 | Ray-sum _B |
| 52 | 67 | Male | RU | 13.7 | GGO | No | 1 | 1 | 0:19:34 | 0:09:23 | Ray-sum _B |

^aRight upper lobe ^bRight middle lobe ^cRight lower lobe

^dLeft upper lobe

fRay-summation image with enhanced bronchus ^eLeft lower lobe

^gRay-summation image with enhanced bronchus and pulmonary artery

non-VBN-assisted group [29]. The results of the present study, which examined the arrival rate rather than the diagnostic yield, were comparable to that of the previous studies. It should be noted that while VBN assistance provides endoscopic-like 3D images for guidance assistance, our technique provides fluoroscopic-like projection images. Collectively, our results demonstrated that fluoroscopiclike projection images also provide effective guidance assistance during TBB.

The present study had several limitations. First, Raysum_{TBB} only expresses the patient's status during breath holding. When a patient cannot hold his or her breath during TBB, differences between the fluoroscopy and Raysum_{TBB} images may be induced by respiration, specifically near the diaphragm [30]. Second, our sample size was small (26 patients in each group), the tumor locations were not similar between the control and trial groups, and the study design was nonrandomized. Therefore, additional randomized trials of Ray-sum_{TBB} are required to confirm our findings. Moreover, the assistance method using Ray-sumTBB should be improved, aiming to shorten the examination time and reduce the radiation dose. Nevertheless, following the conclusion of this study, the bronchoscopists at our hospital have continued to use our technique employing Ray-sum_{TBB} assistance; thus, we believe that this technique may help improve the diagnostic yield of TBB for PPLs.

5 Conclusion

In the present study, we proposed and tested the utility of Ray-sum_{TBB} image-assisted guidance for locating PPLs during TBB examinations under fluoroscopy. Our results demonstrated that this new technique improved the arrival rate at PPLs, without increasing the fluoroscopy and examination times. Ray-sum_{TBB} opened new possibilities for a strong navigation tool, and the current study is considered significant in establishing the diagnosis of TBB.

Compliance with ethical standards

Conflict of interest None of the authors has any conflicts of interest to disclose.

Ethical approval All procedures performed in studies involving human participants were in accordance with the ethical standards of the Institutional Review Board (IRB) and with the 1964 Helsinki Declaration and its later amendments or comparable ethical standards. This article does not contain any studies with animals.

Informed consent Informed consent was obtained from all study participants.

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